



THE VOICE

FOUR SEASONS NEWSLETTER
The Official Newsletter of Four Seasons at Wall H.O.A.



AUGUST 2019
VOLUME 20 ISSUE 8




Birds of a feather certainly flock together

Photo by Bob Wehner

*"We don't stop playing because we grow old;
we grow old because we stop playing."*

-George Bernard Shaw



Life AT *SUNNYSIDE MANOR*

We give more than just care.

Our family owned and operated Senior Living Community gives your loved ones a reason to smile in the morning; things to look forward to; new friendships to get excited about; and neighbors to confide in. For over 25 years, our foundation has been built on quality care and nurturing lifelong relationships. By shedding light on life's little pleasures, we create an environment that keeps our residents inspired and their passion for life alive.

Call for an appointment or schedule a luncheon tour!

888-335-9039



*Three World Class Neighborhoods
Providing A Continuum of Care*

Independence 'Plus' Assisted Living
Recollections Memory Care
Skilled Nursing & Rehabilitation
~ Respite Available ~



A family-owned and operated Senior Living Community.

2500 Ridgewood Road, Wall, NJ 07719

888-335-9039 • sunnysidemanornj.com



ads-3903

Four Seasons at Wall
2519 Sparrowbush Lane
Manasquan, NJ 08736
732-223-2289

Community Website: fourseasonswallnj.com

Board of Trustees

President – Barbara Roche
Vice President – Tom Coyle
Secretary – Marilyn Carpini
Assistant Treasurer – Bob Beddes
Trustee – Bruce Rosenberg

Officer: Treasurer – Ray Kaden

Community Manager – Chuck Braun
chuck.braun@fsresidential.com

Administrative Assistant – Nancy Lindstrom
nancy.lindstrom@fsresidential.com

***** Open Meetings *****

Wednesday, August 21, 11:00 AM
Wednesday, September 4 & 18, 11:00 AM

***** 2019 General Membership Meetings *****

Thursday, October 17, 7:30 PM

***** Candidates Night *****

Wednesday, September 4, 7:30 PM

***** Annual Membership/Election Results Meeting *****

Tuesday, September 24, 7:30 PM

Staff of The Voice

Ann Alexander, Joan Daurio,
Terry Eirich, Betty Kapalla,
Walter Nicholson, Carol Oberhauser,
Dan O'Connell, Bob Wehner

Deadline for *The Voice* is the 25th of the month. If the 25th falls on a weekend, the deadline is the preceding Friday.

Please send your articles for *The Voice* as an MS Word attachment to:

Nancy Lindstrom at nancy.lindstrom@fsresidential.com

The Voice staff is committed to producing a newsletter that publishes timely information and announcements for, about, and by the residents of Four Seasons.

- News articles and announcements will be given first priority. Human interest and other "features" are welcome and will be printed as space permits. Articles may be edited.
- No editorials, letters-to-the-editor, or articles of a political nature will be printed.
- No material of any nature that has appeared in another publication will be accepted.
- Monthly deadlines will be strictly observed to allow the production time necessary for publication.
- Your cooperation is appreciated.

TRUSTEES' CORNER

Treasurer's Report

Although the Association had sold four (4) fewer homes in the first six months of 2019, home sales have picked up with six sales in July and five other residences on the market. We expect to achieve our budget of 20 home sales by year end.

Heavy Grounds Repair and Maintenance costs (\$ 24,000) in excess of the budget are eating into the \$58,000 of savings we realized from the lack of snow this past winter. All other expenses are within reasonable range of the budget.

The strong equity market in 2019 has resulted in the Replacement Reserve increasing its value by over \$170,000. Bob Bennett and the other Investment Committee members (**Dennis Leonard** and **Pat Moore**) take their responsibility for safeguarding and growing this fund very seriously.

Ash Trees

The Board and Grounds and Irrigation committee are putting a plan in place to deal with the Ash Tree Borer infestation. The likely plan will address the removal of trees that are severely infested, those that present a hazard, those that are problematic locations and generally poor specimens in the near term. Funds are either currently available or will be found to cover this expensive problem. Our trees are tangible assets which add to the community's appearance and to our home values. Maintaining them is a very important task.

Upcoming Election

A recent mailing asked for volunteers to seek election to the Board. Since we will be replacing two Board members, please consider running for election. Make your voice heard in the governing of our Homeowners Association.

New Gates at Rear Entrance

The Board recently approved the new gates for our back entrance. These gates will include swing opening gates as well as fixed pedestrian fencing. The design will be attractive yet eliminate or reduce unwanted entrance to our community.

All 400 Homes Inspected by ACC

The Architecture Control Committee recently completed inspection of all homes for the purpose of alerting some residents of their need to remedy some exterior problems. Less than 10% of homeowners were advised of miscellaneous concerns they should address. We thank the committee members for their work.

Continued on page 4

cont'd from page 3

Perimeter Fence to be Installed in August

Beginning this month, a more durable vinyl fencing will be installed to replace the original wooden fences at five locations in the community.

Paver Work at Clubhouse Entrance

The Board recently approved a vendor to make repairs to the paver walkway at the front of our clubhouse, by the southeast inner gate to the outdoor pool and on Cooper Blvd. in the vicinity of the gatehouse. Please be careful while this important work is being done.

Tech Electric Conversion Work to LED

The refitting of all lighting in and around the clubhouse is about 75% completed. As more parts arrive, our contractor, Tech Electric, will be installing them. This will allow significant savings to our yearly electric charges. Please take notice of the difference in lighting in the chandeliers in the ballroom.

Wall Township Noise Ordinance on our Website

Take notice that the Noise Ordinance is now posted on our Website. If you are not registered for using the Four Seasons at Wall website, please do so at <http://fourseasonswallnj.com>. You will find many useful documents, calendars and scheduled events there as well as the latest news.

Board Approvals

July 3, 2019 Open Board Meeting

- The Board Members approved 7 House and Rec Committee approved activity requests: 1) Tennis Group's Summer Social on Thursday, August 8, 2019 at 6 PM on the veranda, 2) Nurses Club Gathering on the veranda on Wednesday, August 14, 2019 at 6 PM, 3) House and Rec Committee sponsored Community Yearbook Pictures – multiple days in August/September 2019, 2 PM – 9 PM on week days and 10 AM to 5 PM on Saturdays, 4) Women's Club monthly meetings schedule from September 2019 through June 2020, 5) House and Rec Committee Halloween Parade and Party on Sunday, October 27, 2019 from 1 PM to 3 PM, 6) Nurses Club sponsored Health Fair in conjunction with Meridian/Hackensack Health on Thursday, November 7, 2019 from 9 AM to 12 PM, 7) Nurses Club sponsored Influenza Immunization administration in conjunction with Campbell's Pharmacy on Thursday, November 7, 2019 from 9 AM to 11 AM.

- The Board Members approved Tech Electric Corp. proposal with a total cost of \$12,437.63 to provide, install and wire the new Aqua Master single phase aerator and control panel at Duck Haven Pond.

- The Board Members approved the Collective Sun contract with a total cost of \$144,966 to install solar panels

on the community clubhouse. Note, this was not a unanimous vote. **Barbara Roche, Tom Coyle and Marilyn Carpini** voted for and **Bob Beddes and Bruce Rosenberg** voted against.

July 18, 2019 General Membership Meeting

- The Board Members approved two House and Recreation Committee activity requests: 1) Poker Group's Evening Social on Tuesday, July 23, 2019 from 5:30 pm to 10 pm – ballroom/veranda, 2) Mixed Bocce's End of Season Luncheon on Friday, July 26, 2019 from 12:30 pm to 2:30 pm in the ballroom.

- The Board Members approved an additional \$4,000 for the Collective Sun contract (increase in solar panel costs due to tariffs). Note, this was not a unanimous vote. **Barbara Roche, Tom Coyle and Marilyn Carpini** voted for and **Bob Beddes and Bruce Rosenberg** voted against.

- The Board Members approved the Rite Way Automated Gate Access proposal for a total of \$20,812.00 to upgrade the Morningstar Rd./Route 70 area entrance/exit gate system and add stationary fencing to restrict non-resident vehicular/pedestrian traffic.

- The Board Members approved the Greenawalt Roofing proposal for total of \$1,740.94 to replace 8' x 10' area of flat roofing for the clubhouse.

- The Board Members approved the Greenawalt Roofing proposal for total of \$2,046.06 to install new roofing systems on the two portico structures adjacent to Cooper Blvd.

- The Board Members approved the CertaPro Painters proposal for total of \$1,232.61 to prep and repaint clubhouse entry vestibule.

- The Board Members approved the CertaPro Painters proposal for total of \$1,825.56 to prep and repaint three large dormers on the rear roof surface of the clubhouse.

OPEN BOARD MEETINGS

Wednesday, August 21 and Wednesday, September 4
At 11:00 AM



CASTLE WINDOW CLEANING

"Let us remove the dirt and pollen and return your windows to their original sparkle."

- Free Estimates
- Fast, Professional Service
- Senior Discounts

No job too big or small!

Call Today! **732-367-0671**

Ads-2383

FROM THE ARCHITECTURAL CONTROL COMMITTEE

By all accounts, there has been a record number of Modification Requests submitted to the Architectural Control Committee since April 1, many for new roofs but a number for small to quite extensive modifications of existing structures. The committee (**Sandy DeGrande, Bill Lawless, Ginny Orbe, Terry Eirich, Mario Valeriani, Bill Collis, Hank McNally** and newly appointed **Linda Bonaly**) have been kept quite busy, as have Chuck Braun and Nancy Lindstrom in their support role. The committee has also enjoyed the support of the Board of Trustees in general and, in particular, **Marilyn Carpini**, who is the Board liaison to the committee.

In addition to the above ongoing responsibilities, members of the Architectural Control Committee recently completed a “Walk Past” review of all 400 properties in the Four Seasons community. Although this review is a regular expectation, this was the first systematic look undertaken in over ten years. Perhaps the most reassuring result of this review was the unanimous conclusion of the committee that Four Seasons is a beautiful location with clear evidence that residents take pride in their homes and property. In the distant past, there were instances when homeowners had to be coaxed, almost coerced, into keeping properties in good condition. What this committee found were properties well cared for, with only a relative few in need of minor attention, mostly due to algae on the side of homes, wear showing on medallions and louvres in home fronts and a number of mailboxes needing repair or cleaning. While none of these constituted major issues, they have been brought to homeowners’ attention, hopefully in a gentle manner.

None on this committee have had previous experience, so it has been a learning experience for all. In the process of completing the tasks noted above, members of the committee have made comments or raised issues that are worth bringing to the attention of the overall community. First, as detailed in the revised “Architectural Control Committee Modification and Standards Guidelines” (copies available in clubhouse), most modifications to the home or property visible from outside the home need to go through the approval process. If property owners knowingly make modifications without getting prior approval, they can be asked to restore the property to the original condition at their own expense. Admittedly, this process can sometimes seem tedious, even needless, but it is part of the governing documents and part of living in this kind of community. Second is a general provision: when a Modification Request for work needing a Wall Township permit is approved by the Architectural Control Committee, it is with the understanding that work done will comply with Wall Township requirements. Third is a reminder that when a permit is required, it must be

displayed on the property while work is being done.

