



# ***THE VOICE***

FOUR SEASONS NEWSLETTER

*The Official Newsletter of Four Seasons at Wall H.O.A.*



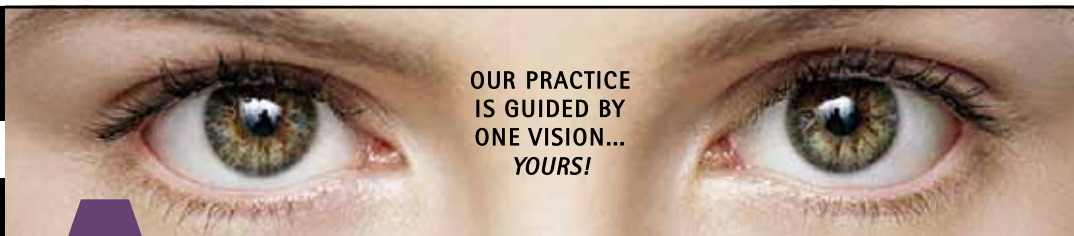
2017

VOLUME 18 ISSUE 4



*- Photo by Jim Smith*

*Duck Haven Pond March 2017*



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**[nancy.lindstrom@fsresidential.com](mailto:nancy.lindstrom@fsresidential.com)**

\*\*\*\*\*

**\*\*\* Wednesday Open Meetings \*\*\***

**Wednesday, April 19, 11:00 AM**

**Wednesday, May 3, & 17, 11:00 AM**

**\*\*\* 2017 General Membership Meetings \*\*\***

**Thursday, April 20, 7:30 PM**

**Thursday, July 20, 7:30 PM**

**Thursday, October 19, 7:30 PM**

**\*\*\* Candidates Night \*\*\***

**Wednesday, September 6, 7:30 PM**

**\*\*\* Annual membership/Election Results Meeting \*\*\***

**Tuesday, September 26, 7:30 PM**

\*\*\*\*\*

**Staff of The Voice**

Arlene Burns, Marilyn Carpinì, Joan Daurio,  
Terry Eirich, Betty Kapalla, Mary Ann Lehrer,  
Karen Meister, Walter Nicholson, Carol Oberhauser,  
Dan O'Connell, Mary Schenone, Jim Smith

**Deadline for *The Voice* is the 25th of the month. If the 25th falls on a weekend, the deadline is the preceding Friday.**

**Please send your articles for *The Voice* as an MS Word attachment to:**

**Nancy Lindstrom at [nancy.lindstrom@fsresidential.com](mailto:nancy.lindstrom@fsresidential.com)**

**The Voice online:**

**[www.wentworthconnect.com/fourseasonsatwall](http://www.wentworthconnect.com/fourseasonsatwall)**

***The Voice* staff is committed to producing a newsletter that publishes timely information and announcements for, about, and by the residents of Four Seasons.**

- News articles and announcements will be given first priority. Human interest and other "features" are welcome and will be printed as space permits. Articles may be edited.
- No editorials, letters-to-the-editor, or articles of a political nature will be printed.
- No material of any nature that has appeared in another publication will be accepted.
- Monthly deadlines will be strictly observed to allow the production time necessary for publication.
- Your cooperation is appreciated.

## TRUSTEES' CORNER

### **Down To Earth Operations**

With mowing, turf-related applications and irrigation operations about to begin or underway, you are reminded that service matters or requests pertaining to turf maintenance are handled by your on-site management team. Please call them at 732-223-2289, via e-mail ([chuck.braun@fsresidential.com](mailto:chuck.braun@fsresidential.com) or [nancy.lindstrom@fsresidential.com](mailto:nancy.lindstrom@fsresidential.com)) or in person at the clubhouse office regarding such matters.

For service matters pertaining to irrigation, please contact Cathy at Down to Earth directly at 732-833-7702, ext. 115 or via e-mail ([cprochaska@downtoearthlandscaping.com](mailto:cprochaska@downtoearthlandscaping.com)).

Down To Earth's managers have asked us to remind the community's dog owners to keep their lawn areas free of your pets' solid waste. If Down To Earth's mowing crew encounters properties with this condition, the properties will not be serviced until the areas are cleaned. DTE has been instructed to notify the management team regarding the condition they encounter. The management team will contact the resident to resolve the condition so that the turf can be mowed in the next cutting cycle.

### **Wall Township's Annual Flushing of the Fire Hydrant System**

The Wall Township Dept. of Public Works (DPW) will be flushing the community's fire hydrant system during the April and May 2017 timeframe. When the Board is notified that they are doing the flushing in the Four Seasons at Wall vicinity, the Board will notify the community via the resident alert telephone system. The hydrant flushing, when done, will take place between 8 PM to 1 AM. The DPW wants you to know that although the water will be discolored, mostly from the iron content, it is safe to drink. However, they suggest you use your personal judgment as to whether or not you want to drink the water or cook with it. They also suggest that you avoid doing laundry during the flushing, times as staining could result on certain fabric types and certain colored garments. Following the hydrant flushing they also suggest that you open and run all faucets for two to three minutes to cleanse the piping. Finally, if there are any issues or concerns regarding any of the foregoing, please call and speak with Joe Langel, Water Supervisor at the DPW. You can reach him by dialing 732-449-2700 and pressing 5 when you get the automated message.

