



THE VOICE

FOUR SEASONS NEWSLETTER

The Official Newsletter of Four Seasons at Wall H.O.A.

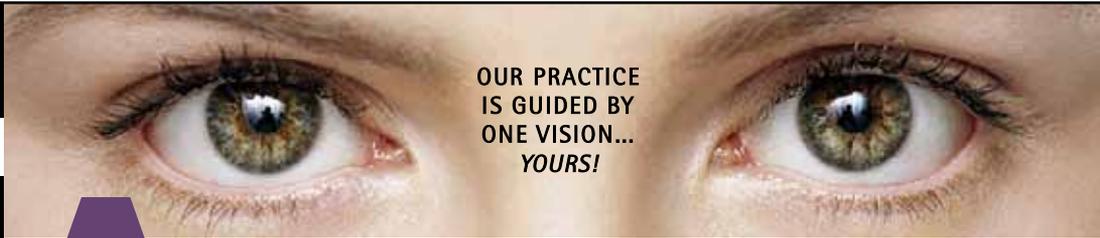


JULY 2016

VOLUME 17 ISSUE 7

Tranquility

- Photo by Wendy Roebuck



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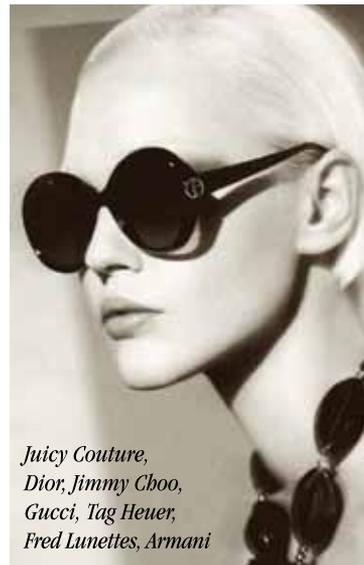
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chuck.braun@fsresidential.com

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nancy.lindstrom@fsresidential.com

***** Wednesday Open Meetings *****

Wednesday, July 20, 11:00 AM

Wednesday, August 3 & 17, 11:00 AM

***** 2016 General Membership Meetings *****

Thursday July 21, 7:30 PM

Thursday October 20, 7:30 PM

*****Candidates Night*****

Wednesday September 7, 7:30 PM

*****Annual Membership/Election Results Meeting*****

Tuesday September 27, 7:30 PM

Staff of The Voice

Arlene Burns, Joan Daurio, Jean DeSantis,

Marilyn Falvey, Bob Granata, Betty Kapalla,

Karen Meister, Walter Nicholson, Carol Oberhauser,

Dan O'Connell, Mary Schenone, Lorraine Walsh

Deadline for *The Voice* is the 25th of the month. If the 25th falls on a weekend, the deadline is the preceding Friday.

Please send your articles for *The Voice* as an MS Word attachment to:

Nancy Lindstrom at nancy.lindstrom@fsresidential.com

***The Voice* online:**

www.wentworthconnect.com/fourseasonsatwall

***The Voice* staff is committed to producing a newsletter that publishes timely information and announcements for, about, and by the residents of Four Seasons.**

- News articles and announcements will be given first priority. Human interest and other “features” are welcome and will be printed as space permits. Articles may be edited.
- No editorials, letters-to-the-editor, or articles of a political nature will be printed.
- No material of any nature that has appeared in another publication will be accepted.
- Monthly deadlines will be strictly observed to allow the production time necessary for publication.
- Your cooperation is appreciated.

TRUSTEES' CORNER

Route 70 Property

The Wall Township Planning Board approved all preliminary, amended and major resolutions with associated variances related to the site plan development for the property located at 2649 Route 70. This 6.5 acre site has now been subdivided into seven lots. There is an expected 10,000 sq. ft. child care facility called “The Learning Experience” to be constructed on a single designated 4.4-acre commercial lot and six single family homes have been proposed for construction on the remaining designated 2.1 acres of residential subdivided lots. The timing of any construction is not known, but we will continue to work closely with our attorney in monitoring any violations to the final terms and agreements in the development of this property.

Summer Watering

As noted in our recent 800 community call, various watering schedules have been put in place in an effort to manage our sprinkler system watering during dry periods. However, our watering systems are basically supplemental to what you would consider are the special watering needs for your property. Our staggered watering schedules must take into account our monthly and annual water allocations from the Department of Environmental Protection. It is sometimes difficult in extended dry periods to remain within this allocation and not be exposed to any potential fine. You should report any sprinkler heads that are not functioning to DTE irrigation (732-833-7702 ext. 115 or cprochaska@downtoearthlandscaping.com.) If you feel that there are common areas near your property or other areas of your property that are not receiving coverage by the sprinkler system and are not pleased with their condition, we can only ask your assistance and thank you in advance, that you would consider providing some supplemental watering from your own hose or sprinkler.

Community Website

We will now begin the roll-out of our new community website, *FourSeasonsWallNJ.com*. Belmar Design will be conducting several training sessions for our residents focused on site registration, familiarization and navigation. Several club and group leaders attended a preliminary in-house site demonstration by our web team and further refinements based on their comments have been implemented. Our website administrators, **Marilyn Carpini, Marilyn Wehner, Bill Lawless**, along with Board members **Barbara Roche** and **Joe Daurio** will soon be reaching out to various club and group leaders and especially to those who plan to post information on the site to have a process in place that will make this a great community website.

Continued on page 4

Memorial Day - May 30, 2016

On a rainy and gray morning the Marines of Four Seasons and their fellow American Legion comrades paid tribute to our nation's fallen heroes. Having to move the ceremony inside did not at all diminish the attendance of the loyal Four Seasons residents and their relatives and friends.

A brief statement by **Anthony T. D'Altrui**, representing the Marines, and **Rich Mezzaca**, representing the American Legion, stood side-by-side to pay respect to the fallen. The customary musical salute to all of the armed services was followed by a presentation by **Bill Burns** of the Marine of the Year Award, made posthumously to **Charlie Peterson**. His wife **Barbara** accepted this along with a bouquet of flowers. Bill also recognized the passing of **James Brennan** who, along with Charlie, was not only part of the Marines but an active member of the community in various positions of leadership over the years.

In addition, the annual Community Person of the Year was awarded to **Joan Daurio** for her tireless efforts in various community functions. The morning's event was concluded with the playing of taps.

-Anthony D'Altrui



TRUSTEES' CORNER

cont'd from page 3

General Membership Meeting Thursday, July 21

Please plan to attend the General Membership meeting on Thursday, July 21, at 7:30 PM in the clubhouse. An important item on the agenda will be the upcoming election to fill three open positions on the Board.

OPEN BOARD MEETINGS, WEDNESDAYS,
July 20, August 3 and 17 at 11:00 AM



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Photos by Joan Valeriani



Marines & American Legion stand together.



