

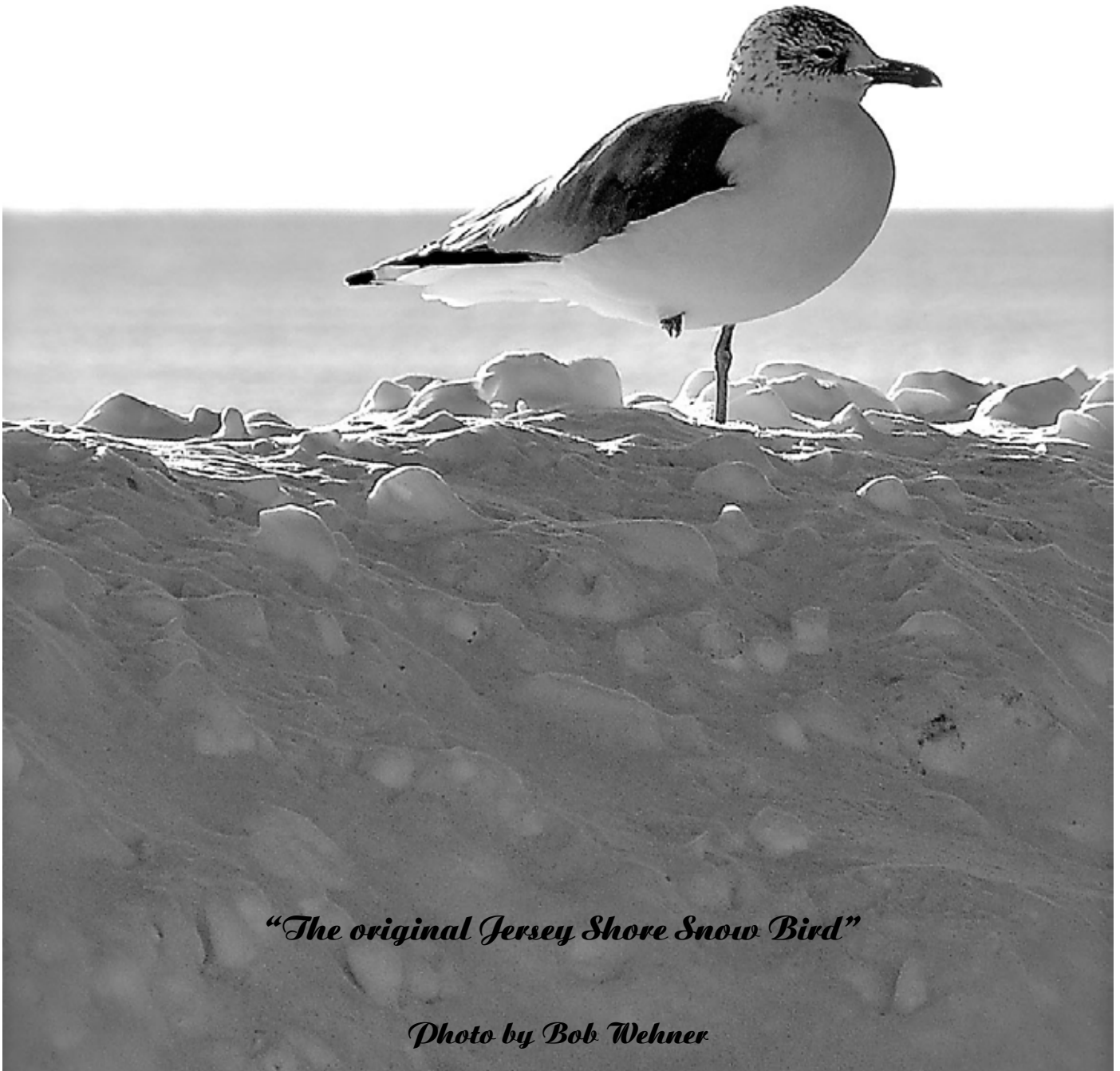


THE VOICE

FOUR SEASONS NEWSLETTER
The Official Newsletter of Four Seasons at Wall H.O.A.



FEBRUARY 2019
VOLUME 20 ISSUE 2




“The original Jersey Shore Snow Bird”

Photo by Bob Wehner

*“We don’t stop playing because we grow old;
we grow old because we stop playing.”*

-George Bernard Shaw



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Community Website: fourseasonswallnj.com

Board of Trustees

President – Barbara Roche
Vice President – Tom Coyle
Secretary – Marilyn Carpini
Assistant Treasurer – Bob Beddes
Trustee – Bruce Rosenberg

Officer: Treasurer – Ray Kaden

Community Manager – Chuck Braun

chuck.braun@fsresidential.com

Administrative Assistant – Nancy Lindstrom

nancy.lindstrom@fsresidential.com

*** Wednesday Open Meetings ***

Wednesday, February 20, 11:00 AM

Wednesday, March 6 & 20, 11:00 AM

*** 2019 General Membership Meetings ***

Thursday April 18, 7:30 PM

Thursday July 18, 7:30 PM

Thursday October 17, 7:30 PM

*** Candidates Night ***

Wednesday September 4, 7:30 PM

*** Annual Membership/Election Results Meeting ***

Tuesday September 24, 7:30 PM

Staff of The Voice

Ann Alexander, Joan Daurio,
Terry Eirich, Betty Kapalla,
Walter Nicholson, Carol Oberhauser,
Dan O'Connell, Jim Smith, Bob Wehner

Deadline for *The Voice* is the 25th of the month. If the 25th falls on a weekend, the deadline is the preceding Friday.

Please send your articles for *The Voice* as an MS Word attachment to:

Nancy Lindstrom at nancy.lindstrom@fsresidential.com

The Voice staff is committed to producing a newsletter that publishes timely information and announcements for, about, and by the residents of Four Seasons.

- News articles and announcements will be given first priority. Human interest and other "features" are welcome and will be printed as space permits. Articles may be edited.
- No editorials, letters-to-the-editor, or articles of a political nature will be printed.
- No material of any nature that has appeared in another publication will be accepted.
- Monthly deadlines will be strictly observed to allow the production time necessary for publication.
- Your cooperation is appreciated.