Finally, while the Architectural Control Committee did not include roofs in the “Walk Around” review, there were, however, several observations of roofs that needed cleaning. There are not accurate numbers as to how many roofs have been replaced since the original construction, but there have been many replaced over the last 24 months. New roofs are made to better withstand staining and look better for a longer duration, thus causing older roofs to stand out more. For some, it may be time to think of cleaning or even replacing a roof.

~Hank McNally



Please Patronize Our Advertisers

ASHLEY HERMAN ART CARICATURES & FACE PAINTING

For Kids Parties
and Special Events!

For Info:
Please contact Ashley at
848-525-1861
AshleyHermanArt@aol.com
AshleyHermanArt.com



ADS-6318

HOUSE & RECREATION

The H&R meeting was held on July 2.

Topics discussed included:

- Treasurer's report will be updated with the club's contributions toward NJ Caregivers.

- On The Go: two travel agencies are being considered. Gary's Fun On Wheels for local trips & Collette for overseas trips.

- Community Yearbook: Lifetouch photography will be used for 2019. Photos are expected to be scheduled in Aug & Sept. Keep watch for when.

- Pool Parties: Hot Dog Days are in progress. An additional pool party is being considered and will be discussed at Events Planning.

- The next H&R meeting will be Tuesday, Aug 6.

Event Highlights for 2019 -

The Brass Tacks (Sept 12); ticket sales Aug 16

Casino Night (Oct 19)

Holiday Party (Dec 8)

New Year's Eve Party (under consideration)

Don't miss out on other activities such as bocce, bowling, bridge, billiards, mahjong and tennis, to name a few.

Also, send your email to NickL9@aol.com to receive periodic activity notifications.

-Harry Nickel



SENIOR PUBLISHING COMPANY, for itself and the Four Seasons at Wall HOA, Inc. accepts no responsibility for any advertisements. If there are any complaints concerning an advertiser, please contact them directly. If you receive no satisfaction, you can contact your Better Business Bureau or the Department of Consumer Affairs.

Slipcovers & Home Fashions

by Jeanne, LLC

Custom made especially for you:

SLIPCOVERS & CUSHIONS

WINDOW TREATMENTS

BEDDING & PILLOWS

www.SHFbyJ.com

sewamama@aol.com • 732-556-6098



ad - 5653

EVENTS NEAR AND FAR

BRICK TOWNSHIP a new shuttle service will transport township residents over age 60 to the township senior center and local shopping areas.

IRISH SOCIAL DANCING every Wednesday from 3:00 to 5:00PM at Duffy Hall in St. Margaret Church, 300 Ludlow Ave. in Spring Lake. Free instruction is available if you want it. Contact Mary at 732-449-2450.

BELLE TONES CONCERT will be held in Squan Plaza on Sunday, August 18, starting at 6:00 PM. The Belle Tones are an all-American singing and dancing trio. They tap dance and dress in costume and even do some audience participation.

MANASQUAN The U.S. Army Corps of Engineers is considering a new dune project along the southern Monmouth County shoreline due to the increasing severity of storms.

POINT PLEASANT A volunteer program to ensure no child goes hungry during the school year is being expanded to cover children during the summer as well.

MANTOLOKING The community celebrated the grand opening of a new borough hall which replaced the one destroyed by super storm Sandy in 2012.

LOBSTERFEST returns to BRADLEY BEACH (500 Ocean Ave.) on August 31 and September 1 with plenty of lobster and more than 180 vendors with music and children's activities. www.bblobsterfest.com

WALL A new self-storage facility is proposed for a wooded parcel on the east side of Route 34, just south of the Route 195 interchange.

SEWARD JOHNSON SCULPTURE exhibit along Third Avenue in downtown Spring Lake has been extended through Labor Day.



NJDOT plans to add new signage and restripe the Manasquan Traffic Circle to help flow traffic at the circle.


-Terry Eirich




UPCOMING EVENTS

<p>August 17 - <i>Golf</i></p>   	 <p>September 7 - <i>Hot Dogs Noon - 2:00 - Investment Club</i></p> <p><i>Pool Closing - Ed Austin 12:00 - 3:00</i></p>	<p>August 24 - <i>Billiards</i></p>  <p>August 31 - <i>Marines</i></p> 	 
--	--	--	---


	<p>Friday, August 16 10:00 AM to Noon - Clubhouse Foyer</p> <p>Ticket Sales for: Brass Tacks Orchestra Thursday, September 12 / 7:00 - 10:00 PM / BYOB and Snacks</p>	
---	---	---


	<p>Wednesday, August 21 Ladies Bocce Begins</p>
---	--




	<p>Friday, August 23 Day at the Races Noon - Monmouth Park</p>
--	--





	<p>Monday, August 26 Women's Club Board Meeting 9:30 AM</p>
--	---



<p>Tuesday, August 27 Bingo! 7:00 PM - Ballroom</p>	
---	--

<p>Monday, September 2 Labor Day</p>	
---	---

	<p>Wednesday, September 4 Candidates' Night 7:30 PM - Ballroom</p>
---	--

 	<p>Sunday, September 8 National Grandparents' Day</p>	
---	--	---

 	<p>Monday, September 9 Women's Club General Meeting Women Chefs in a Man's World 9:30 AM - Ballroom (See Flyer!)</p>	 
---	--	---

	<p>Wednesday, October 2 IDENT-ADULT EMERGENCY PHOTO IDENTIFICATION CARD PROGRAM 10:00 - Noon - Photos + information forms at the Clubhouse Theater Sign-up at Clubhouse Counter + pick up a flyer with required information prior to October 2. (See article in this issue.)</p>	
---	---	---



Uncomfortable Dentures? Missing Teeth?

Get comfort and confidence with our
implant procedures

Comprehensive Dentistry

COSMETIC | IMPLANT | GENERAL

Dr. Anthony Mancino

Complimentary Consultation

with this ad (regularly \$250)

Our actual patient results.



Now you can replace your ill fitting
dentures with our implant retained
denture technique.

All phases of Cosmetic and
General Dentistry are
available including implants

3350 Route 138 W, Bldg 2, Wall, NJ

732-556-9600

cosmeticnj.com

ads-5962

Diane Turton, REALTORS

Mango & Maslov Associates

An Award Winning Team,
with a Proven Track Record

#1 Most Closed Sales Company Wide 2014

#6 Top Agents - Company Wide 2017

2018

Office Top Producers

Office Top Listing Agents

Office Top Sale Agents

Office Top Selling Agents

Circle of Excellence Gold Award - 2018

New Jersey 5 Star Real Estate Agents - 2019



the Real 
House-Wise
OF THE JERSEY SHORE



Candace "Candy" Kennedy

Direct- 908 216 3860

Office- 732 920 9559

cakennedy@dianeturton.com

- Check out our Bio and Reviews -

www.dianeturton.com/cindymaslov

474 Brick Blvd, Brick, NJ 08723

ads-6253

MIXED BOCCE

After another series of disturbing downpours, wicked winds and unbearable heat, our three leagues finally wrapped up as many games as were necessary to determine the three top teams:

Monday's top team (8 Wins/2 Losses) was M2 - Bruce (Captain) & Carol Oberhauser, Joe & Joan Daurio;

Friday's most successful team (8 Wins/2 Losses) was F6 - Judy Lefsky (Captain), Sal Libecchi, Darius Surenian and Rocco Saputo;

Saturday's S7 team (9 Wins/1 Loss) had the overall top ratio - Cathy Vento (Captain), Dan Murray, Bunny & Johnny G(Giordano), so they had a bye until the finals.

The semifinal game found Friday's team beating Monday's team by an exciting, phenomenal come-from-behind victory of 16-15. The Friday team won against Saturday's team with a score of 16-13. So congrats to the Lefsky / Libecchi (LiBocce?) / Surenian / Saputo team for the championship win!

Thanks to all players for enduring some challenges that made scheduling make-up games a necessity. A total of 122 players were involved, proving that Mixed Bocce is about the most popular competitive game in our community. It's always been the perfect way to enjoy a fun time, while being able to connect a familiar name to a new face, or vice versa.

Championship games finally completed, we celebrated our festive end-of-season luncheon on Friday, July 26, with delicious food catered by Joe Leone's. It was a shame that several players weren't able to join us. There was so much extra food that doggie-bags were taken home for ailing teammates and home-bound neighbors. Whatever was left was then donated to the Valentine House in Point Pleasant. Good news all around!

Since all players are so enthused about playing, how 'bout considering joining our Bocce Committee to relieve tiring members and adding new energy?! Again, thanks to all committee members, plus our invaluable statistician, my beloved better half, and all players for ensuring another memorable season!

*~Joan Daurio for the Bocce Committee:
Ron LaCorte, Henry Supan, Bob Wehner*



MIXED BOCCE FINALS + LUNCHEON – JULY 26, 2019

Photo by Joan Daurio



First place winners (from left): Darius Surenian, Rocco Saputo, Judy Lefsky, Sal Libecchi

Photo by Joe Daurio



Second place runners up (from left): Cathy Vento, Bunny & Johnny Giordano, Dan Murray

Photo by Joan Daurio



Our deliciously edible motto

CHAIR YOGA AND BALANCE CLASS

Chair Yoga and the Balance class will both be offered once again in September. Sign-up sheets will be found on the Clubhouse counter. More information will be provided later. Please save the following dates.

Chair Yoga will begin Tuesday, September 17 at 4:00 PM (not 2:00) for 6 weeks.

Balance Class will begin Wednesday, September 25 at 1:30 PM for 6 weeks.



Harmony VILLAGE at CareOne Jackson

**BUILDING ON
SUCCESS**

ASSISTED LIVING FOR MEMORY CARE • CONTINUUM OF CARE CAMPUS
REHABILITATION, SKILLED NURSING

34 NEW APARTMENTS NOW OPEN!

- AFFORDABLE, ALL - INCLUSIVE PRICING
- A NURSE 24 HRS A DAY, 7 DAYS A WEEK
- ON-SITE PHYSICAL, OCCUPATIONAL & SPEECH THERAPY
- RESPIRATORY, DIETITIAN AND WOUND CARE
- DEMENTIA CARE CERTIFIED STAFF
- CLOSE TO AREA HOSPITALS
- RESPITE SERVICES
- FURNISHED APARTMENTS
- CABLE, LAUNDRY AND PHONE INCLUDED
- COMPLIMENTARY TELEVISION
- FINE DINING

**ASK ABOUT
OUR MOVE-IN
SPECIAL!**



732.367.6600 CALL US TO SCHEDULE A TOUR

VISIT US ONLINE: CARE-ONE.COM/JACKSON

11 HISTORY LANE • JACKSON, NEW JERSEY 08527

Ads-5679

TIPS...FROM THE GARDEN CLUB

Unlike a building, “a garden is always a work in progress.” Gardening is not rocket science, but it involves patience, an inquisitive problem-solving mind, and common sense. Don’t be impatient with your garden. Remember: The garden changes every year---A garden is always a work in progress. As in life---always changing.