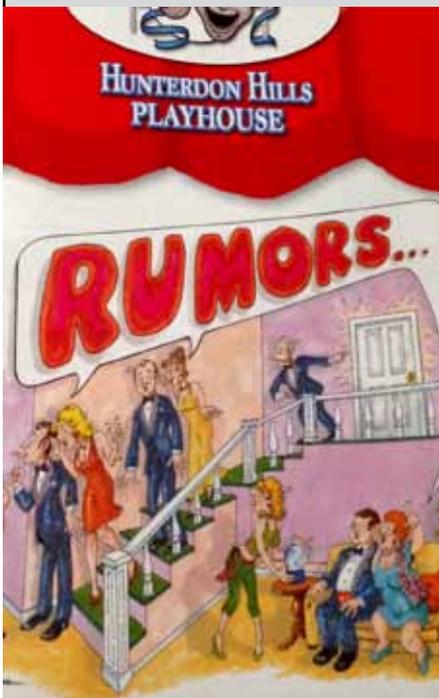
Barbara Peterson with Bill Burns, a heartfelt moment.



Joan Daurio receiving her award from the Marines.

TWO GREAT ON-THE-GO TRIPS

Photos by Joan Valeriani



AMERICAN LEGION

Photo by Lorraine Murray



Anthony D'Altrui explains one of the many points of interest at the Vietnam Memorial in Holmdel to members of Post 529. See article on page 12.

STRIKES, SPARES AND OTHER FOUR SEASONS BOWLING NEWS

The Fall Season starts Thursday, September 8th.

If you are interested please contact me at 732 292 9255.

See accompanying photo of our First Place team for the spring session;

Photo by Lorraine Murray



First Place Team: Harry's Angels, from left to right, Nancy Dietz, Pat Molen and Eileen Bagley.

Harry's Angels: Nancy Dietz, Pat Molen and Eileen Bagley.

Casey's Corner (In Memory of Harry Casey)

Exercise for People over 65

1. Begin by standing on a comfortable surface, where you have plenty of room at each side.
2. With a 5-lb potato bag in each hand, extend your arms straight out from your sides and hold them there for as long as you can. Try to reach a full minute, and then relax.
3. Each day you'll find that you can hold this position for just a bit longer. After a couple of weeks move up to 10-lb potato bags.
4. Then try 50-lb potato bags, and then eventually try to get to where you can lift a 110-lb potato bag in each hand and hold your arms straight out for more than a full minute. (I'm at this level.)
5. After you feel confident at that level, put a potato in each bag.

Rich Murray



WELCOME WAGON

Our new Welcome Wagon Committee, headed by **Linda Roszkowski** and assisted by her very dedicated crew of **Linda Okrasinski, Joann Petti, Jane Rowe** and **Ann Square**, hosted a very lovely reception for recent newcomers on June 8. The ballroom was decorated in a beautifully soothing lavender, with balloons, colorful tablecloths, an irresistible table of both healthy and sinful nibbles and a spectacular purple and white centerpiece bouquet (which a lucky newcomer won to take home!).

Our 'Newbees' introduced themselves and provided brief descriptions of their backgrounds, where they moved from and where they are now settling in. Some haven't even moved here yet, but fortunately were able to join us for the festivities. After welcoming words by our illustrious H&R Chair, **Tom Kane**, several other club chairs took the mic for short introductions of their specific activities. There were plenty of 'Pioneers' on hand to welcome the new crowd and it was all in all a very warm and appreciated event.

-Joan Daurio



Photos by Joan Valeriani



Several of our newcomers were welcomed and celebrated in the ballroom on June 8. Pictured here are (seated, from left): **Barbara Robinson, Lois Tomae, Nancy Frangione, and Tom Joyce**; (standing, from left): **Armine Papazian, Dave Robinson, Anita Kneelely, Mike Zajac, Barbara Gadarian, Steve Gadarian, Julie McClure, Bill Romeo, Ed Morris, Peggy Morris, Tom Nee, Frank Frangione, Peggy Nee and Rose Joyce**. (Missing from photo are **Carol Mahoney, Nina and Don Rodgers**.)

NEWCOMER RECEPTION – JUNE 8, 2016



The New Welcome Wagon Committee did a fine job!
(From left ©Joann Petti, Linda Okrasinski, Linda Roszkowski, Ann Square and Jane Rowe.)

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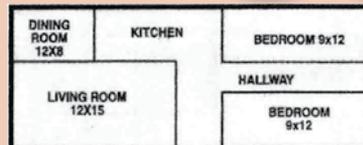
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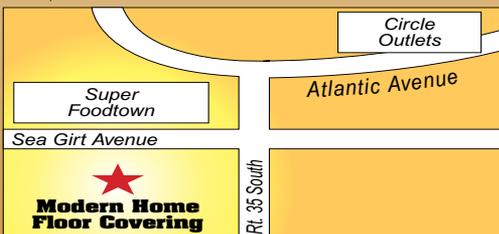


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UPCOMING EVENTS

Hot Dog Saturdays - Hosted by:



July 23: American Legion

August 6: Golf



July 30: Croquet

August 13: Fitness



Grab a Ticket
Margaritaville*

Selling Tickets:
Tuesday, July 19

Clubhouse: 10:00 AM - Noon

* (Thursday, August 11 - BYOB - Ed Austin!)



Get Checked Out!

**Angio-vascular
Screening**

Tuesday, July 19
9:30 a.m. - 4:00 p.m.

Come Listen!



General Meeting

**Thursday, July 21
7:30 PM**

Don't Forget!

Bocce Luncheon

**Friday, July 29 - 12:30
Clubhouse Ballroom**



VETERANS' LAP TROWS

*Please join us once again in making
lap throws as a gift of love and thanks for our
wounded Veterans.*

If you have any questions, Please call

Patricia Nicholson 732-223-3905

Sheila Devenish 732-612-3341

*Finished throws may be dropped off to us
all through September & October.*

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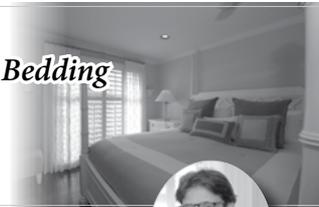
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BOARD OF TRUSTEES APPROVALS/ACTIONS

June 1, 2016 Open Meeting

- The Board Members approved one House and Rec Committee activity request: **1)** Nurses Club sponsored CPR training in conjunction with Life Force U.S.A. on Friday, June 10, 2016.

- The Board Members approved the Confires Fire Protection Service proposal for a total cost of \$511.00 to provide and install one Ames 4" check valve on the clubhouse fire sprinkler system.

- The Board Members approved the Tech Electric proposal for total cost of \$9,988.40 to replace the existing lighting in the Lakewood Road area.

- The Board Members approved the Thorpe's Nursery & Landscaping proposal for total cost of \$4,680.18 (after 10% discount) to replace the existing common area landscape plantings at various locations in late August or September 2016.

- The Board Members approved the AQC proposal for total cost of \$695.50 to clean the six clubhouse chandeliers.