TRUSTEES' CORNER

The Request for Proposal (RFP) has elicited submissions from 6 of 7 landscaping contractors and an expression of interest from the seventh. We expect to have vetted the proposals and will select a contractor which will begin work in the community as of March 1. The snow removal contract with DTE remains in place for this season. In the event of very cold temperatures or inclement weather, please exercise caution in walking and driving and be sure to check on friends and neighbors regularly.

Our Architectural Control Committee (ACC) and Grounds and Irrigation Committee (G&I) are in process of restructuring. Our new committee chairs are **Henry McNally** (ACC) and **Patrick Moore** (G&I) and the Board extends its appreciation for their service. All residents, including existing committee members, are asked to submit their interest in writing to Chuck Braun to be considered for these committees for this year.

Items discussed by Board President **Barbara Roche** at the January General Membership meeting include work scheduled to begin filling roadway cracks, the pruning of maple trees, the relocation of the exit sign on Cooper Blvd to clarify proper egress from the community, and recently completed warranty work on our kitchen cabinets and clubhouse toilet tanks. We are closely monitoring work being done at the back gate. The Learning Experience center is expected to open in March, and we will study the traffic flows before and after its opening to ascertain the impact of the increased volume on our community exit onto Route 70.

The Board has been discussing the implementation of an additional fee for new buyers in our community. We expect to propose an amendment to the by-laws to impose such a fee and this would require a vote by our membership. This fee would only be applicable to new buyers and it has no impact on current residents.

We are continuing our interest in the installation of solar panels on the clubhouse roof. For residents interested in a more comprehensive presentation and discussion of this investment, which will not result in any cost to residents, please consider attending a special meeting on Friday, February 15 at 1:30 PM.

As we continue to enhance security measures in the community, please advise the management office and the gatehouse of the visitors to your home, including friends, relatives and vendors who may be admitted at any time without a call from the gatehouse. A form is available at the office, on the community website and at the gatehouse.

Board Treasurer **Ray Kaden** reported year end 2018 operating surplus results of \$29,000. These results are increased by the deferral of tree trimming expenses of

Continued on page 4

cont'd from page 3

\$12,000 into January 2019. In any event, the year end results are impacted by the following factors: 5 fewer home sales, resulting in \$13,100 revenue shortfall, excess legal fees of \$9,916, higher fire and safety costs of \$3,864, training costs of gatehouse hires \$3,622, savings on snow removal \$13,264, savings on clubhouse maintenance costs of \$6,370, and savings on utilities of \$10,288. Ray also presented a review of FSW reserve funds, noting a reduction in working capital reserves and landscaping reserves, and slight increases in snow reserves and replacement reserves. Handouts were available at the meeting.

Stay up to date on Board actions and community activities by checking our website www.fourseasonswallnj.com. Sign up for assistance in registering at the clubhouse. Look on the counter for sign-up sheet. A majority of the homes are already connected. Don't be left out.

Board of Trustees Approvals/Actions

January 2, 2019 Open Board Meeting

- The Board Members approved one House and Rec Committee approved activity request: Events Planning's Snowball Hop on January 17, 2019 from 7 PM to 10 PM

- The Board Members approved the reappointment of all of the Association's committee, club, activity chairs and members, except for the ACC and the G & I Committee.

- The Board Members approved the Carl's Fencing proposal for total of \$5,126.21 to extend the fence line around the DTE maintenance yard.

- The Board Members approved the Shaughnessy Sports Construction proposal for a total of \$540.00 for purchase of 6' x 49' windscreen for the tennis courts.

January 17, 2019 General Membership Meeting

- The Board Members approved a \$500 donation to South Wall Fire Company No. 1

- The Board Members approved the Thorpe Nursery and Landscaping Co. proposal for total of \$1,549.69 for the removal of five toppled trees including stump grinding

- The Board Members approved one House & Rec approved activity request: Women's Club sponsored lectures on Ireland presented by Henry McNally on March 12, 14, 19, 21, 2019 from 3 PM to 4:30 PM in ballroom (\$10.00 per person per lecture session).

OPEN BOARD MEETINGS

Wednesday February 20 and Wednesday March 6
At 11:00 AM



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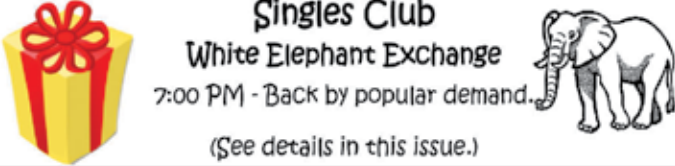




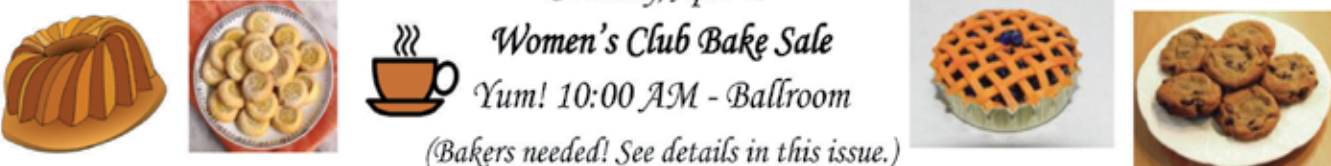
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UPCOMING EVENTS

	<p>Thursday, February 14</p> <h2>Valentine's Day</h2>	
<p>Monday, February 18</p> <h2>Presidents Day</h2> 	<p>Monday, February 18</p> <h2>Singles Club</h2> <h3>White Elephant Exchange</h3> <p>7:00 PM - Back by popular demand.</p> <p>(See details in this issue.)</p> 	
 <p>Monday, February 25</p> <h2>Women's Club Board Meeting</h2> <p>9:30 AM</p>	<p>Monday, March 4</p> <h2>Women's Club General Meeting 9:30 AM</h2> <p>Mystery Author George R. Hopkins <i>The Joy and Angst of Writing</i></p> 	
 <p>Thursday, March 7</p> <h2>St. Patrick's / St. Joseph's Celebration</h2> <p>6:00-9:00 PM</p>	<p>Sunday, March 10</p> <h2>Daylight Saving Begins</h2> <p>Set your clocks <u>ahead</u> 1 hour. But Spring's coming!!</p> 	
<p>Saturday, April 13</p> <h2>Women's Club Bake Sale</h2> <p>Yum! 10:00 AM - Ballroom</p> <p>(Bakers needed! See details in this issue.)</p> 		



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Remembering Barbara Libecci

For those of you who never knew Barbara, there is a picture of Barbara on the coffee/dessert table.