Are you planting in the shade? Think foliage.

Foliage color can be as dramatic as flower color, i.e., elephant ears, the many varieties of coleus, ferns, sages and sedums. They contribute interest from spring through fall, sustaining a touch of color while other perennials come into flower and go out again.

With the wide selection of foliage plants available today, you could easily have an entire bed designated with nothing but foliage color and texture. Foliage plants come in such a wide range of colors that you should be able to find what you need to complement the palette of your garden. **Using silver-leaved plants** (i.e., lamb’s ear/dusty miller) contributes a distinctive color to the garden from spring through fall and is a great way to settle the “clash” between contrasting colors.

When creating areas of shade-loving foliage plants, try to contrast the different types, colors and forms of foliage, to make a green tapestry of leaves. If you have a wide selection of different foliage forms and colors, the garden will acquire just as much interest as a more colorful sunny flower border, and will last throughout the growing season, and into winter if you select a few evergreens as well.

• **Watering may be the biggest task this month**, particularly if the weather gets hot and humid. Be sure to water *thoroughly* and *deeply* each time you water. Deep watering will induce the plant’s roots to grow deeper, where they are less likely to dry out, as well as the added benefit of anchoring the plant into the ground better. Light surface watering wastes water because the water never actually reaches the root zone of the plant, and the moisture evaporates from the top inch of soil. Don’t just spritz.

• Talk about watering? Hope you survived the *dog days of watering weekend of July 20-21*.

• **Daylilies getting too crowded?** Make new plants out of old. Late August is an ideal time to dig up and divide plants. New transplants will have time to become well established before cold weather. Ideally, planting should be done on a cool or cloudy late afternoon. Be sure to keep newly planted shrubs and flowers watered well until they get established. Daylilies need to be separated every two or three years or they will become unproductive.

• **Do you know who was named Gardener of the Month in October 2009?** Our own Art Licata who

managed to produce a 5 lb. Zucchini...WOW! Art still producing at 98...WOW!

• **Keep in mind...August** starts perennial sales and time to check out things you want to replace or new things you want to own.

• **My teeny tiny new best friend is the Vivosun small precision pruners** and sold online by Amazon. Keep it in the kitchen just to deadhead the front door and back door plants. *If that’s your new best friend JoAnne, that is pathetic!*

Highlight on: **The Lilyturf** (also called Liriope/or Monkey Grass)...really fool-proof resistant to deer...and great looking too. The reason why is it is so great: Lilyturf will thrive in a wide range of conditions from dry shade to full sun—a perennial—great ground cover—foot traffic tolerant—humidity tolerant—low or no maintenance—great spikes of purplish blue shaped flowers resembling grape hyacinth appear in summer followed by dark berry-like fruits—great edging for pathways or as a low border accent—grows well underneath trees or between shrubs—can grow in sandy or clay soil—*CAN SHEAR* the foliage to the ground during late winter or early spring before new growth begins *OR NOT*. I rate this as one of my favorite all around, great forever-giving plants. Always lookin’ good and going strong! Did I leave anything out? What more can I say?

• **A Must Read Article:** If you are still not tired of reading about and addressing the deer problems, you might be interested in a great article in arbordayblog.org entitled *Keep Deer Away With These Trees and Shrubs*. Too long to summarize but it addresses the problem in the categories of both flowering and evergreen trees and shrubs---most of which are in our Hardiness Zone of 7. I know the subject is frustrating, but all we can do is **TRY**.

Taking a little R&R in September but will be back on the job in October. However, the homework assignment for **September** is all about maintenance and survival: watering, pinching, maybe some pruning and struggling to keep everything from collapsing in the heat, or the rain. *See ya and Stay well!*

We welcome any and all garden tips. Please forward them to JoAnne Garbarino.

- JoAnne Garbarino



SENIOR PUBLISHING COMPANY accepts advertisements and advertisements are based upon information provided by the advertiser. SENIOR PUBLISHING COMPANY does not independently investigate the accuracy of advertisement content and does not warrant or represent the accuracy of the content of any advertisement.

ads-668D



EVERYTHING OF BEAUTY IN LIFE
BECOMES MORE BEAUTIFUL IN LIGHT.

Laughter, dance and love – all of life's most precious moments illuminated in brilliance, warmth and elegance.

RENAISSANCE and other illuminating designs available for viewing at the showroom below or Schonbek.com

SCHONBEK®

SCHONBEK® is a member of the Swarovski Company.

LIGHTING EXPO
A LAMP WAREHOUSE CO.

**WILL BEAT ANY
INTERNET PRICE**
must be a price verified on the internet site
from a distributor of that product.

4345 Rt.9 North
Freehold, NJ 07728
732-780-8900

1293 Rt.23 South
Wayne, NJ 07470
973-696-2185

DON'T LET PESTS TAKE OVER YOUR HOME!

**ABOVE
ALL**



TERMITE & PEST CONTROL

732-600-3447 • 609-312-1002

- Free Home Inspection
- Owner Operated & Fully Licensed & Insured
- Serving All Ocean County & Monmouth County
- Yard Sprays For Fleas, Ticks and Mosquitos

10% Off all Pest Contracts
&
15% Off all Termite
Contracts if paid in full

ads-2354a

SINGLES CLUB

As summer draws to a close in these final weeks, we are happy that the hot weather is over and the temperature and humidity have returned to more comfortable levels. We hope everyone enjoyed our warm weather, the pool or beach, and perhaps traveling and visiting with family and friends. The Singles enjoyed many Monday evening gatherings on the Clubhouse veranda.

As we move into our 2019-2020 season, the club has many activities planned for the months ahead. It would be ideal if two or more members would consider a term as co-president so that we would have a defined leadership team. We always have many volunteers so all activities are well covered.

We will welcome members back from summer at our September 16 meeting. Please note the 6:00 PM start time. Our hosts for the evening are **Eileen Bagley** and **Marilyn Dick**, and they are planning a welcome back reception with lighter fare options for a late summer dinner. Please take note of the flyer in the vestibule showcase, and be sure to add your name to the sign-up sheet on the counter.

Annual dues of \$10.00 are due and payable to our Treasurer **Linda Bonaly** on that evening. If writing a check, please make it payable to the Four Seasons House & Recreation. Please spread the word to your single friends and neighbors who would like to consider joining our group. They are most welcome!

-Marilyn Carpini

IN MEMORIAM

Esther DeFilippis
July 14, 2019

Donald M. McCahill
August 5, 2019

REST IN PEACE

• FREE ESTIMATES • FULLY INSURED
• VERY REASONABLE

DAS
HOME IMPROVEMENTS

Prop: Dale A. Sunday
LIC# 13VH01478400

**ADDITIONS & ALTERATIONS • ANDERSEN WINDOWS
COMPLETE INTERIOR & EXTERIOR REMODELING
CUSTOM STORM DOORS & WINDOWS**

- Roof Repairs • Entrance Door • Siding • Painting
- Wood Decks • Kitchens & Baths • Attic Stairs • Fire Restoration

ANY AND ALL TYPES OF HOME REPAIRS & IMPROVEMENTS

OFFICE: 732-528-7824 CELL: 732-604-2625

ads-1844

WOMEN'S CLUB

Next Meeting: Monday, September 9, 2019 at 9:30 AM

On September 9 we begin the twentieth year of Women's Club at Four Seasons. We and the women who came before us have done much good for both our own community and the larger community around us. We have truly been good neighbors and we hope to build on this for the next twenty years; additionally, we have enjoyed interesting and informative speakers, learned a lot and had a good time.

We will open our September meeting on the Monday after Labor Day with some special gourmet treats and coffee. After our business meeting we will welcome some famous guests for our program, *Women Chefs in a Man's World*. We will meet Julia Child, Alice Waters, Cristetta Comerford, Ina Garten and Rachael Ray. This is a group of five successful female award-winning chefs. We will join them at the home/restaurant of James Beard in New York City. During this informative interview session, you will learn some surprising things about these noted women. If you remember our other successful programs featuring *Presidents' Wives*, *Female Spies* and *Women Breaking Barriers*, you will love this program!

Dues are requested for the upcoming year. Twenty dollars make you a member. Checks can be made out to *Four Seasons H & R* and brought to the meeting or dropped off at a box at the home of our Treasurer, **Linda Eisnaugle**, 2553 Heathrow Lane.

If you need a ride to the Clubhouse, please call me at 732-528-8194 and I will tend to it.

-Ann M. Alexander

Social Concerns

After weathering (pun intended) a one-week delay, contributions for the *Manasquan Food Pantry* were still hot and heavy from many generous residents who came to the hot dog sales at the pool on July 27. Thanks to all for helping stock the Pantry at this critical time of year when the shelves are depleted. Many thanks also to the **Marines at Four Seasons** (our original partners) and the **Tennis contingent** (who adopted us due to the delay) for agreeing to have us join them.

It should be safe to predict that participation in the *Alzheimer's New Jersey* walk to fight Alzheimer's, taking place on Saturday, September 28 on the Point Pleasant Boardwalk, will not be cancelled due to heat. In fact, September weather at the Jersey Shore is usually some of

the best!! Our team, *Women's Club of Four Seasons Wall*, is officially registered on the alznj.org website. We would love to have you join us for a stroll by the beautiful ocean that day or support us through a donation to this important organization which uses 100% of the funds raised to support programs and services that provide assistance to individuals diagnosed with Alzheimer's or dementia and their caregivers right here in the state of New Jersey.

Save the date for some more closet cleaning!! The fall clothing drive for Mercy Center in Asbury Park will take place on Wednesday, October 23. The collection will take place between 9:30 and 11:00 AM in front of the Clubhouse. Items appropriate for the fall and winter months, including shoes and accessories, will be accepted.

The Social Concerns Committee will not meet in August. The next meeting is scheduled for Wednesday, September 18, at 9:30 AM. We welcome new members to any and all meetings. Please consider joining our friendly and passionate posse!!