June 15, 2016 Open Meeting

- The Board Members approved four House and Rec

Committee activity requests: **1)** Women's Club Sunset Dessert on Monday, June 13, 2016 at 6:45 PM, **2)** Singles Club Hotdog Picnic on Monday, June 20, 2016 at 5:30 PM, **3)** Women's Club Reception on Thursday, June 23, 2016 from 4 PM to 5:30 PM, **4)** Four Seasons On The Go's NYC Holiday Trip on Wednesday, December 7, 2016.

- The Board Members approved and accepted the Grounds and Irrigation Committee's recommendation and approved the Down To Earth Landscaping proposal for a total cost of \$1,237.50 to deep root feed 54 street trees.

- The Board Members approved the following proposals from Innovative Pressure Cleaning with a total cost of \$6,575.15. The first proposal, for \$2,990.65, will have them remove existing caulk from all clubhouse windows and doors and recaulk; prep, prime and paint all clubhouse window lintels; prep, prime and paint exterior clubhouse doors as necessary. The second proposal, for \$856.00, will have them prepping and painting the columns on the two porticos in the Lakewood Road area. The third proposal, for \$2,728.50, will have them prep and repaint the gatehouse exterior.

- The Board Members approved three World Class Roofing, Siding and Gutters as follows: **1)** 1516 Primrose Pl. - \$315.65, **2)** Lubricate weather vanes at clubhouse/gatehouse -\$267.50, **3)** Gutter cleanings at clubhouse (includes cleaning of flat roof surfaces), gatehouse, outdoor pool pump house and pool side gazebo - \$588.50.

- The Board Members approved reimbursing the five residents who recently completed CPR training 50% of their cost for the course.

- The Board Members approved the \$150.00 per month expense for calendar edits on demand for the new community website and a one-time fee of \$100.00 for *The Voice* scroll to be included on the website.



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As a resident of Four Seasons I appreciate all this community has to offer. Contact me if you're thinking of relocating.

Lynne Gould

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Cell: 732-299-4181

Fax: 732-223-0477

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HOUSE & RECREATION COMMITTEE

The Opening Pool Party on May 28 brought a record number of folks to attend. We believe this is the largest number of people we have had to date at an Opening Pool Party. There were thirty-five children at the pool that day and the crowd ate around 234 hot dogs!

H&R has some volunteer opportunities among our clubs and activity groups. We are looking for folks to chair and in some cases revive the following: the art studio, fishing, horseshoes, shuffleboard and the water lilies. The H&R Committee is looking for someone to assume the duties of secretary for the committee. To get an idea of what that entails contact **Millie Sheridan**. H&R is also looking for a few good men to form what we are calling the Grill Guys. The Grill Guys, hopefully numbering two or three men, much in the fashion of the fabulous Keg Crew, will monitor the propane on the grills periodically over the summer months. They will see if the tanks need to be filled and will take care of that duty when called for. If you're interested in joining the Grill Guys, contact either **Tom Kane** or **Bill Comis**.

The H&R Events Planning Committee hopes that you

will join us at Margaritaville right at our own poolside on August 11, from 7:00 PM to 10:00 PM. Standing in for Jimmy Buffett will be our Four Seasons favorite, Ed Austin. Check out *The Voice* for more details.

-Tom Kane



GROUNDS AND IRRIGATION

Members of the Grounds and Irrigation Committee and Chuck and Nancy are often asked by residents about the operation of their sprinklers. Concerned residents should call Cathy from Down to Earth at 732 833 7702 ext. 115 or e-mail her at cprochaska@downtoearthlandscaping.com and ask her to put in a work order to check the irrigation system on their property. Provide Cathy with your name, address, telephone number, and detailed description of the area you are concerned with.

-Arlene Burns



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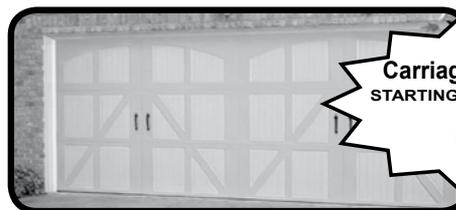
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AMERICAN LEGION

Arthur W. Potts Memorial Post 529

Veterans serving Veterans

Receives a donation from a thankful veteran and visits the New Jersey Vietnam Veterans Memorial and the Vietnam Era Museum and Educational Center.

Many of us have lived in the area for a number of years but not many of us have visited The New Jersey Vietnam Veterans' Memorial and the Vietnam Era Museum and Educational Center. Post 529 made the short trip up the Garden State Parkway to Holmdel on May 11. We received a private tour lead by **Anthony D'Altrui**, Commandant of the Marine League Detachment here at Four Seasons. Anthony, a Vietnam Veteran, is a docent who has taken numerous groups through the Memorial and the Museum (see photo page 6). There is much to see at the Memorial and the Museum including a 1964 Huey helicopter which saw two tours in Vietnam, the US War Dog Association Memorial, New Jersey Gold Star Family Monument, and the Purple Heart Memorial.

The most striking and solemn part of the Memorial is the three hundred and sixty six panels arranged in a large circle around a statue of a wounded soldier, a nurse administering to the wounded soldier and another soldier standing guard over them. Each panel represents a day of the year and spread across the panels are the names of the

one thousand nine hundred and sixty-three New Jerseyans who lost their lives during the Vietnam War. The panels are precise and reflect the day of the year we lost our favorite sons and daughters. If you get a chance visit the Memorial, pay respects to these New Jersey Veterans and if you can visit when Anthony is conducting a tour, better yet. **THANK YOU ANTHONY!**

Eileen and Dan Kehoe live in Wall. Dan is a Vietnam Veteran who recently became sick. The Kehoes traveled the same road numerous Four Seasoners have, local doctors, and then off to NYC and the bigger hospital. NYC doctors confirmed the local diagnosis. The Kehoe children were concerned; their father had served in Vietnam and their youngest felt that his father's illness was related to his service in Vietnam. He wanted his parents to contact the Veterans Administration to see if Dan was eligible for benefits. Finally, after numerous appeals from the children, but reluctant to ask, Eileen called the Veterans Administration in Washington DC. Her first contact was with a Veterans Administration representative who only dealt with denied claims. The Veterans Administration suggested she contact her local American Legion Post for help with filing a claim. They gave her Post 529's number.