The smile you see in the picture is exactly who Barbara was. Always happy and full of life.

Barbara was the Co-President of the Women's Club, on the staff of *The Voice*, and the Social Concerns Committee and was the Poet Laureate of Four Seasons. She had inspiring and beautiful words to share with our community at the Memorial Day, 9/11 and Veterans Day services.

Barbara was kind, smart, caring and a good friend to so many of us.

If Barbara could send us a message today, it would be to cherish all the friendships we have made living in Four Seasons and to thank us for honoring her each January at the Women's Club soup luncheon.

-Joan Valeriani

(Read by Frances Brown at our
Barbara Libecci Soup Luncheon – January 7, 2019.)



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2019 Barbara Libecci Soup Luncheon

Photos by Marilyn Wehner



**WOMEN'S CLUB
JANUARY 2019 SOUP LUNCHEON**

Photos by Marilyn Wehner



Cooks/servers of our delicious homemade soups are shown here: (left to right) Aine Lynch-Powers, Joan Valeriani, Betty Kapalla, Sheila Devenish, Joan Daurio (dishing out Joe's soup), and Susan D'Altrui. Great heart- and stomach-warming soups! There was also a splendid array of scrumptious desserts prepared by Ann Alexander, Grace Campea, Marge Granata, Lennie Paterno and Sheila Wilten. In addition, a diverse spread of tasty breads was offered by Joan Valeriani and Cathy Vento. So many contributors, such a wonderful gathering!



Christine McKay, speaking for the Caregiver Volunteers of Central Jersey (the recipient non-profit of our May, 2019 Fashion Show/Luncheon fundraiser), made a compelling talk for her organization that provides invaluable supportive services to individuals 60 years or older as well as caregivers.



WOMEN'S CLUB

Next Meeting: Monday, March 4, 2019 – 9:30 AM

In January, we enjoyed the most delicious soups and breads at the *Barbara Libecchi Soup Luncheon*. We followed up with many delicious goodies including fruit salad which was a hit. In February, we learned once more the best ways to eat to fuel our bodies and preserve our good health. Now comes our March speaker, George R. Hopkins, a multitalented educator and writer who will keep you on the edge of your seat with the stories of his novels. He has published seven mysteries, called the Cavanaugh series and the latest is *The Staten Island Butcher*. His talk is *The Joy and Angst of Writing*.

Mr. Hopkins lives on Staten Island with his wife. He has four children and ten grandchildren. He is retired from the Susan B. Wagner High School English Department where he was Assistant Principal. Twice he was elected "Teacher of the Year." He also was a US Marine Corps sergeant. He has led workshops for poets and senior Citizens. For his community service he was honored by NY 1 as "New Yorker of the Week."

His Cavanaugh series is based on two brothers, Father Jack Bennis, a Jesuit, and NYC homicide detective, Tom Cavanaugh. The books, in order, are *Blood Brothers*, *Collateral Consequences*, *Letters from the Dead*, *Random Acts of Malice*, *Unholy Retribution* and *Chasing the Devil's Breath*. His latest is *The Staten Island Butcher*. Our community has many residents who have lived on the island and will enjoy the references to local places such as the Silver Lake area and Martlings Pond. Books will be available for sale at \$15 each and he will autograph them.

My shout out this month is to a few people who have helped me with the computer when we do programs such as our famous "Yes to the Dress" or when projecting on the projector is not as simple as turning it on. They are **Sheila Wilten** who works until the project is perfect, **Dr. Irwin Tepper** who comes to the Women's Club when needed, even using his own computer. **Bob** and **Marilyn Wehner** have added their own computer and expertise on several occasions over the years and, of course, **Bob** is the Master Picture Taker for our events. This help is always appreciated.

If you need a ride to the Clubhouse, please call me and I will arrange it (973-641-5436).

-Ann M. Alexander

Social Concerns

Volunteers are still needed for our project at the **Monmouth Museum** Becker Children's Wing, which honors *Read Across America*, held annually in March to recognize

the birthday of Dr. Seuss. One or two volunteers will read a Dr. Seuss book and work on a craft project on a Tuesday, Wednesday or Thursday each week in March. (Book and craft materials will be provided.) **Lorraine Garra** is coordinating this project with the Museum; she can be contacted at 732-741-7352 or LTLGNJ@gmail.com. This is a wonderful opportunity to share with children the wit and wisdom of Dr. Seuss ("*Today you are you, that is truer than true. There is no one alive who is youer than you!*") and, as an added bonus, you can visit the art exhibits and other offerings in the Museum which is located at 765 Newman Springs Road, Lincroft on the campus of Brookdale Community College. Take a hint from Dr. Seuss himself: "*If you never did, you should. These things are fun. And fun is good.*"

...and speaking of fun... we are hard at work preparing for the May 21 "First Chance to Wear White Pants" Luncheon and Fashion Show at the *Essex and Sussex* in Spring Lake. The event will be held from 12:00 to 3:00 p.m. and valet parking will be available. There will be a choice of a chicken, seafood or pasta entrée and also drawings for gift baskets. A portion of the \$45.00 ticket price will go to **Caregiver Volunteers of Central Jersey**, a local non-profit organization. The fashion show will feature apparel and accessories that complement white pants. Here is our aim – to entertain, and give you a show that isn't mundane!! So we hope you give us a chance to show you some style and bring you a smile...we promise you'll see us prance! Remember, as the saying goes, "*Fashion is what you buy. Style is what you do with it!*" Stay tuned for details about time and place for ticket sales.

The next meeting of the Social Concerns Committee will be held on Wednesday, February 20 at 9:30 AM. New members are always welcome!!