~ Julie McClure and Peggy Morris



INTERIOR Views

HunterDouglas Gallery

DESIGN CENTER

THE ORCHARDS AT WALL (NEXT TO PIER 1 IMPORTS)
2410 RT. 35, MANASQUAN, NJ 08736
Proudly Serving Monmouth & Ocean Counties Since 1985

Design with Style

RON CANTALUPO
Interior Designer



- PLANTATION SHUTTERS •
- BLINDS • SHADES •
- DRAPERY • UPHOLSTERY •
- INTERIOR DESIGN •

We invite you to schedule a **FREE Consultation** with Ron Cantalupo

INTERIORVIEWSINC.COM
732-840-5600

ads-3159a

WOMEN'S CLUB SUNSET DESSERT

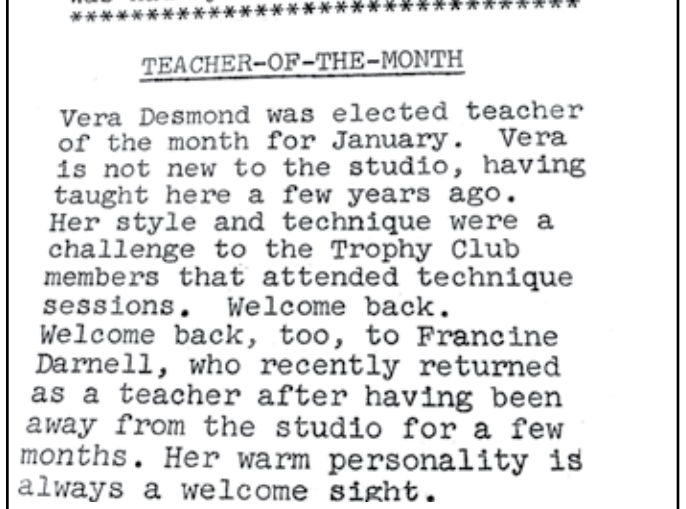
Our Own Fred Astaire Dancer

The feature presentation at the Women's Club Sunset Dessert was a lovely program led by two professional dance teachers from our local Fred Astaire Studio in Manasquan. In the course of the evening we discovered that our own **Vera Taylor** was, before her marriage, a professional dance instructor for Fred Astaire Studios on Broad Street in Elizabeth, NJ. As Vera compared experiences with our guest Denise Buchner, the most interesting fact was that in the "olden days", the instructors did not use their real names. This would protect them from being pursued by clients. Our Vera taught under the pseudonym, Miss Vera Desmond.

How did Vera come to be a dance teacher? She and two friends, who all lived on the same street, decided to enjoy some ballroom dancing lessons at Fred Astaire. The studio recognized her grace and elegance and offered her a job. She had to learn each of the dances and mainly taught in a large ballroom.

The most interesting part of this story is that **Nelson** (aka Bud) **Taylor** arrived home from Viet Nam and decided to refresh his social skills. He took some dance lessons that were in a smaller setting on the side of the large ballroom. He spotted Vera, however, and was smitten. One evening Vera went bowling with friends and who was there but Bud. He said "Hello, Miss Desmond" and the rest is very happy history. Now we know why Vera has led so many to dance at our social events and pool parties, heading up conga lines, and we applaud her.

-Ann Alexander

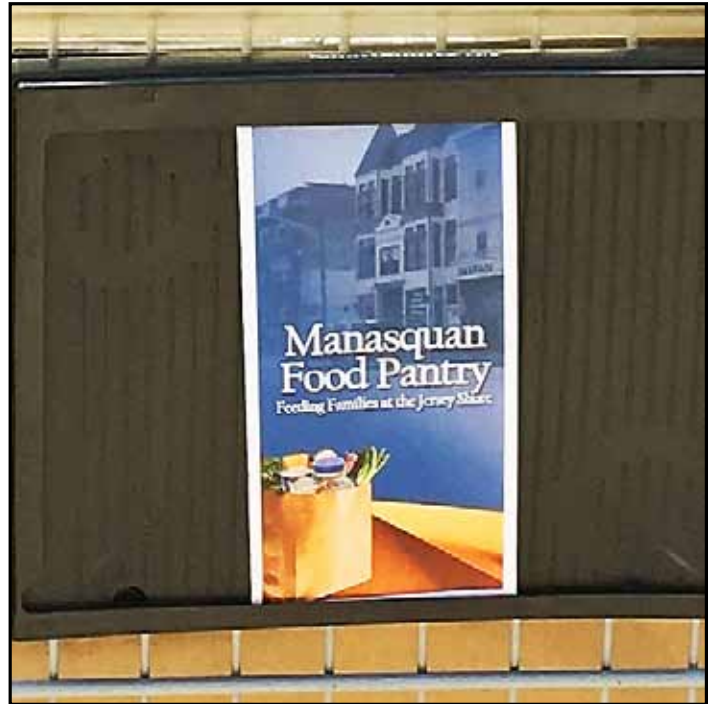


**WOMEN'S CLUB – FOOD PANTRY COLLECTION
SATURDAY JULY 27, 2019**

Photos by Julie McClure



Pat Cademartori (left) and Sheila Devenish accept food from the first of many very generous donors.



The group even utilized a personalized shopping cart to gather food for this worthy local organization.



An abundant supply of donated, non-perishable food was gratefully received by (from left): Aine Lynch-Powers, Pat Coyle and Barbara Murray.

BOOK CLUB

The Four Seasons' Book Club meets on the second Monday of each month in the clubhouse library at 4:30 PM. Following are the books to be reviewed:

August 12	<i>Lucky Boy</i> by Shanthy Sekaran
September 9	<i>1984</i> by George Orwell
October 14	<i>Lolita</i> by Vladimir Nabokov
November 11	<i>Lolita in Tehran: A Memoir</i> by Azar Nafisi

All Four Seasons residents are welcome. There are no requirements, just a love of reading and a willingness to share your thoughts, impressions and feelings on the books selected, if you wish. If you've read a book which you feel would be a good choice for the Book Club, come and offer it as a future selection.

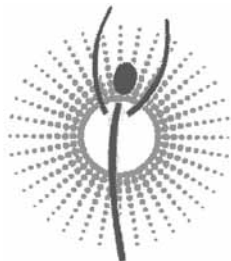
- Sheila Wilten



SENIOR PUBLISHING COMPANY accepts advertisements and advertisements are based upon information provided by the advertiser. SENIOR PUBLISHING COMPANY does not independently investigate the accuracy of advertisement content and does not warrant or represent the accuracy of the content of any advertisement.

Spring Lake Chiropractic

Core Rehab & Massage & Yoga



SpringLakeChiropractic.com

Dr. Jeffrey M Fitch

Chiropractor, Fitness Trainer, CPT
drjeff90@gmail.com

Phone: 732-449-8330

Fax: 732-449-2144

2022 State Route 71
Spring Lake Heights, NJ 07762

Ad 2904A

BOOK REVIEW

Have You Seen Luis Velez?

What tribe do you belong to? In this very moving, almost spiritual book by Catherine Ryan Hyde, she tells a story that is about prejudice on one level. On the next level it probes how human beings treat each other on an individual basis. She is the author of *Pay It Forward*, a concept that has encouraged us to be better citizens of the world. In this charmer of a story, she shows how one sixteen-year-old high school boy can make a difference in many people's lives.

Raymond lives in a four-floor walkup. One day, heading down the stairs he comes across an elderly lady calling out "hello" and asking "Do you know Luis Velez? Have you seen him?" Luis had been helping this lady for four years. She is almost blind. He visited with her, took her to the bank and shopped with her. He has disappeared. She has had no help in seventeen days. She has no money and her food has run out. Raymond, a kind boy, begins to help her, and little by little, a wonderful friendship develops. He knows, however, that Mildred Gutermann is worried about Luis Velez. His quest begins. He compiles a list of Luis Velez names and addresses from the city phone book and in his free time he visits each address personally to search for Luis.

Each Luis Velez that he finds presents a different story, but he must cross them off the list because they are not who he is looking for. However, each family he encounters is changed by Raymond and begins to search their conscience. They are not the Luis Velez he is looking for, but they wish they were as good and helpful as that person. Raymond, himself, is changed by his actions. He has always felt that no one cares for him. He does not fit in with his white mother, stepfather and their new family. He is not welcomed by his black father's new wife. His only school friend has moved far away. Millie, age 92 and Raymond develop a wonderful friendship. She, a holocaust survivor, seems very wise as she offers him guidance and advice. As a blind individual, she sees him clearly.

I will not tell you whether Raymond finds his Luis Velez but I will urge you to enjoy this wonderful story.

-Ann M. Alexander





Jersey Shore Advanced Surgical Associates

Exceptional outcomes. Extraordinary care.

1706 Corlies Avenue

Neptune, NJ 07753

For more information or to
schedule an appointment, call:
(732) 775-5005

Fax: (732) 775-0064

Visit us at www.jsasa.com



Carney T. DeSarno, MD

Seth M. Kipnis, MD

Steven C. Tizio, MD

Dena Arumugam, MD

For nearly two decades patients have entrusted their surgical care to JSASA. Our team of board-certified general surgeons is skilled in the evaluation, diagnosis, and treatment of many surgical conditions. Our surgeons perform open, laparoscopic, and robotic surgery, using clinical judgment to decide which surgical approach is most suitable for each patient. Here are just some of the surgical conditions that our physicians treat:

General Surgery • Gallbladder disease • Abdominal wall hernias • Hiatal hernia • Reflux
• Stomach tumors • Intestinal tumors • Port placement for chemotherapy

Colon and Rectal Surgery • Colon and rectal cancer • Benign anorectal disease (hemorrhoids, anal fistula, anal fissure) • Diverticulitis • Inflammatory bowel disease • Rectal prolapse

Breast surgery • Needle breast biopsy • Lymph node biopsy • Lumpectomy • Mastectomy
• Cyst removal • Breast infection

Skin/Soft Tissue Surgery • Removal of benign tumors • Lipomas • Cysts • Hydradenitis
• Melanoma • Basal cell carcinoma • Squamous cell carcinoma

Weight Loss Surgery • Sleeve gastrectomy • Adjustable gastric banding • Revision surgery

Our reputation for quality outcomes and results is unsurpassed and we strive to remain among the top professionals in our field. Our team will make you feel comfortable and confident with the courtesy, respect and compassion necessary to accomplish your goals.

ad-5882

Wheaton

World Wide Moving

Lowy's

Moving Service

85 Years of Trusted Service

Senior Transition Professionals

Moving with Care - Across the Street or Across the Nation

Residential - Storage - Packing - Long Distance

1930 Heck Avenue, Neptune, NJ

732-775-4118



Philip Sprague
1552 Tanner Avenue

Sales Representative
Cell: 732-245-1930
psprague@weichert.com



2165 Highway 35
Sea Girt, New Jersey 08750
732-974-1000

No One Knows Four Seasons Better.
We Have Lived Here Since 1997.



Eleanor M. Burns
1569 Tanner Avenue

Sales Representative
Cell: 732-492-2762
eburns@weichert.com

SOLD

2564 Heathrow Lane - (Represented Buyer)
Please Welcome Sue Moritz

UNDER CONTRACT

1507 Silo Court - (Representing Seller)
1507 Blacksmith Row - (Representing Buyer)

Certified Seniors Real Estate Specialist

ads-2338

GOLF CLUB

On Monday, June 17 the Golf Club had a mini outing of four foursomes that played at Spring Meadow Golf Course and then we had lunch at Mulligans Bar in Farmingdale. We plan on doing these mini outings in the future. If you are not on the golf roster please contact **Bill Lawless** to be added.

We look forward to our Day at the Races at Monmouth Park on Friday, August 23 at Noon. This event is open to all Four Seasons residents and friends. The cutoff for this event was August 3.

On Tuesday, Sept 17 we will be having a Golf Outing and Bar-B-Que at Pebble Creek in Colts Neck. The outing is limited to 60 Golfers. Price is \$75.00 a person. We will tee off at 1:30 PM and have a Bar-B-Que at the golf course after we finish playing. The Men's format will be full handicap and two best balls out of the foursome. The Women's format will be a scramble with the Callaway scoring system. The Deadline for sign up is September 3, 2019. If you are interested in playing, drop your check off at **Pat Moore's** house at 2580 Collier Road.