*Continued on page 4*



### Report Telephone Number and Emergency Information Changes

If your telephone number or your emergency contact person and/or their telephone number has changed, please provide this information to our management team at the clubhouse office. If you are not certain who you have on file as your emergency contact, please give the management team a call to confirm and update as necessary.

### OPEN BOARD MEETINGS

**Wednesday, April 19 and Wednesday, May 3 at 11:00 AM**

### GENERAL MEMBERSHIP MEETING

**Thursday, April 20 at 7:30 PM**



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## BOARD OF TRUSTEES APPROVALS/ACTIONS

### March 15, 2017 Open Meeting

- The Board Members approved the following five activity requests: : **1)** Art Studio presents afternoon painting every Wednesday from 1 PM to 3 PM starting March 22, 2017 in multi-purpose room, **2)** Men's Straight Pool tournament starting April 24, 2017 thru week of May 29, 2017, **3)** Women's Straight Pool tournament starting April 24, 2017 thru the week of May 22, 2017, **4)** Captains Meeting for Mixed Bocce 2017 on April 25, 2017 at 9:30 AM in ballroom, **5)** Mixed Bocce 2017 starting May 8, 2017 thru July 28, 2017 from 9 AM to 12 PM (Mon., Fri., Sat.).

- The Board Members approved the Tech Electric Corp. proposal with a total cost of \$3,938.50 for the purchase of the remaining light fixtures for the indoor pool enclosure. Ray Kaden commented that the cost for the fixtures should come from the RRF.



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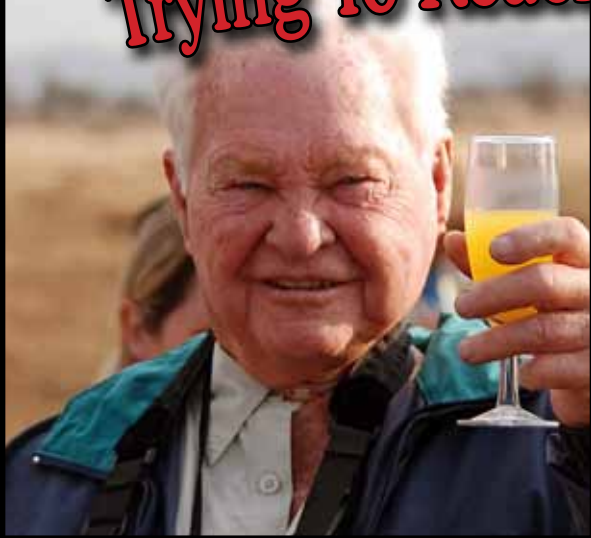
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## UPCOMING EVENTS

 <p style="text-align: center;"><b>Easter</b> Sunday, April 16</p> 	 <p style="text-align: center;"><b>On-the-Go</b> Wednesday, April 19 Sign-Up: July/August/Sept. Trips 10:00 AM - Noon / Clubhouse</p> 
 <p style="text-align: center;"><b>General Meeting</b> Thursday, April 20 7:30 PM / Clubhouse Ballroom</p>	<p style="text-align: center;"><b>Women's Club Board Meeting</b> Monday, April 24 - 9:30 AM</p> 
 <p style="text-align: center;"><b>Meeting of Bocce Captains</b> Tuesday, April 25 9:30 AM - Ballroom</p>	 <p style="text-align: center;"><b>Diabetes Presentation</b> Hackensack Meridian Health Thursday, April 27 - 11:30 Luncheon - Ballroom Sign-Up Sheet on Clubhouse Counter</p>
 <p style="text-align: center;"><b>Women's Club General Meeting</b> Monday, May 1 - 9:30 AM</p> 	 <p style="text-align: center;"><b>Kentucky Derby Cocktail Party</b> Saturday, May 6 5:00 - 7:30 PM - Ballroom</p> 
 <p style="text-align: center;"><b>Women's Club Fashion Show</b> For POAC (Parents of Autistic Children) Luncheon Tuesday, May 9 - 11:30 AM Ballroom</p> 	<p style="text-align: center;"><b>Happy (Grand) Mother's Day</b> Sunday, May 14</p>  
 <p style="text-align: center;"><b>American Legion</b> 10<sup>th</sup> Annual Dinner Dance Wednesday, May 17 - 5:00 PM Doolan's Shore Club, Spring Lake</p> 	<p style="text-align: center;"><b>Clothing Drives for Mercy Center, Asbury Park</b> Wed., May 24 - Women's Clothing - Spring/Summer Wed., May 31 - Men's Clothing - Spring/Summer Both Days: Kids' Clothing/Household Items 10:00-11:00 AM - Clubhouse Parking Lot</p>  