-Julie McClure, Peggy Morris, Co-Chairs



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GOLF CLUB

Please see the flyer in this month's issue of *The Voice* regarding the dues for the Golf Club that we are collecting this year. The past few years we did not collect dues for the club. The fee per family is \$10.00. All residents of Four Seasons are welcomed to join the Golf Club. The dues help us subsidize for events that we have during the year. We will be announcing what events we will be having this golf season in future issues of *The Voice*.

-Pat Moore



BINGO

Good news: Bingo is coming back to Four Seasons. Bingo has been in recess over the Holidays and winter months. Games will resume on a weekly basis every Tuesday beginning March 12 at 7:00 PM. Come out and join the fun for a chance to be a winner, and enjoy the camaraderie of friends and neighbors. End the night with coffee and desserts after the games. Hope to see you on March 12. The more players the **bigger** the prizes.

-Ginny Orbe



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BOOK CLUB

The Four Seasons' Book Club meets on the second Monday of each month in the clubhouse library at **4:30 PM**. Following are the books to be reviewed:

February 11 *My Brilliant Friend* by Elena Ferrante
 March 11 *Lemon Orchard* by Luanne Rice
 April 8 *The Muralist* by B. A. Shapiro

All Four Seasons residents are welcome. There are no requirements, just a love of reading and a willingness to share your thoughts, impressions and feelings on the books selected if you wish. If you've read a book which you feel would be a good choice for the Book Club, come and offer it as a future selection.

- Sheila Wilten



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BOOK REVIEW

Bad Blood

Non-fiction that reads like fiction is the opinion of many who have picked up *Bad Blood* by John Carreyrou. This book is the full story of the Wall Street Journal exposé Mr. Carreyrou wrote about the Silicon Valley company, Theranos, and its founder, Elizabeth Holmes. You may have seen her on the cover of *Fortune Magazine* or on television with Jim Cramer. A dropout from Stanford University, she fashioned herself as a female Steve Jobs and she created a company which, at one point, was touted as the next Apple or Google.

Elizabeth always wanted to be rich. She came up with the idea of using nanotechnology and microbiology to do blood tests, diagnose diseases and monitor the efficacy of drugs with a patch. This later became a hand-held machine and reader. She said goodbye to Stanford at the beginning of her sophomore year and wrote a patent application. Within 3 years she had raised millions of dollars, hired impressive scientists, and had a world class Board of Directors, including George Shultz, Henry Kissinger and Channing Robertson of Stanford's Chemical Engineering Department. At one point her company was worth nine billion dollars.

The problem was her machines did not work and, even if they produced a result, it was not always accurate. The company began to operate like a scam. Elizabeth was mesmerizing with a deep and distinctive voice (affected), blonde hair and piercing blue eyes. She convinced companies and investors, including General James Mathis, that her machine could save lives and money. She also was in a relationship with a Pakistani millionaire, Sunny Balwani, who invested and came on board as her Vice President. This was hidden from the company and the public. She could convince most people that the US Army and Big Pharmaceuticals were signing contracts with her. Together, she and

Sunny hired and fired many of the brightest young people coming out of top universities. Tyler Shultz, grandson of George Schultz, presents the most interesting story as he becomes a whistleblower and informant to the author at the *Wall Street Journal*. Cloak and dagger actions, fear, and intimidation by her lawyers is fascinating. Anyone who questioned her was not considered a "team player" and was threatened and fired.

The second half of the book is first person writing by John Carryrou as he documents his exposé, contacts his sources and deals with the FDA and CMA to prove the billion-dollar scam that Theranos has become. In March 2018 the Securities and Exchange Commission charged Theranos, Holmes and Balwani with conducting "an elaborate, years-long fraud." They were later charged with criminal fraud by the FBI. They were sued separately by many of those they defrauded such as Walgreen's. Stay tuned for what happens to Elizabeth Holmes when her case goes to trial.

-Ann M. Alexander



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Arthur W. Potts Memorial Post 529 “Veterans helping Veterans”

Celebrating the 100th year of the American Legion,
the Post remembers its first article in *The Voice* and
honors a Legionnaire with 50 years membership

The American Legion was founded in 1919. This year 2019 in the American Legion is all about history: history of the Legion; history of the Post; history of our Legionnaires.

Post 529 was founded in 2006. It took us six years to begin submitting a monthly article to *The Voice*. Below is a copy of our first article in the *Voice*.

From the September 2012 VOICE:

The Arthur W. Potts Memorial Post 529 held its monthly meeting on Monday, August 13.

Commander Ed Loud presided over the initiation ceremony of our two newest members George Brown and Anthony Pilone, conducted by Rich Mezzacca. The post welcomes George and Anthony to our ranks.

Our post recently sponsored Christian Kelly from Brielle at the American Legion Boys State Convention. Christian attends the Communication High School in Wall. He spoke at our meeting, reporting on the convention and his experiences.

The post service committee headed by Dr. Erwin Tepper is considering a list submitted by Lyons Hospital of things they need to improve the lives of the veterans cared for at the hospital. The committee will make a recommendation to the membership of items the post could fund from our charity account.

Lastly, the post is looking forward to October 17 and our trip to NYC, with visits to the Intrepid and the WTC Memorial. The trip has been arranged by Art Licata. Thank you Art.

Rich Murray for Tom Malloy

Post 529 is pleased to announce that we will be making **Andy Arbes** our fourth PAID UP FOR LIFE LEGIONNAIRE. Andy has FIFTY CONSECUTIVE YEARS membership in The American Legion. (see photo)

A few highlight from Andy’s Army and Legion time:

- He is a Korean War veteran, serving from March 1954 to March 1956
- Andy entered the Army from Newark NJ
- He was discharged from Fort Hood in Texas
- Andy spent time at the Adjutant General’s School at Ft. Benjamin Harrison in Indiana from Nov. 1954 to Jan. 1955
- He earned the National Defense Service Medal and a Sharpshooter Medal while serving with the Headquarters Company 25th Recon Battalion.
- Joined American Legion Post 440, Union, NJ in 1969
- Transferred to Post 529 at Four Seasons in 2009

CONGRATULATIONS Andy on FIFTY CONSECUTIVE YEARS membership in The American Legion.