-Pat Moore



Bowling

Fall Bowling League

We will resume our *Four Seasons at Wall Bowling League* with games beginning on Thursday, September 5, continuing through Thursday, December 5. Games are played at the Lanes at Sea Girt (2106 Route 35) every Thursday beginning at 12:30 PM. Bowlers are welcome to come early, settle in, get bowling shoes on and begin practicing about 10-15 minutes ahead of time.

Price per person for 3 games remains at \$11.00. We have a 50/50 raffle, especially enjoyed by the lucky ones. We do have bowlers from outside our community and others are more than welcome. Anyone interested in joining our unique Bowling League should please contact us. Register as a complete foursome or be assigned to complete a new team. Sign-up sheets will be available on the Clubhouse counter.

~John Fantell, Joan Daurio



ACTION

TERMITE & PEST CONTROL

Family Owned
Service Oriented
Since 1971

Special Senior Pricing!

Bees? Wasps? Hornets?

No problem! Action Termite and Pest Control offers a comprehensive Stinging Insects Control Program to help rid your environment of these potentially harmful pests.

Stinging insects send over 500,000 people to the emergency room each year.

Is Your Home Protected?

Call 1-800-920-0906 Today!



The Four Seasons Women's Club



Meet five famous women chefs at our meeting on

Monday, September 9, 9:30 AM

From James Beard's home in NYC

Co-hosted by:

Ann Alexander and Arlene Burns

Chefs:

*Julia Child, Rachael Ray, Alice Waters, Ina Garten,
and executive chef at the White House,*

Christeta Comerford.

Special Guest: James Beard



CASINO

Night



BY POPULAR DEMAND

COMING BACK TO FOUR SEASONS

A Night of Fun and Entertainment

- Date: Saturday, October 19, 2019
- Time: 7:00 PM to 10:00 PM
- Price: \$50.00 Includes \$500 Play Money, Wine, Beer
Food and Prizes

Play: *Blackjack, Poker, Roulette, Craps*
10 Dealers in the Ballroom

*Don't know how to play?
Dealers will teach you.*

100 Tickets on Sale

Thursday, September 19 from 10 AM to 12 PM
If not sold out to residents, open to guests.

For further information call Barbara Sands or Jo Ann Schwarzbek

*A memorial service
should be about memories,
NOT HIGH PRICES.*

*Call today and find out how to celebrate a life like
no other, beautifully and affordably.*

Cremation starting at

\$1,300*

Burial starting at \$3,100**

**NEARY QUINN
FUNERAL HOME**

MANASQUAN

DignityNJ.com 732-307-9554

Dignity
MEMORIAL

↳ LIFE WELL CELEBRATED®

*Direct cremation (without ceremony) includes basic services of the Funeral Director and staff, transfer of the remains to the funeral establishment, refrigeration and service vehicle. The crematory fee is included.

**Immediate burial (without any rites or ceremonies at the funeral home, graveside or elsewhere) includes basic services of the Funeral Director and staff, registration, transfer of the remains to the funeral establishment, transportation of remains to the cemetery and service vehicle.

39 South St., Manasquan, NJ 08736 | 732-223-0003 | John H. Hassler, Manager, NJ Lic. No. 3813

NURSES CORNER

How Gallstones Develop

Gallstones are common, affecting up to 25% of the population. While only one-third of people with gallstones will ever experience pain from a gallstone blockage, those who do often struggle to maintain their quality of life. Family history of gallstones may present the risk of dangerous complications.

The gallbladder rests in the upper right side of your abdomen, just beneath the liver. The gallbladder stores fluid (bile) that breaks down fats and aids in digestion. If the composition of bile, including cholesterol and a substance called bilirubin, made during the normal breakdown of red blood cells, becomes imbalanced, hardened deposits of these materials may form. These are gallstones. The stones may be solitary or develop in groups, and they can range in size from a grain of sand to a golf ball.

Risk Factors

Your risk of gallstones increases over the age of forty, particularly if you are female. Other risk factors include a family history of gallstones. Certain health conditions such as cirrhosis of the liver, diabetes or Crohn's disease may also increase your risk, as do high triglycerides or low levels of high-density lipoprotein (HDL, or the "good") cholesterol. Weight in particular affects your risk of gallstones. You are more likely to develop gallstones if you are obese, especially if you are female. People who experience fast weight loss through weight loss surgery or low-calorie diets may also develop gallstones.

More often than not, gallstones produce no symptoms. If a gallstone lodges in a bile duct and causes blockage, however, you may experience the signs and symptoms of biliary colic, a so-called gallbladder attack.

Symptoms include:

- Sudden pain in the upper right abdomen
- Sudden pain in the center of your abdomen just below your breastbone
- Pain between your shoulder blades
- Pain in your right shoulder
- Nausea and vomiting.

Gallbladder attacks may last several hours. Attacks often occur after heavy fatty meals and usually occur in the evening or overnight. Pain can be very severe and may frequently require pain-relieving drugs and sometimes requires hospitalization. A series of tests will be done, including blood work. An abdominal ultrasound is most commonly used to detect the presence of gallstones.

The typical treatment for symptomatic gallstones is surgery to remove the gallbladder.

-Aine Lynch, R.N., MSN



MILLENNIUM EYE CARE, LLC

Cataract Surgery

Jeffrey S. Broffman, MD, FACS

Elliot S. Grand, MD, FACS

David K. Lee, MD, FACS

Steven K. Mishkin, MD, FACS, FRCS(C)

Martin S. Schneider, MD, FACS

General Ophthalmology

Roman G. Kernitsky, MD, FACS

Jeffrey S. Broffman, MD, FACS

Corneal Diseases

Martin S. Schneider, MD, FACS

Glaucoma

Elliot S. Grand, MD, FACS

David K. Lee, MD, FACS

Oculoplastic Surgery

Steven K. Mishkin, MD, FACS, FRCS(C)

Retinal Diseases

Elena Ng, MD

Contact Lenses and Optometry

William B. Potter, OD 4423

Drasti Makwana, OD 6488

Talia M. Mishkin, OD 6461

Paul L. Sonnenblum, OD 5871

Hina P. Zaidi, OD 6236

Low Vision

Talia M. Mishkin, OD 6461

Hina P. Zaidi, OD 6236

ADS-03

Freehold

500 West Main Street
732-462-8707

East Windsor

440 Route 130 South
609-448-3990

Jackson

2080 W County Line Rd
732-364-5123

Brick

515 Brick Boulevard
732-920-3800

Marlboro

455 Route 9 South
732-591-2200

Monroe

4 Research Way
609-495-1000

For more info & maps: www.millenniumeyecare.com

17th Annual Halloween Parade & Party

Heading into the 17th year of hosting a Halloween Parade & Party for the younger generations of our residents, we want to explain (especially to our newcomers) what this is all about. For the past 16 years on a Sunday afternoon right before Halloween, a committee has hosted a fun time for little ones. In the early hours of that chosen afternoon, the doors of the ballroom are opened wide and children are invited into a room decorated with ghosts and goblins, with scary music playing and steam clouds wafting that create an eerie atmosphere. A parade follows, led by our popular drummer, **Rich Mezzacca**, accompanied by either a funny clown or another colorful Disney character. They march around the tennis courts and return to the croquet field for a huge photo of all of our costumed munchkins. (You'll see the photo as a color centerfold in the following issue of *The Voice*!)

Trinkets, small gifts and mini pumpkins are distributed and various games are ready for action on and around the clubhouse veranda. Tattoos, face painting, bean bag throw, Frisbee games, plus yummys like popcorn, cookies and juice, are just a few examples of what's offered. After that, it's off to the clubhouse parking lot for Trunk-Treating, where a dozen or more cars have assembled, abundant with candy and most amazingly and creatively decorated. There will be a registration form with details in the September *Voice*. Copies will also be available on the clubhouse counter. This is truly something to look forward to, so think over how many of your adorable youngsters you will want to invite. This year's celebration will be on **Sunday, October 27, 2019.**

- Kathy Krause for the Halloween Committee

Look Beautiful For Your Next Special Occasion

Do you or anyone you know have a special occasion to attend and want to look gorgeous?

Lauren Capuano is a MAC Makeup Artist who will come to your home and make you feel beautiful with her makeup consultation and application.



For More Information Or To Set Up An Appointment
Call (908) 917-5116

SMUDGES? The choice is clear.

ordinary lens Crizal No-Glare lens

RESISTS glare scratch smudge dust water UV rays

PLUS 25X MORE UV PROTECTION than going without eyewear*

Ask your eyecare professional to recommend one of many lens materials providing this maximum clear lens protection

*E-SPF® is a global index rating the overall UV protection of a lens. E-SPF was developed by Essilor International and endorsed by 3rd party experts. A lens rating of E-SPF 25 means that an eye protected by the lens will receive 25 times less UV exposure than an unprotected eye.

GOOD HOUSEKEEPING Approved by the Good Housekeeping Institute

Crizal Live Life in the Clear®

Ravine Eye Center
1722 New Bedford Rd.
Wall, NJ
732.974.1400

Eye Group
Town Shopping Center
Oakhurst, NJ
732.531.6300

Dr. Shelli Ravine, O. D. License No. 270A00453000
Dr. Lenard Steiner, O. D. License No. 270A00385300
Dr. Charles Abady, O. D. License No. 270A00403900
Dr. Cox, O. D. License No. 270A00401301

ads-4097

FULLY LICENSED & INSURED **973-444-8012** FREE ESTIMATES

Micheal's Tile & Home Repair Service

All Phases of Home Repair, Specializing in Tile Installation
PROMPT, COURTEOUS & NEAT
Reference In Your Community

Complete Kitchen & Bath Remodel Kitchen & Bath Floors and Backsplashes Grout Rejuvenation & Sealing Hardwood Floor and Laminates Garage Floor Epoxy Coating	Safety Grab Bars Installed Re-inforce Loose Hanging Kitchen Cabinets Painting, Drywall & Spackling & Much More...Just Ask!
---	---

SHOWER & BATH ENCLOSURES
REMOVE ALL CAULK
ACID WASH TILE AND GROUT
SEAL AND RECAULK
With Coupon \$199
CHEMICAL AND LABOR
ALL INCLUDED

TOILET VALVE REPLACEMENT
Install New Fluid Master
Fill Valve
New Flapper and Chain
Material and Labor \$75

Garbage Disposal Replacement
\$139 Labor Only
Disposal Not Included

GROUT DYE APPLICATION
Many colors to choose from
Works Great!! Call for details

ACID WASH GROUT AND TILE
TO REMOVE STUBBORN
STAINS SEAL GROUT AND
TILE (TO PREVENT FUTURE STAINING)
With Coupon \$.95 per sq. ft
plus chemical and sealer

10% Discount
off Labor on any job not to be
combined with any other offer

References:
Gloria and Cono Moreno
Patricia & Walter Nicholson
Eleanor & Bill Burns
Joyce & Al Kirchein
Linda & Bob Okrasinski

*Thank you,
Micheal
We look forward to serving you!*

OFFER EXPIRES 8/31/2019 ad-2242b



Trips & Tours

Travel & Cruise Center

Celebrating Our 29th Year!!!