Early on the evening of January 13 the Kehoes contacted Post 529. After conversation with the Kehoes, The American Legion Department of New Jersey and the Monmouth County Veterans Services, we put the Kehoes in contact with Debbie Bottomley, Director of Veterans Services for Monmouth County. Quoting from a letter Eileen Kehoe sent to the Monmouth County Freeholders: *"On January 15, 2016, we contacted Mrs. Bottomley. She was beyond helpful to us and such a pleasure to work with.... So meticulously detailed with her instructions, we really felt secure in thinking that we might know what we were actually doing. She laid everything out and worked for us via email, sending and faxing certain papers and also made herself available to check in with her if we had any other questions. ...In actually meeting with Mrs. Bottomley for the first time on February 17, 2016, we felt so proud because we had every document to help her advance our claim. ..."*

Eileen and Dan Kehoe came to Post 529's meeting June 13 and updated us on the progress of their claim. In May, Dan was awarded a monthly stipend from the Veterans Administration which acknowledges the fact that his illness is directly related to "Agent Orange" and his service in Vietnam. Dan is also eligible for care at a VA facility but has elected to stay with his current doctors. The Kehoes gave the Post a significant gift as their way of recognizing that, had it not been for Post 529 and the guidance we provided, they never would have been able to manage the Veterans Administration labyrinth.

- Rich Murray



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In addition to pain, damaged spinal joints and discs (cushions between the bones) will place pressure on the nerves that go down the arms, hand, fingers, and even the upper back. This 'pressure' is the cause of numbness/tingling. When left untreated, pain and weakness in the muscles may be the eventual result.

When the problem is in the neck or lower back, using over-the-counter, and even prescribed drugs to fix the cause of the problem is not the answer for many. And if medication fails, surgery might be considered the only other alternative. The doctors of Monmouth Pain and Rehabilitation want to let you know that there is another way. Come see what has given our patients pain and numbness relief. Their state-of-the-art facilities are located in Red Bank and Wall Township, NJ.

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"It Has Worked 100%."

I was having a problem with numbness and tingling in my left hand and had a MRI. The results required an operation, but luckily my girlfriend read the newspaper and read an ad about Monmouth Pain, so I called the office, made an appointment and went to see him and the result - I became a patient and I was lucky his treatments worked 100%. Thanks to Monmouth Pain and staff I am now able to use my left hand 100%. Sincere thanks.

Ulyess M. - Cook

"I Feel These Treatments Gave Me My Life Back."

"I was suffering with back and leg pain for three years and thought my life was over. The only comfort I got was taking pain pills but when they wore off the pain returned. My family found Monmouth Pain and they were very pleased with what they read about it. I feel he gave me my life back. The treatment is painless and I felt the difference."

Ellen E. - Retired Nurse

"I Can Guarantee You Will Not Be Disappointed."

"For over 10 years, I've had severe debilitating back pain, and saw numerous doctors, trying different treatments, and finally I was told the end result would be surgery, which I didn't want to have. As time went by my pain levels increased to an unbearable state. I couldn't walk, sit, stand, bend, sleep or even think and I thought for sure I would soon be using a cane or wheelchair. The thought traumatized me mentally and began to get depressed. A friend noticed how much pain I was constantly in and recommended Monmouth Pain. They were unable to manage my pain. From the very first week of Monmouth Pain's state of the art therapy techniques, my life began to change. The severe sciatica which plagued me for so many years began to lessen and lessen. The herniated disc in my lower back began to allow me movement, and it brought the biggest smile back to my face. His treatments are virtually pain free, comfortable, and totally relaxing. I would recommend "anyone" with severe, debilitating pain, who feels there is no hope or has given up on their previous doctors to come in, see for yourself and receive the blessing of having your life back. I can guarantee you will NOT be disappointed."

Helen B. - Administrator



"I Can Now Get My Sleep And Function At My Job And Enjoy The Things I Like To Do And Feel Great."

I had great results since I've been having treatments at your office. I was waking up at 4am with pain and numbness in my right hand. I don't wake up at 4am with pain anymore. I can now get my sleep and function at my job and enjoy things I like to do and feel great. I want to thank Monmouth Pain and his great staff. I recommended my friends to see what Monmouth Pain can do for them.

Karen S. - Administrator

"My Wrist Hurt So Much After Working On My Computer At Work!"

I am so grateful that I came to the office. When I first came I was suffering from pain in my neck that traveled down my shoulder, into my arm and hand. My wrist would hurt so much after working on the computer at work. My hand and fingers were even beginning to tingle. It was not only affecting my work but it began to compromise my personal life as well. Sleeping was very uncomfortable too. I am now feeling a lot better. The pain has subsided a lot. I am so glad that I became a patient here.

Raul D. - Computer Engineer

"It Is Such A Great Relief That I Can Sleep At Night."

I saw the article in the newspaper and said, "why not give it a try either it will or will not work." I was diagnosed with neuropathy in my feet. I was told there was nothing that could be done just medication I was trying to live with it. It is such a relief that I can sleep at night. There were times I could not fall asleep for days. I felt relief by the second week. I am looking forward to working again and not having any pain to stop me. Monmouth Pain and the staff are wonderful, very friendly, and put you at ease. I would recommend others to go to his office. The treatments really do work. Thanks.

Kathleen M. - Homecare



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POOL COMMITTEE

POOL CLOSED – VOLUNTEERS NEEDED!

Are you sick of hearing about the need for pool volunteers? Try to imagine arriving at the indoor pool on a weekend, once the summer is over, only to find a sign announcing this Board action above.

If there are not enough volunteers to meet state requirements for checking the pool water, the indoor pool must be closed on the weekends in fall, winter or spring.

A recent, comprehensive survey shows that we do not have enough volunteers to cover all the weekends. Of our current list of volunteers, half of the 21 are away to Florida and/or other places, for an average of three to five months. Additionally, for a number of personal reasons, there is some permanent loss of our regulars.

Please consider volunteering. IT'S EASY - and only 15 minutes each time – You take one of four choices on a weekend- either Saturday or Sunday -10:00 AM & 12:00 PM. or 2:00 PM & 4:00 PM. The contact person is **Tim Kearney** at 732-223-3693.

Let's not ever have to look at that sign.

Thanks!

-The Pool Committee




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COMPUTER CLUB

The Computer Club meets on the last Tuesday of the month. Our next meeting will be Tuesday, July 26 at 4:00 PM in the clubhouse ballroom. The July 26 meeting will be an open forum. Bring your digital camera and/or laptop and iPad 2 or 3 for downloading demonstrations. All residents of Four Seasons are members of the Computer Club and are welcome at all meetings. Bring your laptop computer and iPad 2 or 3, questions, and enjoy. We will have you home for dinner.

PS. You can always call us with computer questions. We wish to thank all the residents who helped us with our Memorial Day Hot Dog Sale. We wish you the best with Peace and Love. You were outstanding!

We need information from you

Please provide information regarding all computer and i-Pad related items to **Walter Nicholson** Menich1961@verizon.net and outstanding photos, new hardware and interesting websites to **Erwin Tepper**, etmd@Optonline.net; Thank you

-Erwin Tepper, Walter Nicholson

Clothing Drive Thanks

The 2016 Spring Clothing Drive for Mercy Center was completed on June 1 as three carloads of men's clothing and household items were delivered by volunteers **Marilyn Dick, Flo Jolly, Jeanne Shine** and **Caryl Yeager**. Our total number of donations for the Spring Clothing drive was 11 carloads. We would like to include a thank you to **Joan Valeriani** who was also a volunteer driver on May 24.