-Rich Murray
For Post 529



Photo by Rich Murray



Andy Arbes 50 years a Legionnaire



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SINGLES CLUB

Although the snow, freezing rain and threats of ice never materialized on January 21, the below zero wind chills were more than enough to warrant the cancellation of the Singles regular monthly meeting. The traditional White Elephant exchange is not to be missed for the fun it brings, so it has been rescheduled for our next meeting on Monday, February 18. Please remember to bring a gift to exchange if you would like to participate. We'll begin the evening with a brief business meeting at 7:00 PM, and after the gift exchange, we'll end with coffee and dessert. **Nancy Dietz, Rosemary Kirchner and Ollie Kraemer** will be our hosts for the evening. All singles residents are welcomed and invited to join us.

Just a reminder that if you have not yet paid your 2018-2019 dues of \$10.00, Treasurer **Marilyn Dick** will gladly receive them.

-Marilyn Carpini






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MEDICAL TRANSPORTATION ASSISTANCE

The following are the coordinators through October, 15, 2019:

Henry Garbarino 732-528-3236
Dan Murray 732-292-1040
Walter Nicholson 732-223-3905
Mario Valeriani 732-528-2116
Robert Wehner 732-223-3656

Any resident in need of a ride to a Monmouth or Ocean County medical facility or a doctor's office may contact one of the above coordinators.

MTA is looking for coordinators and drivers to update our Medical Transportation list. Please contact **Walter Nicholson** at 732-223-3905 or email Mcglynnnich@att.net. Thank you.

-Walter Nicholson



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He has led workshops for Poets and Senior Citizens

Monday, March 4, 2019 at 9:30 AM

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and to the community at large and to provide programs that broaden horizons and
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MARCH MADNESS



(With an Irish Flavor)

Here is an opportunity to learn that St. Patrick's Day is more than parades, shamrocks and green beer; to learn, in fact, some genuine history of Ireland and of the Irish in America. Even better, the opportunity is no further away than the Four Seasons Clubhouse. Perhaps best of all, in coming, you will be contributing to a wonderful cause undertaken by the Four Seasons Women's Club.

What we have planned is a series of four illustrated lectures / discussions, held over two weeks presenting some highlights of the story of Ireland and Irish America, the last presentation specially designed for and about women. Details:

Tuesday, March 12 (3:00 PM – 4:30 PM) The Story of Ancient Ireland
Thursday, March 14 (3:00 PM – 4:30 PM) St. Patrick and Celtic Christianity
Tuesday, March 19 (3:00 PM – 4:30 PM) The Irish Experience in America
Thursday, March 21 (3:00 PM – 4:30 PM) Troublesome Irish Women

*Wine and Cheese celebration to follow last session.

Tickets will be available ahead of time (preferred) by calling **MaryLou O'Callahan at 201-848-9562 or Marge Granata 201-848-0904 or at the door on the day(s) of the program.**



Tickets are priced at \$25.00 for all four lectures / discussions or \$10.00 for each on an individual basis. Checks should be made out to "Four Seasons House and Recreation."

For this series, Four Seasons residents are invited to bring guests from beyond the immediate community.

The proceeds of this event will be given to Caregiver Volunteers of Central Jersey, the designated nonprofit recipient of the Four Seasons Women's Club May 21st luncheon/fashion show fundraiser.

Presenting each afternoon will be Four Season's resident, **Henry McNally**. Hank has taught versions of each topic both at Brookdale Community College and Rutgers University.





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"Danny Boy"

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- 🍀 Mike McIntyre
- 🍀 Jack Drury
- 🍀 Aine Lynch-Powers

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NURSES CORNER

Chair Yoga will be continued weekly at 2:00 PM every Tuesday in the all-purpose room through April 9. The cost is \$10.00 per session.

The Balance Class has been cancelled until mid-April because there were not enough people signed up. Meridian will not come in to teach it unless we have 10 or more residents attend. I will call them in April and reschedule when we have more people who do want to attend.

-Aine Lynch
lynchpowers2@verizon.net

EVENTS NEAR AND FAR

Wall Library Book Sale – Saturday, March 9 through Saturday, March 23

Your opportunity to get some great deals on used books, audio, DVDs, music and more. (\$1.00 bag begins Monday, March 18 through Saturday, March 23)

For additional information, contact 732-449-8877.

AARP – Tax Aide Program Volunteers will be in Wall Library beginning Monday, Feb. 4 from 1:00 to 4:00 PM and every Tuesday and Friday at the same times. Their last date is April 12. A limited number of returns will be filed depending on the number of volunteers available to complete returns within the listed times. For information contact 743-449-8877.

Pollack Theatre at Monmouth University will be showing “12:08 East of Bucharest” on Tuesday, Feb. 19 at 7:30 PM. It’s sixteen years since the revolution, and in a small town Christmas is about to come. “Was it or wasn’t it a revolution in their town?”

-Terry Eirich

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Rogue Deer

With this article we are alerting the Four Seasons community about two rogue deer from our local herd. Here's the complete story. Last October, a national notice went out to all deer communities that two of Santa's reindeer were retiring, Blitzen and Comet. At least, that was the cover story. Yes, Comet was retiring but what really happened to Blitzen is this: one night Blitzen left Santa's compound and went downtown at the North Pole where he got blitzed in a local deer hangout. He had to be escorted home. Santa was more than upset and, in fact, he fired Blitzen for not living up to the standard for a Santa reindeer. Santa felt Blitzen had given a black eye to the Santa brand. So, Santa was looking for two replacement reindeer.

Two of our local deer thought they'd audition for the openings. So, Thunder and Ralph from the Four Seasons herd set off for the North Pole. Upon arriving at the North Pole, there were long lines of aspiring candidates. Though Thunder and Ralph are not genuine reindeer, they hoped to pass themselves off as reindeer. When they finally reached the head of the line where Mrs. Claus was posted, Mrs. Claus asked them to kindly step aside and get off the line. Ralph nicely asked her why they didn't qualify. Mrs. Claus said: your antlers are not big enough. With that Thunder blew his top and screamed at Mrs. Claus: so, now size does matter! Screaming at Mrs. Claus was a big mistake. Santa suddenly appeared, called two very ugly, mean looking elves and ordered them to escort Thunder and Ralph to the Polar Express to be shipped back to Four Seasons.