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Arthur W. Potts Memorial Post 529

“Veterans helping Veterans”

Provides ceremony for a World War II Veteran from Wall

On Tuesday, February 28, Post 529 received a call from the O’Brien Funeral Home in Wall. Richard Timmerman, a Wall resident and Navy veteran, passed away on February 27. Mr. Timmerman was a member of the American Legion and Navy League; his family asked if O’Brien’s could arrange for a ceremony that recognized Richard’s military service. As in the past O’Brien Funeral Home called Post 529. On Thursday afternoon, March 2, Commander **Rich Mezzacca**, Chaplain **John Dearborn** and Legionnaire’s **Ron LaCorte**, **Dan O’Connell**, **Bill Kelly** and **Mike Mittelmann** performed the ceremony for deceased Legionnaires for Mr. Timmerman.

Richard Timmerman was born in Yonkers, New York. and raised in Ft. Lee, New Jersey. He was a graduate of Mt. St. Michael’s Academy in the Bronx. He attended Fairleigh Dickinson University and graduated from Monmouth University. He was employed as a Research and Development Chemist with Bel-Ray Inc., in Farmingdale. He is survived by his wife of 67 years Lorraine, four children and their spouses, seven grandchildren and five great grandchildren.

Richard served in the Navy during WWII, aboard the USS LST-138. Wich was commissioned, February 5, 1944. During WWII, USS LST-138 was assigned to the Europe-Africa-Middle East Theater and participated in the invasion of Normandy, June 6-25, 1944. It was decommissioned in November 1945, subsequently sold to a Jewish group who used it to transport Jewish immigrants to Israel to help fight for Israeli independence. It was sunk by the Israeli Army on orders from David Ben-Gurion in June 1948. Israeli’s renamed the ship the MV Altalenva.

Post 529 salutes Navy Veteran Richard Timmerman. Thank you for your service, sir. *Fairwell, friend, legionnaire and comrade.*

-Rich Murray





**The American Legion  
Arthur W. Potts Memorial Post 529**

**Help us celebrate our Tenth Year**

**Join us at our Annual Dinner Dance**

**Wednesday, May 17, 2017, 5:00 PM at Doolan's in Spring Lake  
(Open to all in Four Seasons and outside guests)**

**Evening will include:**

**Cocktail Hour (Wine and Beer)**

**Presentation of Colors by the Wall H.S. Naval ROTC**

**Presentation of Service Colors by Four Seasons Veterans**

**POW/MIA Ceremony**

**Presentation of the Third Jim Connolly Memorial Scholarship**

**Dinner and Dancing**

**Music by Nick Perrone**

**Cost for the evening is \$60.00 per person (checks payable to  
American Legion Post 529)**

**RSVP NLT May 10, to Rich Mezzacca (732 528 2201) or Rich  
Murray (732 292 9255)**

**A special thanks to this year's Table Captains Bob Bennett,  
Eleanor & Bill Burns, Tony Giani, Claire & Tony Majeski, Rich Mezzacca,  
Pat Moore, Pat & Bob Pless, and Joe Walsh**





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## HOUSE & RECREATION COMMITTEE

Remote plans are in the works for the 20th Anniversary Celebration of Four Seasons. We want to make this a most special celebration and to honor those original residents who set the positive tone in the community that persists to this day. So, mark your calendars for September 16, 2017 and keep an eye out in *The Voice* and on the community website for detailed information as we get closer to the celebration date. Also check *The Voice* and website for information on the Kentucky Derby Party on May 6, 2017, which currently is being planned by the dedicated Events Planning Committee.

H&R has some great opportunities to be an integral part of the community by volunteering. Currently we are looking for a secretary for the H&R Committee, someone to coordinate a shuffleboard tournament this summer, a coordinator for Bingo, folks to join the Pool Committee to help with the pool reading, a coordinator for *The Voice* and a few good men to join the Propane Crew during the hot dog season. If you have questions about any of the aspects of these volunteer opportunities, contact either **Tom Kane** or **Bill Comis**. Step up and continue to keep our community the great place that it is.

-Tom Kane



## Thank You

Upon the loss of Zelda Geller, we wish to thank you for your sympathy cards, food, & visits. We greatly appreciate your support at this difficult time.

-Seymour Geller & family



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Micheal

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## COMPUTER CLUB

The Computer Club meets on the Fourth Tuesday of the month. Our next meeting will be Tuesday, April 25 at 4:00 PM in the clubhouse ballroom.

The April 25 meeting will be an open forum. Bring your digital camera and/or laptop and iPad 2 or 3 for downloading demonstrations. All residents of Four Seasons are members of the Computer Club and are welcome at all meetings. Bring your laptop computer and iPad 2 or 3, questions, and enjoy. We will have you home for dinner.

PS. You can always call us with computer questions.