We are grateful to the entire Four Seasons community for their support and generosity.

-Dee Kerrigan, Kathleen Moran

Thank You

We wish to thank all the kind and generous people of Four Seasons for their prayers (they work), for the fruit, books, soup, meals and the numerous cards wishing **Walter** a speedy recovery. PS they also work. Walter is on the mend and saying a prayer for all the people that I know and also for those people that I don't know. Peace and Love.

-Patricia and Walter Nicholson



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Helpful Advice: When you are purchasing your new heating and air conditioning system, here are a few questions to ask your potential contractor in order to compare apples to apples and make your final decision.

Is your furnace 96.2% - two (2) stage variable speed with an ECM motor?

Is your air conditioning 16 SEER?

Will they use a Goliath furnace pan under the attic equipment?

Will you be getting a \$500 Save Green/\$250 Warm Advantage rebate?

Will you be getting new supply and return plenums with airtight collars, a Honeywell media filter and a new Honeywell thermostat?

Will you be getting a 10-year warranty on all parts?

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Carrier/Bryant matching air conditioning coil

Total Cost: \$7100.00

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Your Cost: \$6350.00

(10 Year Warranty on parts)

OR

Airtemp 95% efficient two-stage furnace with ECM motor

Airtemp 13 SEER efficient air conditioning unit

Airtemp matching air conditioning coil

Total Cost: \$6200.00

- Utility Rebate: 750.00

Your Cost: \$5450.00

(10 Year Warranty on parts)

**Before considering replacement of any of your existing equipment,
please contact us for a free, no pressure estimate.**

New Recreational Venue

Some weeks ago, an article in the *Asbury Park Press* caught my eye. The article was about a new facility in Eatontown featuring a unique recreational event. This would be ideal for Four Seasons as well, I thought. The article was about the opening of a new business: Stumpy's Hatchet House. (*This is a real place!*) At Stumpy's, you get to throw hatchets at a target. How unique. As I write this, we are constructing a thick wooden wall at the far end of the all-purpose room in the basement of the clubhouse. Keep your eye on *The Voice* for an announcement of the opening of the target range. For your convenience, the clubhouse gift shop will be selling various hatchets of different weights.

Some years ago, when we bought new sets of bocce balls, some ladies complained that the newer bocce balls were too heavy; hence, we have hatchets of varying weights available. The ladies might like the pink handled hatchets which are of a lighter weight. The macho men in the community might like to look at the hatchets sporting a camouflage handle. Since the Board does not allow open carrying of hatchets on the property, hatchet throwers will have to purchase sheaths to carry their hatchets into and from the clubhouse. These leather sheaths are embossed with the Four Seasons logo and for a small fee, your name can be engraved onto the leather and onto the hatchet as well.

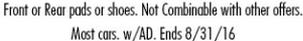
There's really nothing like a personally engraved hatchet. Of course, bullseye targets are available. Despite requests, we do not have targets with Presidential candidates' pictures on them. Once you purchase your personalized hatchet, we do not recommend practicing against the wall in your garage. These walls are actually too thin and after several throws, the wall might collapse. We will be having Woody Rampart giving throwing lessons. His schedule and signup sheets will be available on the counter at the clubhouse. Woody is a new resident, who recently moved into Blacksmith Row. He is a retired lumberjack and an expert hatchet thrower having won many hatchet contests up in the Yukon where he resided before moving to Four Seasons. So, drop by the gift shop and pick up a hatchet so you can be involved in this unique recreational venue in our community.

-Tom Kane

Thank You

I wish to thank everyone in the Four Seasons community for supporting and assisting the Smith family in our time of need. The outpouring of love was a wonderful tribute to my husband **John**.

-Linda Smith



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- As shown in our pictures, our travelers enjoyed two great trips so far this year. On May 25 a group of about 50 had a lovely luncheon and saw RUMORS at the Hunterdon Hills Playhouse. And on June 16 a group went to New York to the Tenement Museum, lunch in Little Italy at La Nonna's, and to the Irish Famine Memorial. We have been fortunate to have fabulous weather and good times on all our trips.

- **July 20 Lunch and Luck**, Atlantic City, Smithville Inn, \$15 Slot Credit & a show ticket to the Nik Wallenda's Zircus. \$55. **Waiting List.**
- **August 1 Guggenheim Museum**, guided tour and lunch at Carmines. \$94. **We have openings for this trip.**
- **September 9 Bateaux NYC**, lunch and narrated trip around Manhattan and time at either Chelsea Market or the High Line. \$91. **Waiting List.**
- **December 7 NYC Holiday Bus. 9:00 a.m. – 7:p.m.** Drop off at Duffy Square, St. Patrick's Cathedral, or New York Public Library. \$25 **SIGN-UP ON OCTOBER 18. 10 a.m. - 12 noon.**

Please call Joan Valeriani, 732-528-2116, for any trip information.

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SINGLES CLUB

The Singles Club held its final meeting of the season on Monday, June 20 and celebrated the beginning of summer with an indoor hot dog picnic. Approximately 50 singles, including several new members and new residents, gathered in the ballroom and enjoyed grilled hot dogs with all the fixings, salads and side dishes, followed by dessert and coffee.

We were entertained by the musical skills of talented **JoAnn Schwarzbek** on the piano. **JoAnn** played a few Broadway tunes, a Frank Sinatra favorite, and accompanied the "Diamond Girls" who reprised their wonderful Holly Follies interpretation of "Diamonds Are a Girl's Best Friend." The Diamond Girls included **Eileen Bagley, Clare Bellucci, Agnes Conlan, Marilyn Dick, Theresa Driscoll, Dee Kerrigan, Rosemary Kirchner** and **Ollie Kraemer**. Our favorite songbird **Pat Schueler** performed a beautiful solo of "Lazy, Hazy Days of Summer." The program closed with everyone raising their voices in a sing along of old favorites, followed by "God Bless America." It was a most enjoyable evening and a great way to end our season and welcome summer. See you on the veranda Monday evenings and back to business in September!

Have a Happy and Healthy Summer!