Both Thunder and Ralph were terribly embarrassed and still very angry when they returned to Four Seasons. The other local deer made snide remarks about them so they moved out of the herd and now the angry duo roam the grounds by themselves. As they roam around Four Seasons, if there are no good flowers, plants or foliage to nibble on, they have been seen throwing snowballs at the windows of the houses that are not providing them with sustenance. If this unfortunately happens at your house, do not try to confront these rogue deer. They both still think their antlers are big enough and they may attempt to charge and butt you.

A word to the wise...you've been warned!

-Tom Kane



LIBRARY UPDATE

We are happy to report that the magazines we were able to get for free through EBSCO have begun to arrive. We are only now waiting for the two new magazine racks that also have charging stations built into them. Thanks again to **Nancy Lindstrom** for making these contacts with EBSCO.

Also, through the connections that Nancy has made to benefit our library, one author has donated several of her books to our library. Author, Lulu Astor has donated some of her books and two by her friend Aleatha Romig, and also Tia Calaina and Lisa Aurello. These books are on display in the library. Drop by and check them out.

The Library Committee is reaching out to our residents who are former librarians or just ardent book lovers to join our committee. We'd be happy to talk with any prospective volunteers and fill them in on exactly what the Library Committee does.

Contact **Tom Kane** – 732-223-1937 if you are interested in volunteering.

-Tom Kane



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Answers on page 38

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Thank You

My family and I would like to thank everyone who reached out to us after my husband **Ron** passed away in December. Your phone calls, food, visits, cards and donations mean so much to us. You helped make a very difficult time a bit more bearable. Thank you so much.

-The Vogel Family (and Lucy, too)



Thank You

My family and I are touched beyond words for the outpouring of support and love extended to us. The incredible amount of expressions of sympathy, the beautiful Mass cards, the generous donations to the Hannah Duffy Foundation in memory of **John**, the thoughtful gift cards, all the endless supply of delicious prepared food and sweet baked goodies, lovely flowers and plants warmed our hearts. Living in Four Seasons has always been a blessing to us and your help during this time made a difficult journey bearable. Your sharing in the celebration of **John's** life will always be treasured.

Sincerely,

-Geri Tirpak



Thank You

To our friends at Four Seasons, thank you for your caring and kindness after **Jim's** passing. What a wonderful community we live in where everyone is so supportive and comforting. I am fortunate to be living here. Best wishes to everyone for 2019.

Thank you.

-Eileen Georgas



Thank You

The Marines wish to express our heartfelt thanks to everyone who contributed so generously to Toys for Tots. Once again you have given so many children a joyous Christmas.

-Bill Burns



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We are planning our usual 3 leagues: Monday, Friday and Saturday. Games will be played at 9:00 AM, 10:00 AM and, if enough teams, 11:00 AM.

If you're new to our community, this is the perfect way to meet your neighbors!

Never played the game, or haven't played in ages?

Don't worry! It's easy enough to learn and you'll have lots of help!

All Are Welcome!

Sign up by yourself, with a spouse or friend.

If you can form a team of 4, that's perfect.

Otherwise, the Bocce Committee will complete teams wherever needed.

(Max. 12 teams per League.)



Games begin the week of May 13, and will be played through July.

At the end of our season, we will celebrate with a fun and delicious Luncheon.

Fill out registration form and leave along with check (\$25/person) made out to:

Four Seasons House & Recreation on the Daurio porch - 2543 Collier Road



Questions? Call Joan Daurio (732) 223-1284

DEADLINE: Monday, April 15, 2019



Bocce Committee:

Ron LaCorte, Henry Supan, Bob Wehner, Joan Daurio

--- cut here --- cut here --- cut here ---

Name(s): _____ e-mail: _____

Amount enclosed (\$25 per person): \$ _____ Phone: () _____

Put me on a team: _____

Or: My/Our teammates are:

I/We want to play on (circle one): {Monday} {Friday} {Saturday}



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- Vicki M.

Peripheral Neuropathy

is a condition that affects millions of Americans, commonly resulting in pain, tingling, numbness, and other painful symptoms in the hands, legs and feet. This pain changes your life and affects how you work, how you play and how you live.

How do you know if YOU have Peripheral Nerve Damage?

Peripheral neuropathy is the consequence of damage to your peripheral nerves. There are over 100 different kinds of peripheral nerve disorders or neuropathies – some are the result of a disease like diabetes, while others can be triggered by a viral infection. Still others are the result of an injury or compression on the nerves. No matter where the problems begin, it is imperative nerve disorders are resolved as soon as possible to prevent permanent damage.

Many people suffer with pain for years, not realizing that their symptoms may be due to Peripheral Neuropathy. Symptoms start gradually, then get worse, including numbness, burning or tingling sensations and sharp, electrical-like pain. Treatment options have been limited to a small assortment of pain medications, which can lead to further issues. Ignoring the problem or masking the symptoms has never been a viable solution. If you suffer from any of the aforementioned symptoms, we can help.

New FDA-cleared treatments provide hope

Northeast Spine and Sports Medicine is pleased to announce their new program for treating Peripheral Neuropathy, which includes a combination of advanced FDA-cleared treatments with breakthrough technology that aids in healing the damaged nerves.

What does Peripheral Neuropathy look like?

Healthy Nerve Cell

Properly processes sensory information to the brain:



Damaged Nerve Cell

Sends incorrect signals to the brain, from phantom pain to tingling and numbness:



The effects of this program can be felt on the first few visits. This treatment restores, stabilizes, and rebuilds the nerves in your extremities. Treatment has also been effective in addressing painful symptoms of arthritis, MS, and other forms of chronic pain. Patients generally feel relief physically throughout the treatment period and even feel better emotionally after experiencing a reduction in pain.

Why Northeast Spine & Sports Medicine?

Northeast Spine and Sports Medicine offers some of the most advanced, non-surgical, FDA-cleared procedures for relieving chronic pain. Our multidisciplinary approach utilizes the latest medical technology. We offer programs and procedures that will improve your health with the utmost safety and precision. We will provide you with an accurate diagnosis and recommend a program that best fits your needs.