We need information from you

Please provide information regarding all computer and iPad related items to **Walter Nicholson** [Mcnich1961@verizon.net](mailto:Mcnich1961@verizon.net) and outstanding photos, new hardware and interesting websites to **Erwin Tepper**, [etmd@Optonline.net](mailto:etmd@Optonline.net). Thank you

*-Erwin Tepper, Walter Nicholson*



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## GOLF CLUB

Golf season is fast approaching. Next month's *Voice* will have a flyer regarding our June Golf Outing at Pebble Creek. We also have the date for our annual Four Seasons Day at the Races at Monmouth Race Track, which is scheduled for Friday August 25.

-Pat Moore



## GARDEN CLUB

The Garden Club will meet in the ballroom on Thursday, April 13. Refreshments at 9:30 AM, followed by a brief business meeting at 10:00 AM and then a slide presentation by "The Bird Man." Terry Brown, aka Bird Man, will talk on gardening and how it relates to attracting varieties of birds to your garden. Terry has given this talk to other Garden Clubs in the area. Please join us. You do not have to be a member of the Garden Club. All Four Seasons residents are welcome. Any questions, please call me at 732 528 3534.

-Lorraine Walsh



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## CROQUET

Croquet sign-up will begin April 1 and end May 1, 2017. We will play Thursday mornings at 9:15, 10:00 and 10:45 AM. The season will start Thursday, May 25, 2017 and continue on through Thursday, August 24, 2017 with a championship game at 9:15, Thursday, August 31, 2017.

The sign-up sheet will be on the countertop in the clubhouse. All are welcome. Call Walter Nicholson at 732-223-3905 if you would like to play.

-Walter Nicholson



## Thank You

"Thank you" to this kind and thoughtful community that I have been so fortunate to live in for twenty years. Kind to my husband during the last five years of his life, and so generous to me after my fall in late February of this year. Generous and thoughtful with dinners, cards, rides to the doctors and stopping by for a "cup of kindness" while I heal.

Bless you all!

-JoAnne Hansen



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## SINGLES CLUB

A large number of Singles Club members turned out for the March meeting in the Clubhouse ballroom. The program for the evening was a presentation by several members of their life alert devices and their individual experiences. All speakers had different devices and explained how each operated, including their benefits and their limitations. The audience listened attentively and posed many questions to the presenters, including many questions involving costs, contract commitments, range of service provided and individual satisfaction with the programs. A list of approximately twelve companies providing such devices was distributed for further interest and research. Hosts for the evening were Co-Presidents **Ollie Kraemer** and **Dee Kerrigan**. Thank you to Ollie, Dee, **Ellie Aurnhammer** and **Elaine Dompieri** who provided desserts.

Our April meeting will be held on Monday, April 17 at 7:00 PM in the clubhouse ballroom. Our program for the evening will be the creation of gift baskets that the Singles plan to donate to the Women's Club fundraiser on May 9. In addition, we will participate in a little Easter fun. Our hosts for the evening will be **Roseann Gioia**, **Lois Brookes** and **Marilyn Carpini**. Plan on joining us for an evening of camaraderie as well as coffee and desserts. All singles are welcome, including new single residents.

-Marilyn Carpini



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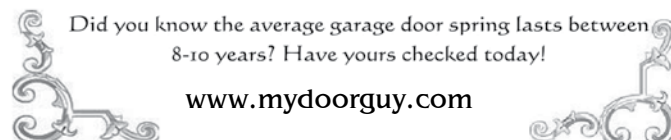


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## 2017 Trips Update

### May 18 HUNTERDON HILLS PLAYHOUSE: BORN YESTERDAY

Join us for another trip to Hunterdon Hills where we will see Garson Kanin's comedy classic, "Born Yesterday." This famous comedy enjoyed one of the longest runs in Broadway history and gave Judy Holiday the role that made her a star. Price includes bus, served luncheon, dessert buffet, the show, tax and gratuities. \$80.00. **Two tickets available.**

### June 14

Join us for a cruise along the beautiful, calm inland waters of the Manasquan River and the Point Pleasant Canal for 1 ½ hours after enjoying lunch at the Shrimp Box restaurant. Enjoy the sights and sounds of the Manasquan River while learning about the historical sites and points of interest that dot the shores during a narrated sightseeing cruise. **Waiting List.**

On April 19, we will have a sign up between 10:00 AM and 12:00 PM in the clubhouse for the following trips:

**July LUNCH AND LUCK –Atlantic City- Date and Casino to be announced.** About \$60.00.

**August 8 Historical Trolley tour of Green-Wood Cemetery and lunch at L and B Spumoni Gardens, Brooklyn.**

Founded in 1838 and now a National Historic Landmark, Green-Wood was one of the first rural cemeteries in America. By the early 1860s, it had earned an international reputation for its magnificent beauty and became the prestigious place to be buried, attracting 500,000 visitors a year, second only to Niagara Falls as the nation's greatest tourist attraction. Crowds flocked there to enjoy family outings, carriage rides, and sculpture viewing in the finest of first generation American landscapes. Green-Wood's popularity helped inspire the creation of public parks, including New York City's Central and Prospect Parks. \$95.00.