- Marilyn Carpini



MEN'S BOCCE LEAGUE

STARTS SATURDAY AUGUST 06, 2016

GAMES ARE PLAYED SATURDAYS: 9:00 AM, 10:00 AM AND 11:00 AM

THE BOCCE PARTY WILL BE HELD AT SIMKO'S-BRIELLE FOLLOWING THE PLAYOFFS ON

SATURDAY, OCTOBER 8, 2016

FILL OUT TEAROFF AND ATTACH CHECK PAYABLE TO:

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TO FACILITATE SCHEDULING FILING DEADLINE IS JULY 20, 2016

DROP-OFF BOX - JOHN TIRPAK, 1518 BAKER'S PLACE

NAME-----

ADDRESS-----TELEPHONE-----

PLAYERS WHO REQUEST TO BE PART OF A PARTICULAR TEAM INDICATE

OTHER TEAM MEMBERS BELOW:

(2)----- (3)----- (4)-----

BOCCE COMMITTEE: Joe Paccione and John Tirpak Co-Chairs,
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GOLF CLUB

On June 14 we had our Four Seasons Golf Club outing at Pebble Creek Golf Club in Colts Neck. The Golf Gods cooperated and gave us a beautiful day. We had 36 golfers. A good time was had by all who attended. The women played a scramble, the winning group for the women was **Diane Carroll, Betsy Gallo, Joan Grogan and Joan Valeriani**. The men played a Two Man best ball format. The winning foursome was **Bill Lawless, Al Guippone, Al Kirchhein** and **Tony Salatto**. The winner of the Closest to the Pin for the men was **Al Kirchhein**. A Big Thank You goes out to **Joe Walsh** for setting up the tournament, **Al Kirchhein** for setting up the pairings and the handicaps and **Tony Randazzo** for handling the Mulligans.

The next event we have is Four Seasons Golf Club Day at Monmouth Racetrack on Friday August 12. This event is open to all Four Seasons residents and guests. The price will be \$45.00. Please see the flyer in this month's *Voice*. If you plan on going, please get your check to **Joe Walsh** at 1504 Baker's Place. This is an event that has very good attendance every year and you get to enjoy the afternoon at one of the best horse racing venues in the area.

On Tuesday August 23 we will have a Nine and Dine. We will play nine holes of golf starting at 2:30 PM at Pebble Creek Golf Club and then head over to the new Huddy's Inn located at 20 County Road #537, right next to the golf course. This is a fun social event; please join your fellow neighbors for some good golf and camaraderie. The price will be \$68.00 for golf and dinner and \$35.00 for just dinner. Please see the flyer in this month's *Voice*. Checks for this event may be dropped off with **Pat Moore** at 2580 Collier Road.

-Pat Moore



Golf Champs

Photo by Tony Randazzo



Women's Scramble Champions at Pebble Creek on 6/14.
**Joan Grogan, Joan Valeriani, Diane Carroll,
Betsy Gallo.**

20 JULY, 2016 *The Voice*

NURSES CORNER

What is Angio-Vascular Screening?

An Angio-Vascular Screening program was recently developed by a group of physicians from Meridian Cardiovascular network at Jersey Shore Medical Center who monitor it very carefully. It is designed to provide you with information about your circulation and risk of heart attack and stroke. Every 30 seconds someone suffers a heart attack and every 45 minutes another person has a stroke. Because a stroke or heart attack can often occur without warnings or symptoms, having the facts about your vascular health is a vital first step in prevention. This program was completely booked when I last scheduled it in Four Seasons. I have been asked by many residents to provide this program again. It is now scheduled for **Tuesday, July 19** from **9:30 AM to 4:00 PM** in the all-purpose room. Your 15 minute vascular screening includes:

- Carotid Artery Ultrasound
- Peak Systolic Velocity (PSV)
- Ankle Brachial Index
- Blood Pressure in both arms
- Abdominal Aortic Aneurysm
- Body Mass Index
- Heart Rhythm EKG and Pulse

Immediately following the screening, you will have a consultation with a Registered Nurse who will provide you with a full color report of your results which you can share with your own physician. This screening is far superior to *Lifeline Screening* which takes 3 weeks to mail you a report: there is also no one available to speak to or ask questions, and the cost is \$120.

Pre-registration is required for this screening. If you wish to have these tests (which I consider invaluable because they can often identify problems before they cause a crisis), call 1-800-Doctors or 1-800-560-9990. We are being given a special discount price of **\$49.95**, which is incredibly reasonable for such a comprehensive screening. I advise you to call immediately if you have not done so already, because only a limited number of people can be examined each day. Flyers were delivered earlier to all homes. If you have any questions, please feel free to call me.

-Aine Lynch-Powers



Thank You

Words can hardly express my heartfelt thanks to the wonderful people in Four Seasons for all the kindness shown me during the illness and passing of my beloved sister, Eileen Dunne. Your caring will never be forgotten.

-Virginia Dunne



BILLIARDS

Our spring tournaments this year were all straight pool games with a smooth transition to this type of play for the first time by our women players and a very well-played third time straight pool tournament by the men. If you haven't noticed, all four tables in the billiards room have been completely refurbished, including a full leveling, side rail alignment, cushion tightening and a new "tournament green" color felt. So come and check out these nicely upgraded tables with some practice play and you will find that they offer a great playing surface regardless of your skill level.

The Billiards Committee continues to encourage all interested residents (men and women) to sign up for one of our tournaments and have some enjoyment in our community's grand billiards room on our newly improved smooth and slick tables.

We expect to schedule our next tournaments for both the men and women in the fall (mid or late September start). We will continue to email all present and prospective players about an upcoming tournament and also try to post a notice a month ahead in *The Voice* followed by a sign-up sheet on the clubhouse counter.

If you want to know more about the tournaments, you can contact one of the Billiards Committee members (**Sal Libecchi, Joe Daurio, Sander Kelman, Dave Heskin**) for more information.

Women's Match Results – Straight Pool 2016 Spring

Congratulations to **Linda Roszkowski**, the A tournament winner, and **Ann Square**, the B tournament winner. The final A&B tournament match on May 24 resulted in **Ann Square** as the first women's straight pool tournament champion with many straight-on pocket shots and demonstrating that the B group is not to be taken lightly.

Men's Match Results – Straight Pool 2016 Spring

Congratulations to both **Sander Kelman**, the A tournament winner, and **Bob Pless** the B tournament winner. The super final A&B match on June 15 resulted in **Sander Kelman** pulling through as the full tournament winner. Their later scheduled final match was able to be played on the recently upgraded tables with both players exhibiting many fine shots.

-Joe Daurio



Photos by Joe Daurio



Straight Pool Women's Spring 2016 Tournament
Ann Square tournament winner and "B" group on the left,
Linda Roszkowski winner of "A" group on the right



Straight Pool Men's Spring 2016 Tournament
Sander Kelman tournament winner and the "A"
group on the right, **Bob Pless** winner of the "B"
group on the left

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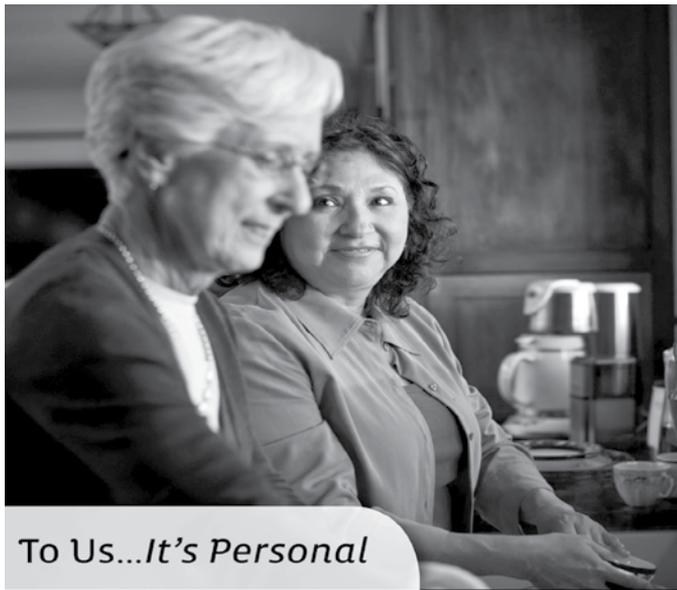


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References:

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Patricia & Walter Nicholson
Eleanor & Bill Burns
Joyce & Al Kirchein
Linda & Bob Okrasinski

Thank you,
Micheal
We look forward to serving you!