- ✓ Certified Cruise Specialists
- ✓ European River Cruises
- ✓ Escorted & Independent Tours
- ✓ Disney Vacation Planner
- ✓ We Specialize in Groups, Family Reunions and Destination Weddings

*Also voted Best of the Best
Travel Agency
2007 through 2015*

Business Hours

Monday to Friday: 9am to 5pm

Saturday & Evenings By Appointment



Come Visit Our Office !!

304 Union Ave / Hwy 71 Brielle

732-223-5565

Call Toll Free: 877-758-0235

905-316

Only The Brave Dare

It's a summer weekend and you're gearing up for the challenge. You stand in front of the hallway full-length mirror and repeat to yourself: *You can do this. You can do this.* You're ready, so you get into your car and drive over to ShopRite on a Saturday morning to engage in hand-to-hand combat with the summer tourist hordes who have swarmed to this food and supplies mecca.

You're amazed that you have found a parking space without using up your gas driving up and down the parking aisles for a space. What great luck! You remind yourself to buy a lottery ticket today. You grab one of the few shopping carts left and bravely enter the store.

You notice the tourists have no personal GPS skills as they wander around with a blank look on their faces. *Wherever do they have dill pickles?* You strategically maneuver your cart around the stunned tourists. After all, you're a veteran ShopRite shopper and for sure you know right where the dill pickles are: aisle 6 – second shelf from the bottom on the right hand side. You continue weaving your way around without knocking over any summer migrants. Finally you reach your goal, the checkout cashier's register. The cashier looks worn and weary after many morning skirmishes. In a nasal tone, the weary looking cashier utters the phrase: *Any coupons or rainchecks?* You politely say no and you feel sorry for the battle tested cashier who

looks like she could really use a stiff gin and tonic.

Back to the teeming parking lot you go, where you run into those who have cart phobia. These are the folks who after unloading their shopping cart into their cars seem afraid of the cart, unable to return it to the cart corral so they leave it between or in front of parked cars. My own car has many battle scars from abandoned shopping carts left by my car.

But you did get through this summer weekend challenge. Whip out those dill pickles and have a gin and tonic.

-Tom Kane

SCREEN PRINTING • EMBROIDERY • PROMOTIONAL ITEMS

FARRO'S TEES

TOMS RIVER, NJ - 732.929.2228 • BRICK, NJ - 732.458.2900
873 FISCHER BOULEVARD • 354 HERBERTSVILLE ROAD

f ads-3559 CREATE YOUR OWN SHIRT DESIGNS @
www.farrostees.com

BUSINESS PRINTING • POSTCARDS • STICKERS & MORE



Mary's Place
BY THE SEA

providing a place for women with cancer to heal; mind, body, and soul

Mary's Place by the Sea is a safe haven for women with all forms of cancer. Mary's Place offers women a break from their daily responsibilities and medical treatments, and the opportunity to focus on their healing. Our guests are provided with rest and support during this challenging time in their lives. Mary's Place offers holistic, integrative modalities including oncology massage, nutrition education, individual counseling, Reiki, guided meditation, expressive writing, and yoga, all at no cost to our guests.

The demand for our services has been so great, that what began out of two bedrooms in a bed and breakfast now operates out of a ten-bedroom, custom built, retreat center in Ocean Grove. Since its founding in 2009, Mary's Place by the Sea has welcomed nearly 7,000 women as our guests.

If you or a loved one are dealing with cancer, and would like to find out more about Mary's Place, please visit www.marysplacebythesea.org or contact us at 732-455-5344.

22 Main Avenue • Ocean Grove, NJ 07756
Phone: 732.455.5344 • Fax: 732.361.0135
Email: info@marysplacebythesea.org
Website: www.marysplacebythesea.org

Mary's Place by the Sea is an IRS-recognized, non profit 501 (c) (3) organization

ads-3257



Arthur W. Potts Memorial Post 529 “Veterans helping Veterans”

Post Finance Officer Tom Malloy Addresses Wall Township Ceremony

On Memorial Day May 27, while Post 529 and the Marine League participated in services here at Four Seasons, Post Finance Officer **Tom Malloy** at the invitation of the Mayor and Council delivered the keynote talk at the Wall Township Memorial Day Ceremony. Below is a copy of Tom’s address:

“Thank you, Mr. Mayor, and good morning everyone. It’s an honor to represent American Legion Post 529 at today’s Memorial Day Ceremony. The American Legion for the past 100 years has paid homage to those who fell in defense of the nation.

Thousands who became Post namesakes made the ultimate sacrifice before the American Legion was formed. As walls, statues, bridges, gazebos, benches, and even stadiums arose throughout the century to honor military sacrifice, the Legion has worked to ensure that no generation forgets the cost of freedom, regardless of the war era or location. The Legion’s legacy of honor is immense, with numerous examples in America and overseas.

From the American Revolution to the current global war on terror, one million American men and women have made the ultimate sacrifice while serving in wars and conflicts. They died so that we can continue to cherish the things that we love-freedom, country, and family. On this Memorial Day American Legion members and their families across the country will gather to honor the memory of our fallen warriors who have given everything for their country.

Memorial Day is the time for Americans as one body to stand up and say, ‘Thank you. We remember you. We are grateful to you.’ This is also a day for remembering that brave men and women continue to take the oath of allegiance to fight and, if necessary, to die for the sake of freedom.

*American Legion Post 529 was founded 14 years ago by Four Seasons at Wall resident **Arthur Potts**-a WWII veteran...*

Over the weekend you may have seen [Post 529] Legionnaires standing tall at your favorite supermarket for our annual poppy fundraiser. Over the past eleven years this effort has raised more than \$43,000, which has been donated to the hospitalized veterans at the Lyons Veterans Hospital and the New Jersey Veterans Home at Menlo Park. Not to be outdone the good ladies at Four Seasons knit lap throws for the vets. At least 40 each year are brought to the facilities when the checks are presented. I’m told that the lap throws get more applause than the checks.

Another source of revenue for Post 529 has been a dinner dance which is open to, and well attended by, our Four Seasons neighbors. A highlight of the evening is the presentation of a check for \$1,000, to a graduating senior from Wall High School. We will be presenting our fifth annual award next month. These awards are made possible by the donation from a Legionnaire named James Connolly...

Post 529 has made contributions over the years to build a Veterans monument at Four Seasons, for Sandy relief in 2012, to the Elks veterans committee, to the Blue Star Mothers, for the Monmouth County Legion Commander’s projects, to Wreaths Across America, to Toys for Tots sponsored by the Marine Corps League, and our annual sponsorship of a candidate for Boys’ State,...

*I will close with a final tribute to our departed brothers and sisters in arms who paid the ultimate price. **May we say: ‘Rest easy, sleep well, my brother. Others have taken up where you fell. The line has held. We are still free-thanks to God and you.’***

-Rich Murray for Post 529

(If you have served there is a place for you in our Post call 732 292 9255)

MEDICAL TRANSPORTATION ASSISTANCE

The following are the coordinators through October 15, 2019:

Henry Garbarino 732-528-3236
Dan Murray 732-292-1040
Walter Nicholson 732-223-3905
Mario Valeriani 732-528-2116
Robert Wehner 732-223-3656

Any resident in need of a ride to a Monmouth or Ocean County medical facility or a doctor’s office may contact one of the above coordinators.

MTA is looking for coordinators and drivers to update our Medical Transportation list. Please contact **Walter Nicholson** at 732-223-3905 or email Mcglynnnich@att.net. Thank you.

-Walter Nicholson

FDA APPROVED ROBOTIC LASER SPINE TREATMENT

AVAILABLE IN MONMOUTH AND OCEAN COUNTY



MLS Laser Therapy has a reported **85% - 90%** efficacy rate in relieving pain and inflammation.

BENEFITS OF LASER THERAPY

Safe and painless, with no negative side effects.

Non-surgical

Improved nerve function

Accelerates tissue repair

Faster healing of injuries

SPACE IS LIMITED TO THE FIRST 30 CALLERS

Call Now to Schedule an Appointment

732-653-1000



Are you suffering from low back pain, herniated discs, or sciatica? MLS Laser Therapy is the cure you've been waiting for.

NorthEast Spine and Sports Medicine is pleased to be offering MLS Laser Therapy, an advanced, non-invasive, highly effective treatment for acute and chronic pain and inflammation.

Using breakthrough technology, MLS Laser Therapy is clinically effective for rapid relief of pain, inflammation, and swelling from a variety of conditions, including chronic back pain, sciatica, shoulder pain, arthritis, sports injuries, acute injuries and muscular/skeletal system trauma.

MLS Laser Therapy is painless and non-invasive. Many patients experience pain relief after 1 to 3 treatments. Each treatment takes an average of 8 minutes to complete. The average course of treatment is 7-10 sessions. Chronic pain and other conditions can be controlled with repeated, regular treatments.

How it works

Unlike traditional laser therapy, MLS Therapy uses two wavelengths and a patented, robotic control system that delivers separate but simultaneous dosage of each wavelength. This creates a synergy that enhances the therapeutic benefits of the treatment.

NorthEast
SPINE and SPORTS MEDICINE
www.northeastspineandsports.com

FDA-APPROVED ROBOTIC
LASER TREATMENT
IN MONMOUTH AND
OCEAN COUNTY

Jackson, NJ: 728 Bennetts Mills Rd.
Point Pleasant, NJ: 1104 Arnold Ave.
Barnegat, NJ: 175 Gunning River Rd.
Manchester, NJ: 60 Lacey Rd.
Aberdeen, NJ: 557 South Atlantic Ave.
Tinton Falls, NJ: 4057 Asbury Ave.
Freehold, NJ: 501 Iron Bridge Rd.
Toms River, NJ: 367 Lakehurst Rd.



Since 1966

WALL

2028 Highway 35
732.449.6900

BRICK

505 Burnt Tavern Road
732.899.8600

VOTED
BEST FUNERAL HOME
MONMOUTH & OCEAN COUNTIES

Ads-1825

Kevin C. O'Brien, Mgr. - NJ Lic. No. 4805

Congratulations!

We all know Tom Kane as a good neighbor and regular *Voice* contributor. In New York he is known somewhat differently. In October Tom will be inducted into the New York State Middle School Association Hall of Fame for his contributions over the years to middle school education. Tom was a middle school principal who, after retirement, continued to be active in the Middle School Association, running workshops for teachers and administrators.

Well done Tom! You are also in our Hall of Fame!

~Hank McNally



Please Patronize
Our
Advertisers



**ALL INSECTS
ALL ANIMALS
ALL RODENTS**

**1-888-313-7188
1-732-489-9513**

**FREE
ESTIMATES**

100% PEST ELIMINATION, NO IFS, ANTS, OR BUGS ABOUT IT!