### August 22 FRENCH CANADIAN EXPERIENCE, MONTREAL/QUEBEC– BUS TOUR

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### What is Autism?

Autism Spectrum Disorder (ASD) is a complex developmental disability. Signs typically appear during early childhood and affect the person's ability to communicate and interact with others. ASD is defined by a certain set of behaviors and is a "spectrum" condition that affects individuals differently and to varying degrees. Autism is a lifelong journey that affects the entire family. The demands of living with a person with autism are tremendous and families frequently experience high levels of stress. Parents have to deal with behaviors and pursue treatments while also planning for the future. On top of a myriad of doctor's visits and a mountain to process, you need to learn quickly how to navigate a complicated system and figure out what services and treatments your child needs and how to get them.

Autism is treatable. Children do not "outgrow" autism, but studies show that EARLY diagnosis and intervention lead to significantly improved outcomes. In March 2014, the Centers for Disease Control and Prevention issued a report on the prevalence of autism. In the U.S. it has risen to 1 in 68 births nearly twice as great as in 2004 – nearly twice as great as the 2004 rate of one in 125. In New Jersey, the number has increased and is now one in 41 children. It is five times more likely to occur in boys than in girls. In order for children to be diagnosed with autism, they must meet a certain number of criteria as set out by the American Psychiatric Association. The diagnosis of autism spectrum disorder is applied based on analysis of all the behaviors and their severity.

The different disorders on the autism spectrum do have very similar early signs and symptoms of autism, although the degree to which these are experienced varies from one individual to another. All of them, however, are characterized by a number of specific problems. Some of the behaviors associated with autism include:

- Lack of, or delayed learning of, spoken language.
- Difficulty making eye contact or holding a conversation.
- Lack of interest in peer relationships. Difficulty with social interaction.
- Becoming obsessed with certain things, i.e. repetitive use of language and/or motor mannerisms (e.g. rocking their bodies, hand-flapping their hands for long periods of time, or twirling objects).
- Poor motor skills and sensory sensitivity.
- Lack of spontaneous or make-believe play.
- Becoming obsessed with certain things or objects.
- Difficulty coping with any changes in routine.

There are three different types of autism. The two you

hear about are 1.) Autistic disorder which is referred to as "classic" autism. This is the type which comes to mind for most people when they think of the disorder. A person on the spectrum might follow all or many of these behaviors, or just a few of these behaviors, or many others besides.

The second is Aspergers Syndrome where the typical signs and symptoms are usually milder. However, they often do have specific challenges with social interactions.

There is no known single cause for autism, although there are numerous theories. Some believe it occurs in utero while many still believe that the childhood immunizations are responsible. Genetic component evidence suggests that the autism epidemic is growing in response to environmental factors such as toxins causing hormonal disruption. Researchers are still trying to find a specific cause. The characteristic behaviors of autism disorder may be apparent in infancy (18 to 24 months), but they usually become clearer during early childhood (24 months to 6 years). The National Institute of Health suggests that your doctor should perform a "developmental screening" asking very specific questions about your baby's progress. The earlier autism is identified, the better. Autism's most obvious signs tend to appear between 2-3 years, although in some cases it can be diagnosed as early as as 12-18 months.

### Autism Medication Treatment

Every case of autism is different and unique. Because of this, there is not a "one size fits all" autism treatment medication and support that works for everybody. Unfortunately, at this time there is no specific medication for autism; many of the medications being used were developed for other diagnoses, i.e. "attention deficit disorder" and other psychological disorders. The uniqueness of each person with autism makes the experience of living with autism different for each family.

There are some consistent themes or issues that most families should be aware of to be able to provide the best support and medications to the individual family members. Medicines are most effective when used in conjunction with behavioral therapies. Medications for treatment for the three core symptoms, namely communication difficulties, social challenges and repetitive behaviors, have long represented unmet needs. The good news is that the range of medication options may soon change, thanks to recent advances in understanding the biology that provides autism's core systems. Numerous clinical trials of drugs are being conducted at the present time. The FDA has approved two new drugs, Risperdone and Aripiprazole, but has yet to approve a specific medicine for treating autism's three core characteristics.

*Continued on page 17*



### The Importance of Good Nutrition

Many individuals with autism have food aversions and sensitivities or other medical conditions. Many also have behavioral issues that make mealtime particularly challenging. Researchers have found inadequate nutrition to be more common among children with autism, particularly, an overall low intake of calcium and protein, vitamin and mineral deficiencies. Calcium is crucial for building strong bones. Adequate protein is very important for growth and mental development. Chronic eating problems also increase a child's risk for social difficulties and poor academic achievement.