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We are confident that you will find healing and relief at Northeast Spine and Sports Medicine. You will have a one-on-one consultation with one of our trained staff who will evaluate your condition and determine if you would be a candidate for this treatment. Due to the demand, we have opened an additional 30 appointments this week. Time slots fill quickly, so **CALL TODAY to secure your appointment!**

-The Northeast Spine and Sports Medicine Team

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CALENDAR OF EVENTS FEBRUARY 15, 2019 THRU MARCH 15, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
18 February Presidents' Day Management Office Closed 7:00pm Singles Club	19	20 Trash Pick Up 9:30am Social Concerns	21	15 22 Recycling
25 9:30am Women's Club Bd Mtg	26 4:00pm Computer Club	27 9:00am Investment Club	28 Bulk Pick Up	1 March
4 9:30am Women's Club Gen Mtg	5 9:00am H&R	6	7 1:00pm Pool Committee	8
10 Sunday <u>Daylight Saving Time Begins</u> 11 4:00pm American Legion 4:30pm Book Club	12 9:30am Events Planning	13	14 10:00am Garden Club	15

WEEKLY RECURRING EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
8:00am Mermaids 9:00am Gentle Yoga 9:30am Power Walk 9:30am Water Lilies 12:30pm Bridge 1:00pm MahJongg 7:00pm Shanghai Rummy 7:00pm High Rollers	8:00am Mermaids 9:30am Water Lilies 9:30am Gentle Yoga 1:00pm Shanghai Rummy 7:30pm Bingo	8:00am Mermaids 9:30am Bridge Instruction 9:30am Power Walk 9:30am Water Lilies 12:30am Bridge 1:00pm MahJongg	8:00am Mermaids 9:00am Gentle Yoga 9:30am Water Lilies 12:30pm Bowling 1:00pm Canasta 7:00pm MahJongg 7:00pm High Rollers	8:00am Mermaids 8:30am Gentle Yoga 9:30am Power Walk 9:30am Water Lilies 1:00pm Shanghai Rummy 1:00pm Bridge 7:30pm Movie

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January 2019 - Snowball Hop

Photos by Dev Devenish





Four Seasons Women's Club A Bake Sale

will be held on
Saturday, April 13, 2019 at 10:00 AM
in the Clubhouse Ballroom.



We need volunteers to bake. We have had a wide variety of wonderful baked goods in the past.

For example: cakes, cookies, cupcakes, pies, and some savory items, too, such as quiches and cheese wheels. If you are able to bake for us, but cannot deliver,

Pat Coyle (732) 223-0518 and **Sheila Devenish** (732) 612-3341
will be glad to pick up the items from you.

Please contact us and let us know what you would like to bake.

Tea and coffee will be served. Come chat with your friends while enjoying homemade goodies.

Proceeds from the Bake Sale will help support future activities of the Four Seasons Women's Club, such as the Scholarship Fund and others.

Please save the date. We look forward to seeing you there!

-Sheila Devenish



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Four Seasons Food-Lovers

WINTER

You made it through the holidays and now you're working your way toward spring. Woo Hoo! Let's all cozy up to a crackling fire and enjoy some cold weather fare. *Betty & Ellen*

Citrus Raisin Strata

(Submitted by Lorraine Murray)

- 10 slices cinnamon raisin bread
- 3 eggs slightly beaten
- 2 cups half & half or light cream
- 2/3 cups sugar
- 1 ½ tsp. grated orange rind or dash of Orange juice
- 1 tsp. vanilla

Tear bread into bite size pieces. Place in greased 2-qt. square baking dish. Combine eggs, cream, grated orange rind (OR juice if using) and vanilla. Pour over bread in baking dish. Bake uncovered 45 mins. in 350 deg. oven (or until knife inserted in center comes out clean.) Let set for a few minutes after serving.

Shepherd's Pie

(Submitted by Aine Lynch-Powers)

- 1-2 lbs. minced lamb
- 3-4 celery stalks & 2-3 garlic cloves chopped
- 1 large onion diced
- 6-8 potatoes mashed with salt, pepper, butter and milk until smooth

Sauté celery and onions in olive oil. Add lamb and sauté. Place in bottom of casserole; add cooked carrots, peas or any vegetable you like. Cover with mashed potatoes; bake 20 mins. on warm to brown top.

White Bean & Kale Soup *(Submitted by Betty Kapalla)*

- 1 lb. dried white beans--cannellini or Navy
- 2 onions coarsely chopped
- 4 garlic cloves, finely chopped
- 5 cups chicken broth & 2 qts. water
- 1 3x2" piece Parmigiano-Reggiano rind
- 2 tsp. salt; ½ tsp. black pepper; 1 bay leaf
- 1 tsp. finely chopped fresh rosemary
- 1 lb. smoked sausage such as kielbasa, sliced crosswise ¼" thick.
- 8 carrots halved lengthwise and cut crosswise into ½" pieces
- 1 lb. kale, stems & center ribs discarded & leaves coarsely chopped.

Cover beans with water by 2" in a pot and bring to boil. Remove from heat and let stand uncovered 1 hour. Drain beans in colander & rinse. Cook onions in 2 tbsp. oil in 8-qt. pot over low heat. Stir occasionally until softened, 4-5 mins. Add garlic & cook, stirring 1 min. Add beans, broth, 1 quart water, cheese rind, salt, pepper, bay leaf & rosemary. Simmer uncovered until beans are tender, about 50 mins. Brown sausage in batches in a heavy skillet over moderate heat, turning, and transfer to paper towels to drain. Stir carrots into soup & simmer 5 mins. Stir in kale, sausage & remaining qt. of water and simmer uncovered, stirring occasionally until kale is tender, 12-15 mins.