OFFER EXPIRES 7/31/2016

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TIPS...FROM THE GARDEN CLUB

Nature is exciting...hot, cold, wet, dry, thunderstorms and rainbows, deer, rabbits, squirrels or chipmunks, bees or beetles...it's always a different day in the garden. To add to my euphoria, I am in Ohio watching (two) 50-year old wild cherry trees surrounded by maples, white pines, and blue spruce under which is a prize winning shade garden being removed from my son's backyard.

Getting back to reality at Four Seasons, this is what I recommend for your July and August excitement:

*Water, weed, feed, and deadhead. The latter means to remove the stem of the dead flower, not just its head. This simple cut will ensure that your garden "keeps blooming" and the strength goes to the roots, not to making seed pods. I assume that you have deadheaded peonies, iris, and lilies and now will move on to the summer perennials; Shasta daisies, lavender, cone flowers, sea pinks, veronica, yarrow, delphinium...to name a few.

*Roses, of course, but I only deal with Knock Outs. In spite of original advice of no deadheading, spraying etc., they have been a big disappointment and need all the help they can get! For other rose advice, you know the answer: call Aine!

*It is time to cut back your; Iris to 8-10 inches above the rhizome. When new growth appears, do not cut. Pinch the buds on your mums for later and larger blooms.

*In August it is time to add a few annuals to give color back to the garden. Do not forget you also need to deadhead geraniums, petunias and marigolds.

Whatever excites you; your walk, your pet, the golf, tennis or bocce courts, the pool, beach or ocean...take in the natural beauty that surrounds you and...ENJOY!

-Arlene Burns

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BOOK CLUB

The Four Seasons Book Club meets on the second Monday of each month in the clubhouse library at 7:00 PM. Following are the books to be reviewed in the next few months:

- Monday August 8 *Personal History*
by Katharine Graham
- Monday September 12 *A Man Called Ove*
by Fredrik Backman

We welcome all Four Seasons residents. There are no requirements, just a love of reading and a willingness to share your thoughts, impressions and feelings on the books selected. Should you have read a book which you feel would be a good choice for the Book Club, come and offer it as a future selection.

- Sheila Wilten



A Moment in Time

In the late spring of 1978, I was busy studying for my Master's Comprehensive exams at New York University and also working as an assistant to my professor and mentor, Roy Sparrow, when he tapped me on the shoulder and said that I was wanted in the Dean's office. The Dean's office?!!! I had never met the man. Filled with anxiety, I crossed Washington Square to his office. Without preamble, he told me that I had been selected to be the student speaker at the upcoming Commencement Ceremonies in Washington Square Park in front of 10,000 graduates, families, friends, academic and government dignitaries, and my Sisters of the Good Shepherd. To say that I was stunned, amazed and unable to really process what he said would be an understatement.

When I returned to my department office, Professor Sparrow was standing there, arms wide open and grinning ear-to-ear. HE KNEW! He had placed my name in the competition for the honor. What was I going to say? After much thought, prayer and research, I decided to speak about ethics, integrity and accountability.

Finally, the day arrived. The Square was jam-packed. I walked among the dignitaries to the podium. And, I gave my speech. The commencement ceremony was broadcast on radio and also picked up by some N.Y. newspapers, one of which noted my concern with commitment to "personal integrity and personal accountability." The article quoted:

"Individual responsibility can easily be lost in the bigness that characterizes today's society. Institutions are morally impotent unless they are supported by the sense of responsibility of living individuals. To be ethical does not mean to be naïve. Rather, it means having the moral courage to face facts as they exist – not to color them to conform to our own selfishness."

The article also picked up the section where I said that the graduates had acquired the skills with which to ask the right questions that lead to rational decisions, but "Have we learned to ask the questions that lead to ethical decisions? Have we learned to ask "Is it right?"

I recently reread the whole speech all these years later; I wouldn't change a word.

-Elaine Vogel



IN MEMORIAM

Eileen Dunne
June 17, 2016

Thomas Osterbrink
July 9, 2016

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|--|---|-------------------------------------|---|-----------------------------|
| 18 | 19 9:00am ACC 9:30am-4:00pm Vascular Screening | 20 | 21 7:30pm General Membership Meeting | 15 July 22 |
| 25 | 26 4:00pm Computer Club | 27 9:00am Investment Club | 28 | 29 |
| 1 August | 2 9:00am H&R 9:00am ACC | 3 | 4 1:00pm Pool Committee | 5 |
| 8 4:00pm American Legion 7:00pm Book Club | 9 | 10 | 11 | 12 |
| 15 | | | | |

WEEKLY RECURRING EVENTS

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| Monday 8:00am Mermaids 9:00am Advanced Yoga 9:30am Power Walk 9:30am Water Lilies 12:30pm Bridge 1:00pm MahJongg 7:00pm Shanghai Rummy 7:00pm High Rollers | Tuesday 8:00am Mermaids 9:00am Gentle Yoga 9:30am Water Lilies 12:30pm Bridge 1:00pm Shanghai Rummy 7:30pm Bingo | Wednesday 8:00am Mermaids 9:30am Bridge Instruction 9:30am Power Walk 9:30am Water Lilies 12:30pm Bridge 1:00pm MahJongg | Thursday 8:00am Mermaids 9:30am Water Lilies 12:30pm Bowling 1:00pm Canasta 7:00pm MahJongg 7:00pm High Rollers | Friday 8:00am Mermaids 9:30am Power Walk 9:30am Water Lilies 1:00pm Shanghai Rummy 1:00pm Bridge 7:30pm Movie |

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WOMEN'S CLUB

Our Sunset Dessert on June 13 with the theme *Get Your Grove On!* was a delightful decorative, festive, delicious and lively musical event to be remembered. What was it, the 5th time in a row that Mother Nature didn't shine brightly allowing for a veranda treat? Not to worry: it was fantastic nonetheless! **Barbara Sands** and **Marilyn Wehner** headed a huge committee of extremely competent helpers. Photos are great, but cannot fully relay the joyous atmosphere that our ears, eyes, stomachs and hearts were treated to. Handsome, hatted bartenders (**Bob Bennett, Jerry O'Callahan, Anthony Pilone and Craig Sands**) smilingly handed out flutes of champagne with a new twist: fresh raspberries. Equipped with noble liquidity, the ladies were free to roam around and admire colorful decorations reminiscent of earlier times – tables were adorned with tie dye cloths and napkins, mini-disco balls and 33 records with purple, green and orange balloons flying overhead.