Many parents use alternative diets and have reported that their children's autism symptoms and related medical issues improve when they remove casein (a milk protein) and gluten from their diets. These can increase the potential for deficiencies in their diet. Doctor Coury, medical director of "Autism Speaks," encourages families to consult with

their provider when considering diets. While many of these diets may be safe, they have the potential for nutritional deficiency. Dr. Coury and researchers with "Autism Speaks" are currently funding a number of research projects aimed at better understanding of nutritional needs of those with autism. To obtain more information on nutrition and diets, go to "Autism Speaks Grant Research."

I have only been able to highlight some key points about autism in this article because of limited space in *The Voice*. There is a tremendous amount of information that you can obtain online i.e. (<http://www.autism-society.org/living-with-autism/treatment-options>). I have not been able to address public policy at the state or local levels, so I will address that next month. Doing this research has been an eye-opening experience for me and I can only add how impressed I am that so many people care at every level. I have tremendous respect and admiration for all those families, parents and children. They are all saints in my mind. I am very happy that we are having a fundraiser for them. It is truly a worthwhile cause.

-Aine Lynch-Powers



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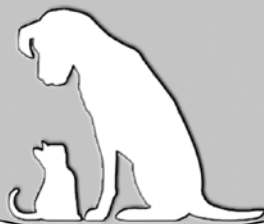


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## ART STUDIO

Our regular monthly meeting will be on Wednesday, April 12 from 1:00 PM to 3:00 PM in the Theater. We will be showing a film, "**Matisse and Picasso**", an encounter with the two pioneers of modern art and their complex relationship with each other and art. The film runs approximately 60 minutes. After the film we'll gather in the ballroom for discussion and refreshments. Everyone is invited for this lively and insightful presentation. It will be GREAT!!!

We will also be having Adult Coloring sessions on Sunday, April 23 and Wednesday April 26 from 2:00 PM to 4:00 PM in the ballroom. This is a relaxing, fun way to express yourself with no pressure. All materials (books and colored pencils) will be provided, but feel free to bring your own if you have them. Light refreshments will be served.

If you have any question, please contact me at 732-528-1583 or [s.grealis@verizon.net](mailto:s.grealis@verizon.net).

**Note:** The All Purpose room will be set up with a table every Wednesday from 1:00 PM to 3:00 PM for anyone who wants to paint. We're doing this trial for the next two months.

**Also:** May Art Studio is May 17, topic to be announced.

-Marilou Brill



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## Florida Oddities II

As the Snowbirds begin to return to Four Seasons and you run into them, you'll note that some of them, despite their nice tans, appear to have a rather stark, stunned look on their faces. Such folks were the ones who did most of the driving in Florida. That look, along with the tan, will fade in a week or two. Driving in Florida is an intense challenge requiring a keen sense of focused attention. Florida has some odd driving regulations. For example, you can talk on your phone while driving; however, you may not text. Go figure! Another gem from the Florida road rules is that motorcycle drivers are not required to wear helmets. Some drivers from up north sometimes feel that they should wear helmets inside their own cars as they observe crazy Florida drivers.

Another interesting road challenge in Florida is what is called a legal U-turn. Yes, you may make U-turns in Florida but here's the challenge: say you are the second car in a lane about to make a left hand turn. You think the car in front of you is also turning left but, oh no, he slows down a bit and makes a U-turn just as you are advancing to turn left. The possibility of you winding up in his trunk is high. If you're going to wind up in someone's trunk, you should make it worth your while. There are a lot of fancy, expensive cars on Florida roads: Mercedes, BMWs, Jaguars and an occasional Lamborghini or Maserati. Accidents are never pleasant; however, if you find yourself in a U-turn situation, aim for a Tesla trunk!

Folks driving these high end cars seem to think that along with the purchase of the expensive car, they are also owners of the highway. Down in Florida, I think the AAA for Automobile Association of America really means Arrogant Aristocrat Association! The Florida AAA group zooms out and between cars with abandon. The only thing that might make New Jersey folks feel at home is that in the Sunshine State signaling turning left or right is a lost art much like in the Garden State.

Many Florida roads are as many as six lanes wide. The signal lights let left lanes go first, then center and right lanes. It takes a long time when you stop for a red light before it goes green again as you sit in your car growing old. Among those waiting for the light to change, along with you, are impatient folks who the very second the light turns green feel the compulsion to honk their horns to let the world know it is time to move. They belong to an exclusive Florida club: the Happy Horn Honkers – HHH – which seems to be a branch of the AAA.

So, if you've never driven in Florida, you've been warned – also consider purchasing a helmet.

- Tom Kane



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<b>John Dearborn</b>	732-612-3987
<b>Henry Garbarino</b>	732-528-3236
<b>Dave Heskin</b>	732-245-5131
<b>Dan Murray</b>	732-292-1838
<b>Walter Nicholson</b>	732-223-3905
<b>Mario Valeriani</b>	732-528-2116
<b>Robert Wehner</b>	732-223-3656

Any resident in need of a ride to a Monmouth or Ocean County medical facility or a doctor's office may contact one of the above coordinators.