Chocolate Cream Pie

(Submitted by Joan Valeriani)

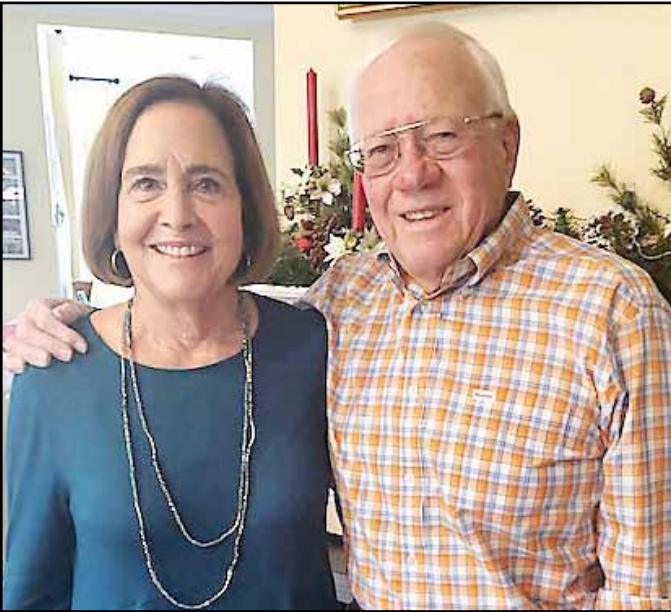
Whisk together 2 ½ cups whole milk, ½ cup sugar, ¼ cup corn starch, 3 egg yolks & ¼ tsp. kosher salt in large saucepan; cook over medium heat, whisking until thickened, 7-8 mins. Whisk in 8 oz. chopped semisweet chocolate and 4 tbsp. cut-up unsalted butter. Pour into prebaked 9" piecrust. Chill until firm, 4-5 hrs. before serving. Whip 1 cup heavy cream and spread on top with ¼ cup shaved chocolate.

On the Street Where You Live

Ellen Maffey-Koons & Frank Koons

2534 Sparrowbush Lane

Photo by Joan Daurio



Entering another very beautiful residence with soothing music playing, I felt very comfortable and right at home. It was also immediately clear that this couple is truly family-oriented: there are photos all over showing great times being shared by all happy generations of this large, extended family.

Ellen grew up in Elizabeth, attending Catholic elementary and high schools, while Frank's youth through high school was spent in Norristown, Pennsylvania. Ellen went on to be awarded a degree in Elementary Education at Marywood College (now Marywood University). Following that she attended Newark State College (now Kean University) where she graduated with a Masters in Speech Pathology. Her first year of teaching was in Scotch Plains, followed by a year and a half in Elizabeth. After that she enjoyed a long stint of 29 years in Ocean Gate. She taught kindergarten in the original one-room schoolhouse of the K-6 elementary school. (By the way, that schoolhouse, built in 1914, is still in use today.) Ellen finished her career at Ocean Gate as the Basic Skills teacher, retiring in 2006.

Ellen has three sons, Rick, Mike and Dave Manzo with a total of 9 children who all live locally and are extremely close. (This year, they have one granddaughter in every grade from 1 to 5 and a grandson in K attending Allenwood Elementary School.) Rick and his wife (Toms River) own Shore Security Technologies. Mike and Dave (with their wives live in Manasquan Park, Wall) founded Atlantic Physical Therapy Center in Freehold in 2001. Mike is the physical therapist, taking care of all medical aspects of the company. Dave, with a degree in Finance and

Accounting, runs the business side. They recently opened their nineteenth office! Mike is also on the Board of the Ocean County College Foundation, and Dave is on the Board of Directors of the Caregiver Volunteers of Central New Jersey.

Frank attended Lafayette College in Easton, Pennsylvania, graduating with a BS degree in Industrial Engineering. His Dad was in the welding/steel industry in the Philadelphia area and Frank was working with him when his Dad suffered a serious medical problem. So at age 32 Frank stepped up and took over the business as it was steadily growing. In 1983 his oldest son joined the company as it continued to expand. In 2007 Frank retired after 51 years in the steel industry, and now enjoys playing golf, watching the Stock Market and following the grandchildren's events.

Frank also has 3 sons. The oldest, Frank, and his wife live in Pennsylvania with a daughter at Jefferson Medical School in Philadelphia and a son, a sophomore at Washington College in Maryland. The middle son, John, lives in Japan with his Japanese wife, where he designs and enhances websites for companies in various countries. The youngest son, David, lives in Colorado with his wife and 4 children ranging in age from 10-18. David is a business consultant.

As mentioned earlier, Ellen and Frank are exceptionally family-connected, and they're also always on the go. Each year for the past 12 years, they have taken one family of the next generation to Disney World. Additionally, they have a 17-year New Year's tradition of visiting some special US destination along with another couple. Among many others, venues have included Key West, San Antonio, New Orleans, Las Vegas, D.C., and St. Augustine. They also enjoy Aruba, travel vacations on land tours and ocean and river cruises.

Time was running out, so I didn't get to ask how and where they met and connected. However, I do know that they were married in July of 1999 at Crystal Point just over the bridge in Point Pleasant! How neat is it to think that they will be celebrating their 20th anniversary living so close to this place that holds such endearing memories for them and their families?!

Hardly finished unpacking, Ellen stepped right in to join the Women's Club and Social Concerns, where she has already been an extremely productive member. Last spring she and Frank played Mixed Bocce as newcomers to the game. In the fall's Women's Bocce league Ellen did exceptionally well, finishing as the #1 champs with her team! You can find them both enjoying our newly intro-

Continued on page 37

cont'd from page 36

duced monthly *Happy Hours* where many Newbees share laughter, great food and swap stories. Be sure to meet this warm, welcoming couple as they continue to get more involved with our varied activities.

-Joan Daurio



Milestones



Then and Now of Dorothy and Henry Shawah who are celebrating their 70th Wedding Anniversary

Is it possible that no one at Four Seasons has had a special birthday or anniversary in a while? We would love to congratulate you in *The Voice* with a notice and picture. You can contact me at editorvoicefs@gmail.com or 973-641-5436. If you would like to post a picture and feel computer illiterate, we have lots of help for you.

- Ann M. Alexander



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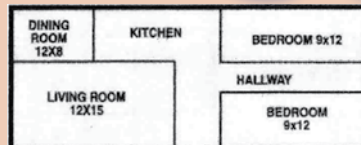
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