**Termite Inspection \$65^{+tax}
Quarterly Pest Control**

One Time Service \$65^{+tax}
Yearly Quarterly Service \$220^{+tax}
(4 Times Inside 3 Times Outside)

**Termite Contracts \$85^{+tax} per year with
no current termite problems**

**Neighbor Discount
Get 5 neighbors for a one time spray only \$45 each
(Inside and outside) - MUST BE APPLIED SAME DAY**

**ALL INSECTS COVERED
GROUND BEETLES
CENTIPEDES • MILLIPEDES
EARWIGS • SPIDERS
ANTS • SILVERFISH
CRICKETS**

**** BED BUGS NOT INCLUDED**
WOOD DESTROYING INSECTS NOT INCLUDED**

**Senior Discount
ANY Termite Job
\$600^{+tax}**

ads-2704B

Business Lic. #97622A – Lic. # 25801A

www.rzpest.com

Thank You

I would like to thank my wonderful Four Seasons neighbors and friends for the outpouring of concern and support during my recent accident recuperation.

The "care packages" and visits by my fellow Marines, "Gym Rats" and next door neighbors were just what the doctor ordered.

Thanks To All
Semper Fi !!!

-Anthony T. D'Altrui



Thank You

To My Wonderful Friends at Four Seasons

I appreciate all the calls, cards, flowers and food you showered upon me. My adult family members and grandchildren were comforted by you. Your kindness to me is and was a blessing.

Bill was "The Wind Beneath My Wings." I miss him tremendously.

Thank you, Thank you, Thank you.

-Alyce Glennon



GENTLE YOGA

Time: 9:30am every Tuesday for Four Seasons at Wall residents only

Place: Clubhouse Billiard Room

Cost: Ten dollars per session

Experience: None required or needed

Learn how to quiet your mind using this ancient practice in a relaxed setting. Yoga is recommended by the medical profession for all ages.

Potential Benefits

Improved sleep and appetite

Stronger bone density

Better mental clarity

Lower blood pressure

Improved balance

Tom Manni 908-410-9436

ads-5187

Directory

DAN'S TREE SURGEON

- Small But Efficient -
Big Jobs or Small

Why Pay More When We Come to Your Door?
Trimming, Removal & Stump Grinding of Trees & Bushes

732-922-4074

Owner Operated/Supervised

Nice Guy Car Service

24 Hour Service

CALL JOHN for Reasonable Rates

Cell: (732) 779-8366

- Highly Recommended -

NYC, Newark, Atlantic City, Philadelphia
Airports, Cruise Ships, (Groups up to 16)

Triple Seven Limo

Airport Car Service

Senior Discounts Licensed/Insured

888-777-6627

Jeff's Powerwashing

Hot Water and Soap • Mold Removal • Houses
Patios • Roofs Washed • **Gutter Cleaning**

• Interior/Exterior Painting

732-901-5336

Insured Lic. #13VH09707800

Senior Discounts • Free Estimates

Low Pressure Roof Stain Removal

Safely Washing Houses & Roofs for Over 15 Years

HARK!

Allison White

Live in Companion and Caregiver

Car/MD Driver's License • Light Housekeeping

Medication Management • Full Service

(732) 241-1467

Directory

CENTRAL JERSEY GARAGE DOOR

Sales • Service • Installation
Automatic Door Openers
732-905-9975

NJ HIC.#13VHO1856500

Handyman Jim

(908) 670-2732

Any Job, Big or Small – Just Call

For All Your Home Repairs

– Fully Insured –

Lic.#13HV08821300

For All Your Home Repairs

Bob & Ryan Golom

Father & Son

Plumbing & Heating

Third & Fourth Generation Plumbers

1826 Celeste Dr.

Lic# 5181

Wall, NJ 07719

Navy Veteran

732-580-0891

Reliable SUV car service.....
to airports, medical appointments,
wait and returns, business appointments,
social engagements, and more!

Call JOE: 732-713-4041

Email: joesrides@gmail.com

Sit back and relax.... leave the driving to me!

Micheal's Tile & Home Repair Service

Specializing in Tile Installation

All Phases of Home Repair

973 444 8012

Edward Fernan

Painting

Interior - Exterior

Powerwashing

732-742-6986

LIC 13VH07611100

NEED COMPUTER HELP?

Technology Support for your Home & Business

- New PCs & Setup
- Repairs & Upgrades
- Virus Clean-Up
- Networking & Wireless

www.monmouthcomputer.com

Monmouth Computer Associates, LLC

WE COME TO YOU - CALL DAN TODAY!

(732)681-2360

1 Since 2004

Senior Community Special

Plumbing, Heating & Cooling Services

Repairs & Replacements & Drain Cleaning

\$25 off any service \$150 or more

Can not be combined with other offers

must be presented at time of estimate

Expires 8/31/19 - **732-276-6997**

NJ HVACR #4421

www.ameplumbingnj.com

NJ Plumbers Lic# 1289700

OLGA'S HOME HELPERS

Compassionate European Women

Home Health Care/Companionship

Live-in or Live-out

Insured & Bonded

Call Olga at 732-278-7865

Richard A. Stoothoff

Interior Painting

Ph# 908-433-6832

Email: stoots12@gmail.com

PO Box 13 Deal NJ 07723

Directory

IRISH CENTRE *"All Things Irish"*

Moya & Aidan Rush
1120 Third Avenue
Spring Lake, NJ 07762
732.449.6650 • moya@njirish.com
www.NJIrish.com

Heirloom Gifts for Every Occasion

Belleek China • Traditional Aran Knitwear • Giftware
Waterford Crystal • Irish Jewelry Collections
Open Year Round
Celebrating 40 Years in Business 1978 – 2018

This Dr. Makes House Calls!

**Window Balance Repairs
Glass & Screen Repairs
Shower Doors & Mirrors
Storm Doors & Tabletops**

DR. J'S

WINDOW & SCREEN HOSPITAL

(732) 899-2611

610 Route 88, Point Pleasant

Major Appliance Service

Factory Authorized

**Refrigerators • Freezers • Ranges
Washers • Dryers • Dishwashers**

732-892-8508

All work fully guaranteed

Insured

REDI HOME SERVICES

Call 732-256-9844

DRYER VENT CLEANING/REPAIR

POWER WASHING - GUTTER CLEANING

PAINTING/HANDYMAN SERVICES

Lic# 13VH082081000 www.redihomeservices.com

Senior Discounts redimanager@optimum.net

Visiting Angels. Senior HomeCare

Licensed, Bonded & Insured

Providing Assistance with Activities of Daily Living

- Hygiene Assistance
- Meal Preparation
- Joyful Companionship
- Errands/Transportation
- Light Housekeeping 732-722-7747

2510 Belmar Blvd.
Unit K-8
Wall, NJ 07719

*Helping Seniors Maintain Their Dignity & Independence
Servicing Monmouth County*

Aplus Plumbing Heating & Drain Cleaning

"Your Community Plumber"

Call 732.295.7775

nj lic# 72870 Insured Free Estimates

WINDOW REPAIRS

Replace fogged or broken insulated glass
& balancer springs

Repair difficult to open windows

BOB CIPOLLA 732-580-6091

FULLY INSURED & REGISTERED REG # 13VH03215600

CENTRAL JERSEY GARAGE DOOR

Sales • Service • Installation

Automatic Door Openers

732-905-9975

NJ HIC.#13VH01856500

All Around Roofing & Siding

Est 1989 License #13VHO1176200

• Roofing • Windows

• Siding • Doors

732-280-6530

This Space Available

Please Call

1-888-637-3200

www.seniorpublishing.net

*Women's Club
Special Program for All Four Seasons Residents*

- WHO? All Four Seasons residents are invited to participate.
- WHAT? Monmouth County Sheriff's Office IDENT-ADULT
Emergency Photo Identification Card Program
- WHERE? Clubhouse Theater
- WHEN? Wednesday, October 2, 2019 - 10 AM – Noon
- WHY? To receive photo ID wallet cards containing emergency information,
including medical conditions and allergic reactions, as well as
doctors' information and phone numbers.

Sign-up sheet, as well as flyers with required information forms,
will be available on the counter in the Clubhouse.
The September *Voice* will contain additional information and details.

~Kathleen Moran, Joan Valeriani

Trying To Reach The Senior Market?



**50+ Americans Account For Nearly
50% Of All Consumer Spending!**

**We Publish The Official Community Newspapers
For 97 NJ Adult Communities**

**One Phone Call Puts You In Touch With
Over 84,000 Senior Community Readers.
100% Coverage In Over 95 Communities!**

- Priced To Fit Your Budget
- Multiple Month Discounts
- 6 Month Pre-Payment Special

**If Your Business Caters To NJ's Senior Citizens
You Need To Contact Senior Publishing**

Senior Publishing Company

**Toll Free (888) 637-3200 • information@SeniorPublishing.net
www.SeniorPublishing.net**

QUALITY WORK...HONEST PRICES

**LIFETIME
LABOR & MATERIAL
WARRANTY**

OWNER SUPERVISED WORK
Joseph Williams

NO SUB-CONTRACTORS

JVW CONTRACTING

908-601-3733

jvwcontracting@verizon.net

RESIDENTIAL ~ STATE LICENSE No. 13VH06829300

Roof Replacement
New Construction
Pitched Roofs
Gutters and Leaders

ESTABLISHED 1984

**24 HOUR
EMERGENCY
SERVICE**



REFERENCES
LICENSED
INSURED

SERVING ALL OF NEW JERSEY

GAF

TIMBERLINE
LIFETIME HIGH DEFINITION SHINGLES

ads-5991



2019 FOUR SEASONS' CHORALE

If you like to sing, it is not too early to begin thinking about joining Four Seasons' Chorale in preparation for the Holiday Concert on Friday, December 6 at 7:30 PM. Rehearsals will be on Saturdays beginning, September 21 through Saturday, November 30, 9:30 AM to 11:00 AM in the Clubhouse Ballroom.

Please call Pat Schueler or Jo Ann Schwarzbek if you are interested.



GLASSES SPECIALS

\$88

prescription
glasses*

\$199

progressives*

\$225

prescription
polarized
sunglasses*

Call us to schedule
an eye exam!

(732) 223-8000

Manasquan  Care

2516 Highway 35,
Manasquan, NJ

www.ManasquanEyeCare.com

Dr. Sushma Patel Lic #6475 Dr. Paul Mazur Lic #4216

*Restrictions apply. See
staff for details.

CARPET • HARDWOOD • LAMINATE

GUARANTEED 20% LESS THAN HOME CENTER PRICES

CALL FOR YOUR FREE SHOP AT HOME APPOINTMENT

CARPET

Shaw SUPER STAIN RESISTANT COMMERCIAL CARPET

Only **\$169** PER FT.