MTA is looking for coordinators and drivers to update our Medical Transportation list. Please contact **Walter Nicholson** at 732-223-3905 or email [Mcglynnnich@att.net](mailto:Mcglynnnich@att.net). Thank you.

-Walter Nicholson



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<b>24</b> 9:30am Women's Club Bd Mtg	<b>25</b> 4:00pm Computer Club	<b>26</b> 9:00 am Investment Club	<b>27</b>	<b>28</b>
<b>1 May</b> 9:00am ACC 9:30am Women's Club Gen Mtg	<b>2</b> 9:00am H&R	<b>3</b>	<b>4</b> 1:00pm Pool Committee	<b>5</b>
<b>8</b> 4:00pm American Legion 7:00pm Book Club	<b>9</b> 11:30am Women's Club Fashion Show 9:30am Events Planning	<b>10</b>	<b>11</b> 10:00am Garden Club	<b>12</b>
<b>15</b>				

## WEEKLY RECURRING EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
8:00am Mermaids 9:00am Advanced Yoga 9:30am Power Walk 9:30am Water Lilies 12:30pm Bridge 1:00pm MahJongg 7:00pm Shanghai Rummy 7:00pm High Rollers	8:00am Mermaids 9:00am Gentle Yoga 9:30am Water Lilies 12:30pm Bridge 1:00pm Shanghai Rummy 7:30pm Bingo	8:00am Mermaids 9:30am Bridge Instruction 9:30am Power Walk 9:30am Water Lilies 12:30pm Bridge 1:00pm MahJongg	8:00am Mermaids 9:00am Advanced Yoga 9:30am Water Lilies 12:30pm Bowling 1:00pm Canasta 7:00pm MahJongg 7:00pm High Rollers	8:00am Mermaids 9:30am Power Walk 9:30am Water Lilies 1:00pm Shanghai Rummy 1:00pm Bridge 7:30pm Movie

## TRASH, RECYCLING, BULK & BRUSH

**HOUSEHOLD TRASH:** Every Tuesday

**SINGLE STREAM RECYCLING:** Every Thursday

**BULK:** The 4th Thursday of each month

**BRUSH:** None

## On The Street Where You Live

Jane Gould  
1513 Primrose Place



**Jane Gould** only moved to Four Seasons in October, 2016, and by the looks of things, she has settled in quite comfortably. Jane came from Delray Beach, Florida, where she lived for the last thirty years. When her husband passed, she decided to move north to New Jersey to be closer to her three daughters and grandchildren.

I was greeted by Jane and her ailing cat, to whom she has grown very attached. She is taking care of this feral pet who has a broken leg. Jane makes sure the cat stays away from climbing high places and feeds it very well. What a lucky cat! Jane worries she will have to let it go, since it is use to the outdoors. Until that day, this is one cared for animal.

Jane has a very interesting past. She was born in Tennessee but moved to Detroit at an early age. Her father was a writer and worked in advertising in the South until returning to Delray where he continually worked in the advertising world. Jane has lived in forty-one homes since birth!

Jane and her first husband, an international CPA, lived in Europe for eleven years. They raised their three daughters in London, Paris, and Brussels. When they returned to the U.S., they settled in the northeast. As the girls became adults, Jane decided to move to Florida with her second husband and they settled in Delray Beach, Florida.

While they were in Florida, Jane enrolled in several art courses. She has loved to paint since she was a child. Later on, she taught courses and became involved in the Delray Art League, opening a gallery at Delray City Hall. Jane continues her art work in Four Seasons. She tells me that her back sunroom gives so much light, which makes it more adaptable to painting. From the paintings displayed in her home, she is a terrific artist.

Jane has her family close to her. Her daughter Martha Heinkel and husband live in Pt. Pleasant and own Griswald Health Care in Union County. Martha is also a therapist in Pt. Pleasant at Special Strides Riding Academy. They have

three grown boys, Drew, Alex, and Jack.

Kat Powers is Jane's oldest daughter. She is a professor at Trinity College, Hartford, Connecticut. She has two girls, Breen and Faye. Breen now has a baby girl, Anna, which makes Jane a great grandmother for the first time. Anne, Daughter #3, is a special education teacher.

Jane loves her new home and she finds it so bright and cheery. It is wonderful for painting, and she has decorated to her own taste, which is very welcoming.

She is now ready to join some Four Seasons activities. She has a whole range to pick from, so I am sure you will meet her somewhere in the community. Welcome, Jane. We are glad you chose Four Seasons for your new residence.