The most difficult part of the evening was trying to quiet the room so the business meeting could begin. **Marge Granata**, our outstanding but unfortunately outgoing Co-President, tried to briefly thank all the many committee chairs who were so dedicated throughout the year: the list was naturally anything but brief! After that we heard a final report from our inspiring Co-Chairs of Social Concerns, **JoAnn Schwarzbek** and **Marilyn Carpini**.

Carol Oberhauser, Chair of the Scholarship Committee (with **Terry Eirich, Joann Petti** and **Pat Schueler**) was happy to introduce the recipients of our two \$1,000 scholarships: Carleigh Palmieri (Communications High School) and Andrew Kosinski (Wall High School). Their short talks convinced us that our committee had done an admirable job in selecting two stellar, well-rounded students.

Then **Terry McCormick** and **Kathleen Moran** (representing the Nominating Committee of **Terry, Mary Grodkiewicz, Carole Korolkoff** and **Geri Tirpak**) dutifully and respectfully installed our newly elected officers: **Kathy Krause** and **Pat Coyle**, Co-Treasurers; **Sheila Wilten** and **Karen Meister**, Co-Secretaries; **Mary Grodkiewicz** and **Joan Daurio**, Co-Presidents

Now with everything officially wrapped up, it was time for desserts and music! Lovely 'waitresses' served coffee, tea and trays of magnificent delicacies from *What's for Dessert?* Last, but most definitely not least, **Ann Alexander** introduced her nephew's band *The Kootz* "Rock 'n Roll with Fiber." That's when Retro took over. Our demure ladies began to laugh, sing, sway, and kick up their heels as they remembered favorite familiar tunes from the 60's and 70's. It was a totally rockin' Ballroom that brought a new energized dimension to the term 'active adult!'

-Joan Daurio

Social Concerns

The Social Concerns Committee and the Co-Presidents of the Women's Club would like to express their gratitude to the women of our community and the community at large for their generosity in supporting all of our charitable endeavors throughout the 2015-2016 season. We had a wonderfully successful year!

At the Sunset Dessert event, we recapped our accomplishments, which included two seasonal clothing drives, a Christmas Giving Tree for underprivileged toddlers, food bank donations, special Thanksgiving basket donations, frozen meals for the residents of The Center, monthly collections of toiletry and comfort items for military personnel deployed overseas, and nine monthly monetary collections and an unbelievably successful Walk-a-Thon for the Blaydes family.

Ladies, please consider joining the Social Concerns committee for the upcoming season. We guarantee that you will find it enjoyable working with the team and very rewarding. Have a happy and healthy summer!

-JoAnn Schwarzbek, Marilyn Carpini

WOMEN'S CLUB

Photo by Joan Valeriani



The Women's Club presented two very worthy graduating high school seniors each with a \$1,000 scholarship: Andrew Kosinski (Wall High School) and Carleigh Palmieri (Communications High School). After we heard both of them speak, we knew for sure that our Scholarship Committee (**Carol Oberhauser, Terry Eirich, Joann Petti** and **Pat Schueler**) had made wise decisions.

-Joan Daurio

Sunset Dessert

Photos by Joan Valeriani





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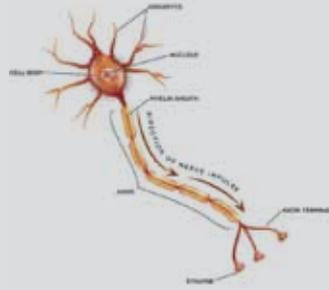
New FDA-cleared treatments provide hope

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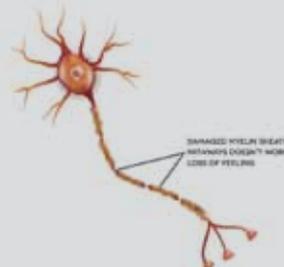
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Welcome our new neighbors, Jim and Carolyn Melia, to Four Seasons. They joined the community a little more than a year ago and are finally settled in their new home which they remodeled, and the results are just beautiful. Every room has its

own distinct character and significant mementos, inviting guests to share their memories, family, and interests.

Let me go back to 1958 when Jim was first introduced to Carolyn. They were both from Bay Ridge, Brooklyn but went to different high schools in the community. They met at the Junior Dance, where their mutual friend planned the meeting. They started dating and still remember their first date at the movies to see *The Blob!* There were many more dates to come, and in November, 1962, these two “kids” (19 & 20 years old) were married. Jim went to work for a shipping company and Carolyn worked as a secretary and receptionist for Gulf Oil.

By 1970, they were ready to move to the country in Marlboro, New Jersey, and their family started growing. Life was good. They were blessed with three children, James, Jerald, and Jacqueline, as Jim moved up the ranks from clerical entry jobs to supervisor to Vice President -Terminals for Atlantic Container Lines. His leadership qualities led to becoming a member of the Board of Directors at the New York Shipping Association (NYSA). In May, 1992 Jim accepted the position of Executive Vice President of NYSA, a position he held until he retired on December 31, 2010. Needless to say, Jim was a well-known and respected member of the shipping industry.

Carolyn had her hands full, taking care of the children and house. Four years later, their oldest boy was diagnosed with muscular dystrophy, a devastating blow for the family. They all remained strong with love and faith to care for James, who was a determined and fun-loving exceptional young man. He loved to draw and paint and go to baseball games wearing his ever-winning smile. He had the loving support of his parents, family and friends. James passed away in 1983 at the tender age of nineteen. However, his spirit lives on in the hearts of many. A James P. Melia Memorial Annual Award was founded in 1984 in order that young people can fulfill their dreams and educational goals,

just as young James tried his best to accomplish during his lifetime. This memorial scholarship was presented annually for 30 years and his spirit continues to live on in his hometown of Marlboro where a baseball field was named in his honor, and children still play there today.

Carolyn continued her caretaking by helping her mom in her later years. Now, both Jim and Carolyn share their warmth and generosity with their grandchildren, James and Kyle (sons of Jerry and wife Elaine) and Kathleen (daughter of Jacqueline and Anthony Kelly). They thrive on the well-being of their family and all their long-time friendships that go back decades.

The couple is settled in their new home here at Four Seasons and hope to meet new friends as summer begins. Carolyn has already taken on publicity for the Women’s Club. The Melias have an abundant amount of enthusiasm and spirit, and I am sure we will see them as active participants once they get their feet wet and learn more about the fabulous community where they now reside. We are anxious to share our events, clubs, and friendships with you both. Welcome!

-Karen Meister





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