- ASSORTED COLORS
- 5 YR. WARRANTY
- INHERENT STAIN RESISTANT
- NO FADING • QUANTITIES LIMITED

INSTALLED
GLUED
DOWN

CARPET

MOHAWK TEXTURED CONSTRUCTION

Only **\$229** SQ. FT. Installed

COMPLETELY INSTALLED • FOOT PRINT FREE • AVAILABLE IN 30 COLORS

CARPET

Shaw BERBER CARPET

Only **\$199** SQ. FT. Installed over 1/2" Rebond Padding

- AVAILABLE IN 6 COLORS
- EXCELLENT FOR FAMILY ROOM
- STAIRWAYS / HALLWAYS
- HEAVY TRAFFIC AREAS

HARDWOOD

BRUCE OAK
3/4" SOLID HARDWOOD

Available in 3 magnificent colors.
2 1/4" x 3/4" RED OAK

\$499 SQ. FT. INSTALLED

15 YEAR WARRANTY

And remember, Modern Home has all of the biggest and best hardwood brands.

SHAW OAK NATURAL BUTTERSCOTCH • GUNSTOCK

3 1/4" x 3/4" Prefinished Hardwood

\$599 SQ. FT. INSTALLED

20 YEAR WARRANTY

BRUCE OAK ENGINEERED

5" PLANK GUNSTOCK • BRONZE NATURAL • BUTTERSCOTCH

\$599 SQ. FT. INSTALLED OVER FOAM

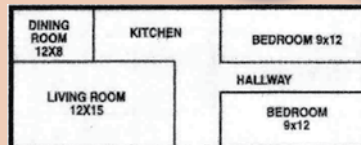
20 YEAR FINISH

Modern Home displays every major manufacturer of Hardwood in every species.

www.modernhomefloors.com

CARPET

CARPET 3 ROOMS FOR JUST \$599



A \$1,188 value -
Olefin Commercial. Imagine: Three average rooms up to 40 sq. yds. for only **\$599 INSTALLED** Choose from 36 beautiful colors. A carpet valued at \$29.75 sq. yd. for only \$14.97.

CARPET

100'S OF ROLLS OF CARPET IN STOCK

CARPET REMNANTS

.99¢ sq. ft.

PLUSHES, BERBERS, TEXTURES & SISALS



Modern Home Floor Covering Inc.

1316 Sea Girt Ave., Sea Girt

732-974-4001

Hours: Monday - Saturday 10am-6pm



ads-1056H



Knights of Columbus Council 3231

20th Annual Bernie Kerrigan Charity Golf Outing



Pebble Creek Golf Club
 40 Route 537 East
 Colts Neck, NJ 07722
 732-303-9090
 www.pebblecreekgolfclub.com

Format: Shotgun Scramble
Friday, September 27, 2019
Cost: \$150 per player
\$125per player Ladies Special

Start Time: 7:00am – 7:45am
 Continental Breakfast
 8:00AM Shotgun Start

Rain Date: October: Date TBD

Enjoy a complete program including: 18 Holes of Golf (including cart), Continental Breakfast, Buffet Lunch and Beverages, Sleeve of Balls and a Goody Bag.

The Buffet Lunch will be followed by our prize raffle with great merchandise and prizes including NY Yankee, NY Giant and NY Jet tickets.

Prizes / Contests:

- Hole-in-one #18 – 2019 GMC Terrain
- Hole-in-one #11 - \$10,000 Cash Prize
- Low Team Score Men
- Low Team Score Ladies
- Longest Drive
- Closest to the Pin Challenge



This year's outing is **Friday, September 27** at the **Pebble Creek Golf Course in Colts Neck, NJ**. Registration begins at 7:00am, with a Shotgun Tee-off at 8:00 am. Your entrance fee includes 18 holes of golf with cart, continental breakfast, buffet lunch, a goody bag, and our fabulous Prize Raffle with a chance to win **NY Yankee, NY Giant or NY Jets tickets**. Make a **hole-in-one on #11** and win a **\$10,000 cash prize**. Make **ahole-in-one on #18** and you will win a **2019 GMC Terrain** courtesy of T&T Coast BuickGMC.

To help us properly plan for this event, please pre-register by completing the registration form and mail to Eric Kuper at the address below. You can also register at our website at the address below. Please make your check payable to the **Knights of Columbus**.

<https://kofc3231.org/golf/>

We are also looking for Hole Sponsors, gift cards and merchandise donations. A hole sponsorship is \$100. If you would like to sponsor a hole, please provide your hole sponsor information below.

I would like to sponsor a hole. Included is my payment for \$100.00 My Tee Sign should read:

I would like to donate a gift card or merchandise for the prize raffle. Please contact me to make arrangements.

Name: _____

Email: _____ Phone Number _____

Golf Registration Form – Please register no later than September 6, 2019

Captain's Name: _____

_____ Player 2-Name: _____ Email: _____

Address: _____

_____ Player 3-Name: _____ Email: _____

Phone: _____

Email: _____ Player 4-Name: _____ Email: _____

Please mail all Registration Forms and Payments to Eric Kuper @ 169 South Street, Manasquan, NJ 08736
 Phone Number: 732-690-3143 | Email: ekuper@mkklaw.com

SUPERIOR SERVICES

HEATING & AIR CONDITIONING
PLUMBING & ELECTRICAL

WOW! 732-213-3063 **WOW!**
"BEAT THE HEAT"
We Are Clubhouse Approved!

<p>10% OFF Senior Citizen Discount Not valid with other offers. With coupon only.</p>	<p>\$150⁰⁰ OFF Any New A/C SYSTEM Not valid with other offers. With coupon only.</p>	<p>\$150⁰⁰ OFF Any New 80+ GAS FURNACE Not valid with other offers. With coupon only.</p>	<p>\$49⁹⁵ Mid-Season AC Check-Up Not valid with other offers. With coupon only.</p>
--	--	---	---



\$25 OFF



ANY WORK TO BE PERFORMED
CALL 732-213-3063

Visit our Website: www.superiorservices1.com
GWR62@yahoo.com

ALL WORK PERFORMED BY LICENSED CONTRACTOR PLEASE FOLLOW & LIKE US :) License#: NJL13VHO4515600



MODERN Elegance

Kitchen & Bath
Design Center

- Fine Cabinetry for Your Home
- Custom Wood Countertops
- Complete Kitchen & Bath Renovations
- Custom Hoods & Ventilation

732-528-0110



NJHIC #13VH02287800

Showroom hours: Mon.- Fri. 9:00 - 5:00 • Sat. 9:00 - 1:00
117 Taylor Avenue, Manasquan, NJ
www.modernelegancekitchens.com

Ads-4922



GARAGE KINGS

DECORATIVE EPOXY GARAGE FLOORS

Complimentary Storage Trailer

\$200 OFF ANY GARAGE

Call to set up a free consultation today!

732-447-5928

Ads-6334

The Papery

NOW OPEN

SEA GIRT SQUARE

2100 Highway 35

Sea Girt

(Corner of Ocean Road and Route 35)

Featuring Invitations and Stationery

Greeting Cards, Party Goods

Unique Gifts for Every Occasion

Gift Wrap and So Much More!

www.thepapery.com



CALENDAR OF EVENTS AUGUST 15, 2019 THRU AUGUST 31, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			15 August	16
19	20 9:00am Finance Committee 10:00am ACC	21	22	23 12:00pm Day at the Races
26 9:30am Women's Club Bd Mtg	27 4:00pm Computer Club 7:00pm Bingo	28 9:00am Investment Club	29	30

CALENDAR OF EVENTS SEPTEMBER 1, 2019 THRU SEPTEMBER 30, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 September Labor Day	3 9:00am H&R 10:00am ACC	4 Trash Pick Up 7:30pm Candidates Night	5 1:00pm Pool Committee	6 Recycling Pick Up
9 9:30am Women's Gen Mtg 4:00pm American Legion 4:30pm Book Club	10 9:30am Events Planning	11	12 10:00am Garden Club	13
16 6:00pm Singles Club	17 9:00am Finance Committee 10:00am ACC	18 9:30am Social Concerns	19	20 21 Saturday 9:30am Chorale Practice
23	24 4:00pm Computer Club 7:30pm Annual Membership Election Results	25 9:00am Investment Club	26 BULK	27 28 Saturday 9:30am Chorale Practice
30 9:30am Women's Club Bd Mtg				

WEEKLY RECURRING EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
Monday 8:00am Mermaids 9:00am Advanced Yoga 9:30am Power Walk 9:30am Water Lilies 12:30pm Bridge 1:00pm MahJongg 7:00pm Shanghai Rummy 6:30pm Poker Group	Tuesday 8:00am Mermaids 9:30am Gentle Yoga 9:30am Water Lilies 12:30pm MahJongg 7:30pm Bingo	Wednesday 8:00am Mermaids 9:30am Power Walk 9:30am Water Lilies 12:30pm Bridge 1:00pm MahJongg	Thursday 8:00am Mermaids 9:00am Advanced Yoga 9:30am Water Lilies 12:30pm Bowling 1:00pm Canasta 7:00pm MahJongg 6:30pm Poker Group	Friday 8:00am Mermaids 9:30am Power Walk 9:30am Water Lilies 1:00pm Shanghai Rummy 1:00pm Bridge 7:30pm Movie

TRASH, RECYCLING, BULK & BRUSH

HOUSEHOLD TRASH: Every **Tuesday** **Single Stream Recycling:** Every **Thursday**

BULK: The **4th Thursday** of each month **LEAVES:** None

BRUSH: Week of September 23 and October 21. Put brush out on Sunday night.



TREATING THE COMMUNITY FOR OVER 16 YEARS

BRINGING THE BEST TO THE JERSEY SHORE

RUN & WALK AGAIN

with the **ALTER G**
Anti-Gravity Treadmill®



Improve your quality of life with the help of Active Physical Therapy. Our exemplary model of physical and holistic rehabilitation services, coupled with the support of highly-trained staff has made a positive difference in thousands of patients' lives.

WE OFFER TREATMENTS FOR:

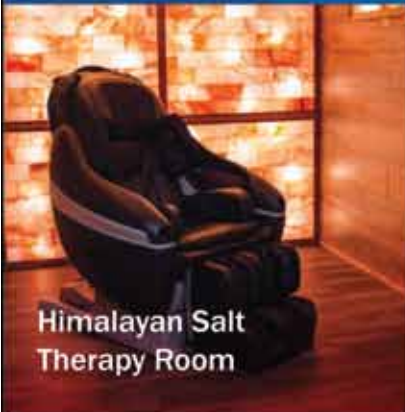
- Arthritis
- Tendonitis
- Joint Replacements
- Post-Operative Orthopaedic
- Difficulty Walking
- Obesity/Weight Management
- Neurological Impairments
- Joint & Muscle Pain
- Balance & Stability

**CERTIFIED MEDICARE PROVIDER
PATIENT TRANSPORTATION PROVIDED**

Acupuncture

Massage

Holistic Therapies



Himalayan Salt
Therapy Room



Pain, Allergies, Anxiety, Stress,
Fatigue, and Diabetes

**COMPLIMENTARY
ACUPUNCTURE TREATMENT**

Call to schedule an appointment!

ads-1970

ActivePhysicalTherapyNJ.com 732.223.6309

2516 Highway 35, Manasquan

1270 Highway 35, Middletown (Located in Medical Health Center)