-Karen Meister



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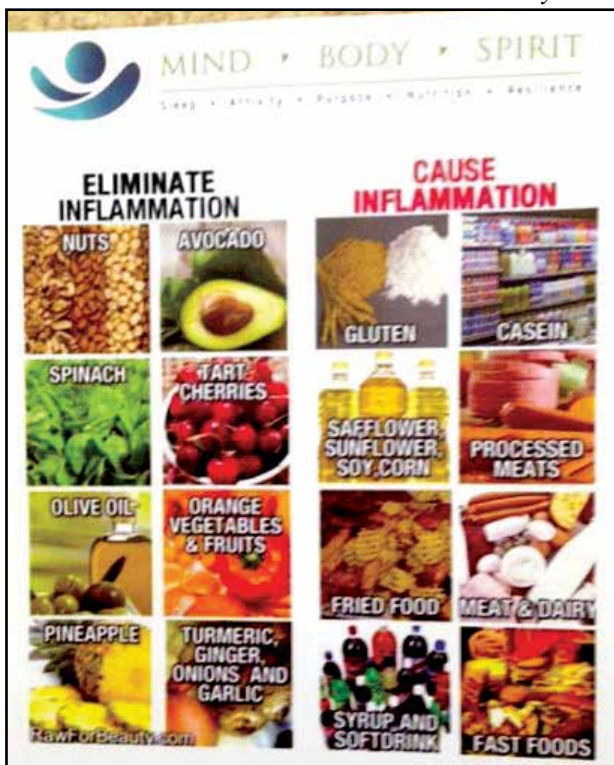
## WOMEN'S CLUB

### Next Meeting Monday, May 1, 2017 – 9:30 AM

The month of May seems to be the month of “Fashion” at the Four Seasons. The Women’s Club at its meeting on Monday May 1, 2017 will have a presentation by Pati Githens, Executive Assistant, of the Monmouth Historical Society of Freehold. The title of her presentation is “They Wore What?” Mrs. Githens and her husband will model the fashions from the 18th century, covering the timeframe from the 1740’s to the 1790’s. The clothing being modeled will be what was worn by the colonists during that period of time. There will also be a discussion about the political atmosphere back then and how fashion, as well as fashion accessories, were influenced by this. It is important to mention you should take note of the details of the garments. Through those historical fashions, accessories and the fine details, we will be educated with the research methods used to better understand how we know what we know.

Throughout the program any and all questions are welcomed, even encouraged: no questions are off limits. As always, there will be delicious bagels and other goodies served prior to a short business meeting and the presentation.

-Carolyn Melia



Emma Safford’s talk had me so captivated that I forgot to take her photo. So instead, here’s a photo of one of the many flyers that were available from Meridian’s Integrative Health & Medicine.

### Social Concerns

We hope you are in possession of a ticket to our Luncheon and Fashion Show on Tuesday, May 9. It’s sure to be an enjoyable and entertaining event. If you are unable to attend the fundraiser, please consider making a direct donation to Parents of Autistic Children or POAC, the charity that we are supporting with the proceeds of this fashion show. Your tax deductible checks can be made out to POAC at any time and given to **JoAnn Schwarzbek** or **Marilyn Carpini**. They will be included in our donation to the charity. If you have any questions, please feel free to contact JoAnn or Marilyn.

Now that spring is here, we have planned our Spring Clothing Drive for Mercy Center. Take a look in your closets to see if there are any spring/summer items you no longer wish to keep. The dates are Wednesday, May 24 (women’s clothing) and Wednesday, May 31 (men’s clothing). Children’s clothing and household goods will be collected on both days. Cars will be parked in front of the clubhouse from 10:00-11:00 AM each day for your donations. In the next issue, we will seek drivers for both dates.

-JoAnn Schwarzbek and Marilyn Carpini



*Photos by Joan Daurio*



Green was the theme and delicious were the snacks prepared by (from left): **Roseann Gioia**, **Karen Meister**, **Barbara Sands** and **Angie Coppola**.



## *Newcomers Reception*

*Photos by Bob Wehner*



**Newcomers are:**

**Back row from left: Vince Potuto / Bob Beddes / Bruce Rosenberg / Steven Discenza / Homer Smith**  
**Front row from left: Jeanne Thorne / Mae Ayers / Marianne Beddes / Candace LoMonaco / Mary Lou Skesavage / Barbara Smith. Missing Lauren Gill.**





## *Harvest Lane ladies meet for lunch in Florida*

*Photo by Marilyn Carpini*



From left to right: Marilyn Carpini, Pat Passalacqua, Barbara Sands, Terry Burke.

## *Harvest Lane neighbors meet for brunch in Naples, Florida*

*Photo by Marilyn Carpini*



From left to right: Pat and Phil Passalacqua, Terry and Bill Burke, Peggy and Tom Nee.

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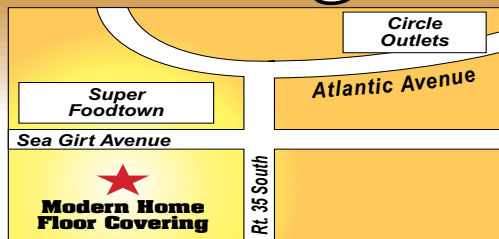
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